



**Sri Lanka Athletics**  
**Second Selection Trial for Asian Games 2022**  
**Mahinda Rajapaksa Stadium - Diyagama - 10th & 11th March, 2022**  
**All Results - Day One - 10th March, 2022**

<b>101 6:00 AM</b>		<b>10000 M</b>		<b>Men</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>		
1	133	WVMU Kumara	Sri Lanka Army	31:39.04			
2	111	SAAL Sirimanna	Sri Lanka Army	31:50.72			
3	218	KGVD Kariyawasam	Sri Lanka Army	31:54.55			
4	198	IP Karunaratne	Sri Lanka Army	32:28.59			
5	121	KAM Wijerathne	Sri Lanka Army	32:29.82			
6	120	GPAJK Bandara	Sri Lanka Army	32:34.28			
7	328	WWK Weerasinghe	Sri Lanka Navy	32:37.54			
8	258	EMSB Ekanayake	Sri Lanka Army	32:38.15			
9	222	HMS Rathnathilaka	Sri Lanka Army	33:04.86			

<b>102 6:55 AM</b>		<b>5000 M</b>		<b>Women</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>		
1	404	HMWGM Madushani Herath	Sri Lanka Army	17:44.83			
2	482	MGIKK Sugathapala	Sri Lanka Army	18:00.37			
3	401	ASN Bandara	Sri Lanka Army	18:13.89			
4	509	A Anusha	Sri Lanka Navy	18:41.62			
5	477	MACS Marasinghe	Sri Lanka Army	21:55.52			

<b>103 7:45 AM</b>		<b>1500M</b>		<b>Women</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>		
1	446	KGNMA Kumari	Sri Lanka Air Force	4:42.72			
2	429	AAN Sanjeevani	Sri Lanka Air Force	4:48.92			
3	513	MDAS Kumari	Sri Lanka Army	5:19.25			

<b>104 8:00 AM</b>		<b>1500m</b>		<b>Men</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>		
1	278	RA Sanjeewa Lakmal	Sri Lanka Army	3:58.5			
2	342	RM Nifras	Sri Lanka Army	3:59.1			
3	164	KDNC Wijesinghe	Sri Lanka Army	3:59.5			
4	101	RMCDM Rathnayake	Sri Lanka Army	3:59.8			
5	273	HAR Habarakada	Sri Lanka Army	4:00.1			
6	329	LPPP Amarasiri	Sri Lanka Navy	4:00.3			
7	287	HGS Sankalpa	Sri Lanka Army	4:01.7			
8	206	GKRK Perera	Sri Lanka Army	4:01.9			
9	359	KYW Wickramasinghe	Sri Lanka Army	4:03.2			

<b>105 8:30 AM</b>		<b>High Jump</b>		<b>Men</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>		
1	350	STA Dhasun	Sri Lanka Army	2.13			
2	264	HAPT Vishmitha	Nalanda College Colombo 10	2.09			

3	210	BRIU Kumara	Sri Lanka Army	2.09	
4	256	S Roshen Dulmin	Sri Lanka Army	2.05	
5	343	KCL Mendis	Sri Lanka Army	2.05	
6	152	WPAK Pathirana	Sri Lanka Air Force	2.00	
7	257	GT Theekshana	Unattached	1.90	
8	260	AKD De Silva	Galle DAA	1.90	

**106 8:30 AM Shot Put Women Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	428	WTK Fernando	Sri Lanka Air Force	13.49	
2	463	PAP Kumari	Government Services SC (Police SC)	11.73	
3	424	PPS Clarance	Sri Lanka Air Force	11.27	
4	487	I Malkethmi	Lyceum Internationl School - wattala	10.63	
5	416	Sachini Samaraweera	Gateway College	9.99	
6	511	WDU Gimhani	Sri Lanka Navy	9.49	
7	505	MWDN perera	Sri Lanka Navy	8.93	

**107 8:30 AM Hammer Throw Men Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	108	HMAS Bandara	Sri Lanka Army	50.54	
2	117	WGSR Kumarasiri	Sri Lanka Army	48.57	
3	295	MDR Sisira Kumara	Sri Lanka Army	47.39	
4	186	KKDM Dharmasena	Sri Lanka Army	45.51	
5	185	K Nilantha	Sri Lanka Army	43.30	
6	315	DSN Wickramasinghe	Sri Lanka Army	42.42	
7	144	PMBCK Bogahawatta	Sri Lanka Army	38.12	

**108 8:30 AM 100 M Women Heat - 1**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	518	TA De Silva	Sri Lanka Army	11.88	-0.3
2	465	LWDT Suludagoda	Lyceum Internationl School - Nugegoda	12.22	
3	494	AMRS Lakmali	Monaragala DAA	12.75	
4	523	RAIS Rajasinghe	Sri Lanka Army	12.91	
5	462	M Sashika sandeepani	Vishaka Balika Vidyalaya - Sapugaskana	13.00	
6	423	NDSE Gunarathne	Colombo International School - Kandy	13.10	

**108 8:30 AM 100 M Women Heat - 2**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	448	RMR Rathnayake	Kagalle DAA	11.80	+0.7
2	514	BIM Jayamanna	Sri Lanka Army	12.02	
3	466	KP Majuwanagamage	Lyceum Internationl School - Nugegoda	12.75	
4	454	GM Iduranga Sathsarani	Sri Lanka Army	12.86	
5	512	Sadeepa Hendarsan	Sri Lanka Army	12.90	
6	529	BHC Dewmini	Lanka Lions SP	13.27	

**109 8:45 AM 100 M Men Heat - 1**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	346	YCM Yodasinghe	Sri Lanka Army	10.57	+0.1
2	122	RPKN Chathuranga	Sri Lanka Army	10.90	
3	360	HD Pasindu Gayashan	Sri Lanka Army	11.04	
4	357	HSS Kumara	Sri Lanka Army	11.09	
5	138	URSS Bandara	Sri Lanka Army	11.10	
6	296	KAE Madusanka	Sri Lanka Army	11.14	
7	325	PACL Kumara	Sri Lanka Navy	11.33	
8	313	LRGSS Rajapaksha	Sri Lanka Army	11.36	
9	134	DMMM Disanayake	Sri Lanka Army	11.57	

**109 8:45 AM 100 M Men Heat - 2**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	332	BDCS Dharmakeerthi	Sri Lanka Army	10.71	-0.6
2	247	WPDU Wijerathna	Sri Lanka Army	10.95	
3	339	MVS De Silva	Sri Lanka Army	10.99	
4	363	SDN Senanayake	Sri Lanka Army	11.07	
5	140	KHACV Gunasena	Sri Lanka Army	11.10	
6	326	MPDMT jayasinghe	Sri Lanka Navy	11.33	
7	136	SDAD Sadaruwan	Sri Lanka Army	11.43	
8	230	KAKTP Chandrathilaka	Sri Lanka Army	11.48	
9	307	AAT Sahan Akalanka	Gampaha DAA	11.70	

**109 8:45 AM 100 M Men Heat - 3**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	364	ASM Safan	Sri Lanka Army	10.86	-1.0
2	283	FDC Piyumal	Sri Lanka Army	10.91	
3	201	NBAC Sandaruwan	Sri Lanka Army	11.02	
4	205	KSL Wickramasinghe	Sri Lanka Army	11.07	
5	248	PGGC Ranaweera	Kandy DAA	11.07	
6	293	GMMF Udatar	Sri Lanka Army	11.14	
7	130	HD Chamidu Prabath	Sri Lanka Army	11.34	
8	137	PUR Hasarinda	Sri Lanka Army	11.52	

**110 9:15 AM 400 M Women Heat - 1**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	452	DMTD Karunaratne	Sri Lanka Schools AA	54.36	
2	522	EK Madushani	Sri Lanka Army	56.89	
3	507	WSH Fernando	Sri Lanka Navy	57.20	
4	418	HAAP Hettiarachi	Kandy DAA	57.57	
5	431	UGD Sandamali	Sri Lanka Air Force	1:00.72	
6	432	MUMGN Priyadarshani	Sri Lanka Air Force	1:09.32	
7	474	SA Gimhani	Sri Lanka Army	1:11.60	

110		9:15 AM		400 M		Women		Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks				
1	520	R Nadeesha	Sri Lanka Army	54.59					
2	414	BSL Mendis	Unattached	55.00					
3	405	SA Kavindya Thathsarani	Ambagamuwa CC	56.27					
4	508	WHM Fernando	Sri Lanka Navy	57.38					
5	478	KAN Hansani	Sri Lanka Army	1:01.14					
6	407	SS Serasinghe	Unattached	1:01.75					
7	491	KMMWMLK Wathupola	Sri Lanka University AA	1:02.01					

110		9:15 AM		400 M		Women		Heat - 3	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks				
1	517	DMS Kumarasinghe	Sri Lanka Army	55.84					
2	413	MHJ Uththara	Holy Cross College - Gampaha	56.01					
3	410	MANH Fernando	Sri Lanka University AA	56.83					
4	492	UKSCP Bandara	Kagalle DAA	57.45					
5	479	EWU Ratnakumari	Sri Lanka Army	59.87					
6	461	PGN Madumadavi	Unattached	1:03.17					
7	488	P Disna Kumari	Sri Lanka University AA	1:05.49					

111		9:30 AM		400 M		Men		Heat 01	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks				
1	317	HHRS Jayasundara	St.Anne's College - Kurunegala	47.39					
2	298	HM Dilip Ruwan	Sri Lanka Army	47.77					
3	173	SHM Ajth Gunathilaka	Sri Lanka Army	51.11					
4	179	DGHM Aberathne	Sri Lanka Army	51.78					
5	242	MM Kushan Maduranga	Sri Lanka Army	51.86					
6	175	SDYS Wijethunga	Sri Lanka Army	52.27					
7	148	PT Lakshitha	Prince of Wale's College - Moratuwa	53.96					

111		9:30 AM		400 M		Men		Heat 02	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks				
1	345	HVD Deshan	Sri Lanka Army	48.33					
2	223	RAI Maduranga	Sri Lanka Army	48.90					
3	153	MGDDM Silva	Sri Lanka Air Force	48.93					
4	229	KG Pasidu Divyanjana	Sri Lanka Army	50.99					
5	180	RPD Hemamal	Sri Lanka Army	51.98					
6	142	PGSS Nawarathna	Sri Lanka University AA	52.57					
7	307	AAT Sahan Akalanka	Gampaha DAA	55.07					

**111 9:30 AM 400 M Men Heat 03**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	289	RPADP Ruwan Kumara	Sri Lanka Army	47.70	
2	129	DSRMYS Samaranayake	Sri Lanka Army	48.07	
3	131	Pasindu Gunawardena	Gateway College	48.32	
4	209	HKL Jayalal	Sri Lanka Army	49.04	
5	265	RGT Perera	Sri Lanka Army	50.42	
6	221	MAJ Basnayake	Sri Lanka Army	50.83	
7	124	WMTN Weerakoon	Kurunegala DAA	54.28	

**111 9:30 AM 400 M Men Heat 04**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	262	IKB Abygunawardana	Mathugama Ananda Sasthralaya	48.00	
2	294	BM Nawshad	Sri Lanka Army	48.69	
3	197	PA Jeewan Kumara	Sri Lanka Army	50.35	
4	127	AMSS Adikari	Kurunegala DAA	50.77	
5	110	HL Kavishka Dulshan	Sri Lanka Scholls AA	50.95	
6	241	GR Dilanka	Sri Lanka Army	51.02	
7	312	RPK Waduge	Kandy DAA	51.12	

**111 9:30 AM 400 M Men Heat 05**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	356	SA Dharshana	Sri Lanka Army	47.54	
2	311	WGIL Jayathissa	Sri Lanka Army	48.50	
3	194	PMK Vithana	Sri Lanka Army	49.16	
4	318	KKK Senevirathne	Sri Lanka Navy	49.80	
5	279	WLC De Silva	Sri Lanka Army	50.67	
6	232	WMWMB Werapitiya	Sri Lanka Army	50.78	
7	139	MKS Lakshan	Sri Lanka Army	51.88	
8	147	PGG Dilshan	Lalith Athulath Mudali College	53.34	

**112 9:40 AM Pole Vault Women Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	282	A Puvitharan	Sri Lanka Army	5.10	
2	155	MHI Sandaruwan	Sri Lanka Air Force	5.00	
3	361	HSE Janith	Sri Lanka Army	4.90	
4	314	RP Murugaiya	Sri Lanka Army	4.60	
5	160	PLLC Weerathne	Sri Lanka Air Force	4.30	

**113 10:00 AM Long Jump Women Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
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1	495	A Pulwansa	Unattached	5.98	+0.7
2	408	KKRN Abeyrathne	Sri Lanka Army	5.91	-0.6
3	456	KHN Megawarna	Unattached	5.88	+1.3
4	409	HMNM Herath	Unattached	5.72	+1.2
5	467	HD Rashmi Kavindya	Sri Lanka Army	5.60	+1.0
6	459	SDH Thisaramali	Gampaha DAA	5.54	+1.0
7	444	WVCM Thilakarathne	Sri Lanka Air Force	5.45	+2.1
8	426	DD Mohottala	Sri Lanka Air Force	5.32	+1.1

**114 10:00 AM Javelin Throw Men Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	281	RMSJ Ranasinghe	Sri Lanka Army	81.79	
2	212	DS Ranasinghe	Sri Lanka Army	73.94	
3	167	WBRM Fernando	Sri Lanka Army	70.10	
4	161	DC Wickramarathna	Sri Lanka Air Force	67.70	
5	228	PR Tharanga	St.Peter's College	66.47	
6	271	R Rathusan	Sri Lanka Army	64.63	
7	165	EKCS Padmasiri	Sri Lanka Army	64.38	
8	214	DC Edirisinghe	Sri Lanka Army	59.62	

**115 2.00 PM High Jump Women Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	421	RP Gamage	Dharmapala Vidyalaya - Pannipitiya	1.68	
2	437	SMM Madushani	Sri Lanka Air Force	1.61	
3	506	AARK Perera	Sri Lanka Navy	1.61	
4	484	K Wickramarathne	Lyceum Internationl School - wattala	1.61	
5	440	SBWSSAWMSM Sooryampola	Sri Lanka Air Force	1.58	
6	530	HBMWSDK Mahagedara	Sri Lanka Army	1.55	
7	419	GYT Dinukshika	Sri Lanka Army	1.50	
8	476	HMSD Herath	Sri Lanka Army	1.50	

**116 2.00 PM Triple Jump Men Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	275	L Chamal Kumarasiri	Sri Lanka Army	16.29	+2.0
2	145	YGSK Kumara	Sri Lanka Army	15.86	+2.0
3	237	KA Pasinda Malshan	Gampaha DAA	15.62	+1.0
4	157	CGST Senavirathne	Sri Lanka Air Force	15.55	-0.5
5	276	VPAN Karunasinghe	Sri Lanka Army	15.45	+3.0
6	353	IDSS Jayasinghe	Sri Lanka Army	15.35	+2.1
7	291	MS Sfreen Ahamed	Sri Lanka Army	15.27	+2.3
8	189	S Dillon Ludowyke	Unattached	14.85	+1.4

<b>117</b>		<b>2.00 PM</b>		<b>Duiscus Throw</b>		<b>Women</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>				
1	435	AGVV Lakmali	Sri Lanka Air Force	40.58					
2	502	PAIMP Perera	Sri Lanka Navy	40.15					
3	438	WMSK Weerasekara	Sri Lanka Air Force	38.82					
4	500	AMCI Athapatthu	Sri Lanka Navy	34.30					

<b>118</b>		<b>2.00 PM</b>		<b>100m</b>		<b>Women</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>				
1	448	RMR Rathnayake	Kagalle DAA	11.84	-1.8				
2	518	TA De Silva	Sri Lanka Army	11.84					
3	514	BIM Jayamanna	Sri Lanka Army	11.95					
4	465	LWDT Suludagoda	Lyceum Internationl School - Nugegoda	12.14					
5	494	AMRS Lakmali	Monaragala DAA	12.69					
6	466	KP Majuwanagamage	Lyceum Internationl School - Nugegoda	12.83					
7	512	Sadeepa Hendarsan	Sri Lanka Army	13.04					
8	454	GM Iduranga Sathsarani	Sri Lanka Army	13.06					

<b>119</b>		<b>2.10 PM</b>		<b>100m</b>		<b>Men</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>				
1	346	YCM Yodasinghe	Sri Lanka Army	10.65	-1.7				
2	332	BDCS Dharmakeerthi	Sri Lanka Army	10.87					
3	364	ASM Safan	Sri Lanka Army	10.94					
4	122	RPKN Chathuranga	Sri Lanka Army	10.96					
5	283	FDC Piyumal	Sri Lanka Army	10.99					
6	201	NBAC Sandaruwan	Sri Lanka Army	11.33					
7	247	WPDU Wijerathna	Sri Lanka Army	11.17					

<b>120</b>		<b>2.30 PM</b>		<b>400m</b>		<b>Women</b>		<b>Final</b>	
<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>				
1	452	DMTD Karunarathne	Sri Lanka Schools AA	54.29					
2	520	R Nadeesha	Sri Lanka Army	54.88					
3	413	MHJ Uththara	Holy Cross College - Gampaha	55.19					
4	414	BSL Mendis	Unattached	55.39					
5	522	EK Madushani	Sri Lanka Army	56.30					
6	405	SA Kavindya Thathsarani	Ambagamuwa CC	56.46					
7	410	MANH Fernando	Sri Lanka University AA	56.54					

**121****2.40 PM****400m****Men****Final**

<b>Place</b>	<b>BIB No:</b>	<b>Name of Player</b>	<b>Affiliate</b>	<b>Performance</b>	<b>Remarks</b>
1	356	SA Dharshana	Sri Lanka Army	46.37	
2	317	HHRS Jayasundara	St.Anne's College - Kurunegala	47.33	
3	345	HVD Deshan	Sri Lanka Army	47.64	
4	262	IKB Abygunawardana	Mathugama Ananda Sasthralaya	47.76	
5	129	DSRMYS Samaranayake	Sri Lanka Army	47.86	
6	289	RPADP Ruwan Kumara	Sri Lanka Army	48.03	
7	131	Pasindu Gunawardena	Gateway College	48.50	