

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 264 | S. Aruna Darshana | SL Army | 21.40 | +1.7 |
| 2 | 109 | M. Vinoj Suranjaya de Silva | SL Army | 21.80 | |
| 3 | 292 | W.P.D.K. Wijerathna | SL Army | 21.84 | |
| 4 | 153 | D.S.R.M.Y.S. Samaranayaka | SL Army | 21.84 | |
| 5 | 258 | R.P. Isuru Lakshan | SL Army | 21.89 | |
| 6 | 194 | K.A.E. Madushanka | SL Army | 22.62 | |

105 200m Men Heat 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|---------------------|----------------------|-------------|---------|
| 1 | 212 | Kalinga Kumarage | SL Army | 21.08 | +0.8 |
| 2 | 136 | A.S.M Safan | SL Army | 21.54 | |
| 3 | 329 | Chalith Piyumal | SL Schools | 21.73 | |
| 4 | 349 | Pasindu Gunawardana | SL Schools | 22.19 | |
| 5 | 330 | Chamindu Prabath | SL Schools | 22.48 | |
| 6 | 262 | R.V.T.F. Udayar | SL Army | 22.98 | |
| 7 | 183 | H.S.S. Kumara | SL Army | 23.10 | |

106 Shot Put Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------------|----------------------|-------------|---------|
| 1 | 293 | W.S.M. Fernando | SL Army | 16.12 | |
| 2 | 246 | R. Samitha Jayawardene | SL Army | 15.07 | |
| 3 | 316 | A.M.M. Perera | SL Police | 14.07 | |
| 4 | 279 | U.P.D. Perera | SL Army | 13.98 | |
| 5 | 139 | B. Danushka Delvita | SL Army | 13.77 | |
| 6 | 266 | S. Jayakody | SL Army | 13.70 | |
| 7 | 125 | R.M.S.C. Ranasinghe | SL Air Force | 13.42 | |
| 8 | 171 | H.D. Mahaliyanage | SL Army | 13.11 | |

107 100m Heptathlon 1

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 379 | S.B.S. Lakshini Dissanayaka | Kandy DAA | 15.59 | +1.8 |
| 2 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 20.88 | |
| 3 | 394 | H.H.I.B. Bandara | SL Air Force | 23.90 | |

108 Javelin Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------|----------------------|-------------|---------|
| 1 | 257 | R.M.S.J. Ranasinghe | SL Army | 76.10 | |
| 2 | 260 | R.P.W.L. Dayarathna | SL Army | 71.86 | |
| 3 | 263 | Ranjith Nuwan Kumara | SL Army | 69.43 | |
| 4 | 243 | P.Prasanna Ranwaka | SL Army | 69.14 | |
| 5 | 152 | D.S. Ranasinghe | SL Army | 68.68 | |
| 6 | 234 | P.A.P. Lakmal | SL Army | 67.27 | |
| 7 | 158 | EM Kumara | SL Army | 66.04 | |
| 8 | 201 | K.G.H. Pramod | SL Army | 62.75 | |

110 800m Men Heat 1

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------|----------------------|-------------|---------|
|-------|---------|-------------|----------------------|-------------|---------|

| | | | | | |
|---|-----|-----------------------|------------|---------|--|
| 1 | 303 | G.R. Chathuranga | SL Army | 1:51.01 | |
| 2 | 308 | W.A.D. Kumara | SL Army | 1:52.45 | |
| 3 | 278 | T.U.I. Darshana Lanka | SL Army | 1:52.76 | |
| 4 | 215 | L.S.D. Maduranga | SL Army | 1:53.18 | |
| 5 | 164 | G.S.R.A.K. Perera | SL Army | 1:54.13 | |
| 6 | 301 | A.M.L. De Soysa | SL Army | 1:55.24 | |
| 7 | 366 | W.M.T.G. Tennakoon | SL Schools | 2:00.62 | |

110 800m Men Heat 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|---------------------------|----------------------|-------------|---------|
| 1 | 173 | H.E.M.I.G. Indunil Herath | SL Army | 1:53.74 | |
| 2 | 302 | C. Aravinthan | SL Army | 1:54.58 | |
| 3 | 307 | M.M. Kupun Kushantha | SL Army | 1:54.89 | |
| 4 | 357 | Sanjaya Srinath | SL Schools | 1:55.20 | |
| 5 | 177 | H.L.S. Madushan | SL Army | 1:55.36 | |
| 6 | 309 | W.M.S. Kulawansa | SL Army | 1:57.57 | |

111 Long Jump Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------|----------------------|-------------|-----------|
| 1 | 448 | S.L. Sarangi Silva | SL Army | 6.33 | -1.8 *NMR |
| 2 | 563 | Anjanai Pulwansa | Unattached | 6.06 | -0.8 |
| 3 | 554 | E.M.S. Upeksha | SL Universities | 5.63 | -1.0 |
| 4 | 484 | G.R.S.P. Karunanayake | SL Schools | 5.21 | -1.2 |
| 5 | 567 | Amara Indumathi | National Para | 4.97 | +0.8 |

112 High Jump Heptathlon 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 1.35 | |
| 2 | 379 | S.B.S. Lakshini Dissanayaka | Kandy DAA | 1.32 | |

113 200m Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------------|----------------------|-------------|---------|
| 1 | 442 | Nadeesha Ramanayake | SL Army | 24.15 | +1.8 |
| 2 | 430 | Fathima Shafiya Yamick | SL Army | 24.30 | |
| 3 | 466 | W.S.H. Fernando | SL Navy | 24.83 | |
| 4 | 566 | W.H.M. Fernando | SL Navy | 25.15 | |
| 5 | 440 | M.A.S.S. Jayathilaka | SL Army | 25.67 | |
| 6 | 544 | Dulyana Salulgoda | SL Schools | 25.73 | |
| 7 | 558 | M.O. Udayangani | SL Universities | 25.82 | |
| 8 | 543 | Dinara Bandara Dela | SL Schools | 25.92 | |

114 200m Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------|----------------------|-------------|---------|
|-------|---------|-------------|----------------------|-------------|---------|

| | | | | | |
|---|-----|-----------------------------|------------|-------|------|
| 1 | 212 | Kalinga Kumarage | SL Army | 20.79 | +2.4 |
| 2 | 136 | A.S.M Safan | SL Army | 21.41 | |
| 3 | 264 | S. Aruna Darshana | SL Army | 21.49 | |
| 4 | 258 | R.P. Isuru Lakshan | SL Army | 21.65 | |
| 5 | 329 | Chalith Piyumal | SL Schools | 21.69 | |
| 6 | 109 | M. Vinoj Suranjaya de Silva | SL Army | 21.69 | |
| 7 | 153 | D.S.R.M.Y.S. Samaranayaka | SL Army | 21.73 | |
| 8 | 292 | W.P.D.K. Wijerathna | SL Army | 22.23 | |

115 Shot Put Heptathlon 3

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 394 | H.H.I.B. Bandara | SL Air Force | 6.69 | |
| 2 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 9.05 | |
| 3 | 379 | S.B.S. Lakshini Dissanayaka | Kandy DAA | 7.14 | |

Day 02 (27/12/2020)

201 3000m St Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------------|----------------------|-------------|---------|
| 1 | 181 | H.M.I.E.U.B. Herath | SL Army | 9:00.22 | |
| 2 | 256 | R.M.S. Pushpakumara | SL Army | 9:08.49 | |
| 3 | 127 | A.B.N. Alwis | SL Army | 9:19.59 | |
| 4 | 276 | T.M.L.C. Gunaratne | SL Army | 9:26.10 | |
| 5 | 203 | K.H.M. Sarath Kumara | SL Army | 9:27.93 | |
| 6 | 179 | H.M. Suren Karunaratne | SL Army | 9:31.50 | |
| 7 | 123 | W.R.B.A. Pushpakumara | SL Air Force | 9:32.74 | |
| 8 | 265 | S. Chandradasan | SL Army | 9:37.18 | |
| 9 | 228 | M.A. Samarasinghe | SL Army | 9:39.40 | |
| 10 | 147 | D.G.J. Wijenayake | SL Army | 9:52.18 | |
| 11 | 187 | I.M.S. Priyanjana | SL Army | 10:07.98 | |

202 5000m Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------------|----------------------|-------------|---------|
| 1 | 387 | A.N.L. Ariyadasa | SL Air Force | 17:13.24 | |
| 2 | 404 | K.M. Malinda | SL Air Force | 17:39.12 | |
| 3 | 420 | A.S.N. Bandara | SL Army | 18:24.08 | |
| 4 | 406 | M.G.M.U.A.N. Priyadarshani | SL Air Force | 20:04.79 | |

203 Pole Vault Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------|----------------------|-------------|---------|
| 1 | 454 | K.L.S.K. Perera | SL Army | 3.56 | *NSLR |
| 2 | 398 | K.A.K.C. Kodithuwakku | SL Air Force | 3.10 | |
| 3 | 410 | S.D. Ranasinghe | SL Air Force | 3.00 | |
| 3 | 492 | Imasha Udani De Silva | SL Schools | 3.00 | |

204 Discus Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------|----------------------|-------------|---------|
|-------|---------|-------------|----------------------|-------------|---------|

| | | | | | |
|---|-----|--------------------|--------------|-------|--|
| 1 | 461 | P.A.I.M.P. Perera | SL Navy | 38.69 | |
| 2 | 412 | Sonali Weerasekara | SL Air Force | 38.28 | |
| 3 | 432 | H.A.M. Dilrukshi | SL Army | 37.41 | |
| 4 | 514 | Poornima Perera | SL Schools | 31.94 | |
| 5 | 428 | E.P. Nilmini | SL Army | 30.22 | |

206 110m Hurdles Men Heat 1

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|--------------------------------|----------------------|-------------|---------|
| 1 | 106 | A.G. Anurudda Srimal | Kandy DAA | 14.62 | +1.4 |
| 2 | 338 | I.G.J.I. Lakwijaya | SL Schools | 14.68 | |
| 3 | 332 | D.M.N. Kavisha Bandara | SL Schools | 15.11 | |
| 4 | 198 | K.D.D. Ariyaratne | SL Army | 15.15 | |
| 5 | 229 | M.L.M. Chanaka Wijebandara | SL Army | 15.29 | |
| 6 | 286 | W.A. Lahiru Sampath Wijesinghe | SL Army | 15.63 | |
| 7 | 242 | P.P. Kusm Kumara | SL Army | 15.75 | |

206 110m Hurdles Men Heat 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------|----------------------|-------------|---------|
| 1 | 211 | K.W.S. Randeewa | SL Army | 14.68 | +1.9 |
| 2 | 261 | R.R.D. Ranathunga | SL Army | 15.10 | |
| 3 | 156 | E.G.E. Hasitha Kumara | SL Army | 15.21 | |
| 4 | 370 | W.M. Udayakumara | SL Army | 15.24 | |
| 5 | 251 | R.G.D. Ilangakoon | SL Army | 15.52 | |
| 6 | 324 | B.A.S.K. Diaz | SL Schools | 15.55 | |

207 Long Jump Heptathlon 5

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 379 | S.B.S. Lakshini Dissanayaka | Kandy DAA | 5.33 | |
| 2 | 394 | H.H.I.B. Bandara | SL Air Force | 4.67 | |
| 3 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 4.41 | |

208 800m Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------------------|----------------------|-------------|---------|
| 1 | 439 | K.G.D.M.S. Kumarasinghe | SL Army | 2:02.80 | |
| 2 | 415 | W.K.L.A. Nimali | SL Air Force | 2:03.20 | |
| 3 | 456 | G.T.A. Aberatne | SL Navy | 2:03.53 | |
| 4 | 496 | K. Shanika Lakshani | SL Schools | 2:08.90 | |
| 5 | 400 | K.G.N.M.A. Kumari | SL Air Force | 2:10.12 | |
| 6 | 386 | A.A.N. Sanjeevani | SL Air Force | 2:18.67 | |
| 7 | 488 | H.M.B.M. Udayakumari | SL Schools | 2:26.93 | |

209 800m Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------|----------------------|-------------|---------|
| 1 | 303 | G.R. Chathuranga | SL Army | 1:49.82 | |
| 2 | 308 | W.A.D. Kumara | SL Army | 1:53.34 | |
| 3 | 215 | L.S.D. Maduranga | SL Army | 1:53.58 | |
| 4 | 302 | C. Aravinthan | SL Army | 1:54.32 | |
| 5 | 164 | G.S.R.A.K. Perera | SL Army | 1:54.43 | |
| 6 | 278 | T.U.I. Darshana Lanka | SL Army | 1:55.76 | |

210 High Jump Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------|----------------------|-------------|---------|
|-------|---------|-------------|----------------------|-------------|---------|

| | | | | | |
|---|-----|-------------------------------|--------------|------|--|
| 1 | 411 | S.M.M. Madushani | SL Air Force | 1.60 | |
| 2 | 409 | S.B.W.S.A.W.M.S.M. Sooriyampo | SL Air Force | 1.55 | |
| 3 | 517 | Randi Cooray | SL Schools | 1.55 | |
| 4 | 518 | Ranindi Gamage | SL Schools | 1.55 | |
| 5 | 503 | Koshila Amarasinghe | SL Schools | 1.55 | |

211 Discus Throw Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|---------------------------|----------------------|-------------|---------|
| 1 | 300 | Z.T.M. Aazic | SL Army | 44.78 | |
| 2 | 272 | S.M.A.M.P. Saparamadu | SL Army | 43.59 | |
| 3 | 124 | H.M.P.A.D.A. Ratnayake | SL Air Force | 43.47 | |
| 4 | 271 | S.D.K. Silva | SL Army | 42.14 | |
| 5 | 223 | M.P.L.K. Pathirana | SL Army | 42.06 | |
| 6 | 274 | S.P.J.T. Bandula | SL Army | 41.82 | |
| 7 | 114 | E.K.G.S.S.L.K. Ramanayake | SL Air Force | 40.56 | |
| 8 | 318 | K.M.S. Niroshana | SL Police | 39.08 | |

212 100m Hurdles Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|--------------------------|----------------------|-------------|---------|
| 1 | 445 | R.A.I.S. Rajasinghe | SL Army | 13.85 | +1.4 |
| 2 | 452 | W.V.L. Sugandi | SL Army | 13.89 | |
| 3 | 531 | W.A. Senuri Anuththara | SL Schools | 14.60 | |
| 4 | 495 | J.G.K. Gayathri Nethmini | SL Schools | 14.91 | |
| 5 | 389 | D.P. Mohottala | SL Air Force | 14.94 | |
| 6 | 438 | H.W.K. Hapuarachchi | SL Army | 15.50 | |
| 7 | 527 | Tatiana Direkze | SL Schools | 15.97 | |
| 8 | 385 | W.A.K. Nethmini Lowe | Puttalam DAA | 16.73 | |

213 110m Hurdles Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------------|----------------------|-------------|---------|
| 1 | 261 | R.R.D. Ranathunga | SL Army | 14.33 | +3.7 |
| 2 | 106 | A.G. Anurudda Srimal | Kandy DAA | 14.44 | |
| 3 | 338 | I.G.J.I. Lakwijaya | SL Schools | 14.63 | |
| 4 | 332 | D.M.N. Kavisha Bandara | SL Schools | 14.83 | |
| 5 | 156 | E.G.E. Hasitha Kumara | SL Army | 15.02 | |
| 6 | 370 | W.M. Udayakumara | SL Army | 15.47 | |

214 Javelin Heptathlon 6

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 38.29 | |
| 2 | 379 | S.B.S. Lakshini Dissanayaka | Kandy DAA | 21.54 | |

215 800m Heptathlon 7

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 379 | S.B.S. Lakshini Dissanayaka | Kandy DAA | 2:59.65 | |
| 2 | 394 | H.H.I.B. Bandara | SL Air Force | 3:12.31 | |
| 3 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 3:22.21 | |

Heptathlon Final Result

| Place | BIB No: | Player Name | Club/School/District | Points | Remarks |
|-------|---------|-----------------------------|----------------------|--------|---------|
| 1 | 379 | S.B.S. Lakshini Dissanayaka | Kandy DAA | 3526 | |
| 2 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 2800 | |

| | | | | | |
|---|-----|------------------|--------------|------|--|
| 3 | 394 | H.H.I.B. Bandara | SL Air Force | 1666 | |
|---|-----|------------------|--------------|------|--|

Day 03 (28/12/2020)

| 301 | | 10000m | | Men | | Final | |
|--------------|----------------|---------------------|-----------------------------|--------------------|----------------|--------------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 110 | A.K. Tharanga | SL Air Force | 30:42.15 | | | |
| 2 | 191 | K Shanmugeswaran | SL Army | 31:07.53 | | | |
| 3 | 172 | H.D.S.D. Gunasekara | SL Army | 31:16.67 | | | |
| 4 | 119 | P.A.P. Maduranga | SL Air Force | 31:32.58 | | | |
| 5 | 120 | S.M.D.M. Samarakoon | SL Air Force | 31:32.82 | | | |
| 6 | 285 | W Watson | SL Army | 31:32.99 | | | |
| 7 | 116 | M. Sivarajan | SL Air Force | 31:34.00 | | | |
| 8 | 174 | H.H. Aruna Tharanga | SL Army | 31:58.26 | | | |
| 9 | 268 | S.A.A.L. Sirimanna | SL Army | 32:06.53 | | | |
| 10 | 132 | A.M.I. Hemantha | SL Army | 33:59.34 | | | |

| 302 | | 100m | | Decathlon 1 | | |
|--------------|----------------|----------------------------|-----------------------------|--------------------|----------------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | |
| 1 | 138 | Ajith Kumara Karunathilaka | SL Army | 11.13 | +1.7 | |
| 2 | 218 | M.I.M. Asan | SL Army | 11.50 | | |
| 3 | 162 | G.P.C. Randika Gunasinghe | SL Army | 11.61 | | |
| 4 | 277 | T.P.D. Fernando | SL Army | 11.98 | | |
| 5 | 245 | P.R.R.L. Peramuna | SL Army | 12.08 | | |
| 6 | 247 | R. Satheeshan | SL Army | 12.25 | | |

| 303 | | Pole Vault | | Men | | Final | |
|--------------|----------------|--------------------|-----------------------------|--------------------|----------------|--------------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 182 | H.S.E. Janith | SL Army | 4.70 | | | |
| 2 | 148 | D.H.G.S. Jayantha | SL Army | 4.30 | | | |
| 3 | 259 | R.P. Murugayya | SL Army | 4.30 | | | |

| 304 | | Triple Jump | | Women | | Final | |
|--------------|----------------|-----------------------|-----------------------------|--------------------|----------------|--------------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 421 | B.M.H.P. Balasooriya | SL Army | 13.07 | -0.9 | | |
| 2 | 424 | D.G. Rashmi Nirodha | SL Army | 12.63 | +0.6 | | |
| 3 | 399 | K.A.T. Lakshani | SL Air Force | 12.06 | -1.0 | | |
| 4 | 554 | E.M.S. Upeksha | SL Universities | 11.84 | -0.9 | | |
| 5 | 484 | G.R.S.P. Karunanayake | SL Schools | 11.14 | -1.3 | | |

| 305 | | 100m | | Women | | Heat 1 | |
|--------------|----------------|-------------------------|-----------------------------|--------------------|----------------|---------------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 380 | R.M. Rumesika Ratnayake | Kegalle DAA | 12.02 | +0.8 | | |
| 2 | 448 | S.L. Sarangi Silva | SL Army | 12.41 | | | |

| | | | | | |
|---|-----|-----------------------|--------------|-------|--|
| 3 | 539 | D Reshma Kodithuwakku | SL Schools | 12.90 | |
| 4 | 552 | T Masha Fernando | SL Schools | 13.13 | |
| 5 | 547 | Purnika Nethranjali | SL Schools | 13.37 | |
| 6 | 402 | K.K.T. Heshani | SL Air Force | 13.57 | |

305 100m Women Heat 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|--------------------------|----------------------|-------------|---------|
| 1 | 452 | W.V.L. Sugandi | SL Army | 12.06 | +1.1 |
| 2 | 466 | W.S.H. Fernando | SL Navy | 12.49 | |
| 3 | 440 | M.A.S.S. Jayathilaka | SL Army | 12.53 | |
| 4 | 543 | Dinara Bandara Dela | SL Schools | 12.67 | |
| 5 | 538 | Chelsy Melani Bentharage | SL Schools | 13.08 | |

305 100m Women Heat 3

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------------|----------------------|-------------|---------|
| 1 | 426 | D.T. Amasha De Silva | SL Army | 11.64 | +1.6 |
| 2 | 430 | Fathima Shafiya Yamick | SL Army | 12.13 | |
| 3 | 537 | B.I.M. Jayamanne | SL Schools | 12.49 | |
| 4 | 544 | Dulyana Salulgoda | SL Schools | 12.49 | |
| 5 | 384 | W.G. Iwanthi Emeshika | Matara DAA | 12.86 | |

306 100m Men Heat 1

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------------------|----------------------|-------------|---------|
| 1 | 136 | A.S.M Safan | SL Army | 10.60 | +1.1 |
| 2 | 310 | Y.C.M. Yodasinghe | SL Army | 10.61 | |
| 3 | 360 | T.M. Suraj Dinusha | SL Schools | 11.01 | |
| 4 | 262 | R.V.T.F. Udayar | SL Army | 11.09 | |
| 5 | 321 | Anupa Liyanagunawardana | SL Schools | 11.15 | |

306 100m Men Heat 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------|----------------------|-------------|---------|
| 1 | 184 | Himasha Eshan | SL Army | 10.42 | +1.1 |
| 2 | 140 | B.D. Chanuka Sandeepa | SL Army | 10.55 | |
| 3 | 292 | W.P.D.K. Wijerathna | SL Army | 10.88 | |
| 4 | 237 | P.G.G.C. Ranaweera | SL Army | 11.01 | |
| 5 | 105 | K.G.P. Divyanjana | Hambantota DAA | 11.08 | |

306 100m Men Heat 3

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 109 | M. Vinoj Suranjaya de Silva | SL Army | 10.62 | +1.2 |
| 2 | 210 | K.S.L. Wickramasinghe | SL Army | 10.77 | |
| 3 | 356 | Sahan T. Rajapaksha | SL Schools | 10.86 | |
| 4 | 342 | Kavindu Rajakaruna | SL Schools | 10.96 | |
| 5 | 194 | K.A.E. Madushanka | SL Army | 11.08 | |
| 6 | 297 | Y.D.N. Fernando | SL Army | 11.10 | |

307 High Jump Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------|----------------------|-------------|---------|
| 1 | 371 | K.C.L. Mendis | SL Army | 2.10 | |
| 2 | 348 | P. Sanju Tharuka | SL Schools | 2.05 | |

| | | | | | |
|---|-----|-------------------------|--------------|------|--|
| 3 | 352 | S. Roshen Dulmth | SL Schools | 2.00 | |
| 3 | 267 | S.A. Tharindu Dasun | SL Army | 2.00 | |
| 5 | 364 | W. Inura Kavishan | SL Schools | 2.00 | |
| 5 | 143 | B.R.I. Udayakumara | SL Army | 2.00 | |
| 7 | 122 | W.P.A.K. Pathirana | SL Air Force | 1.95 | |
| 8 | 209 | K.S. Chameera Ekanayake | SL Army | 1.95 | |
| 8 | 354 | S.T. Amarasinghe | SL Schools | 1.95 | |

308 Shot Put Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------------|----------------------|-------------|---------|
| 1 | 416 | W.T.K. Fernando | SL Air Force | 14.10 | |
| 2 | 459 | M.N.D. Muthunayake | SL Navy | 12.70 | |
| 3 | 469 | P.A. Priyangika Kumari | SL Police | 11.53 | |

310 400m Hurdles Men Heat 1

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|---------------------------|----------------------|-------------|---------|
| 1 | 111 | A.L.A.I. Rathnasena | SL Air Force | 53.70 | |
| 2 | 103 | A.M. Gayan Thushara | Gampah DAA | 53.97 | |
| 3 | 189 | J.L. Prasanjith | SL Army | 54.00 | |
| 4 | 325 | B.B.M.G.D.L. Basnayaka | SL Schools | 55.25 | |
| 5 | 369 | Y.S. Hansaka | SL Schools | 55.30 | |
| 6 | 197 | K.A.R. Madushan | SL Army | 56.03 | |
| 7 | 351 | R.M.J. Midinda Rathnayake | SL Schools | 58.04 | |

310 400m Hurdles Men Heat 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|---------------------|----------------------|-------------|---------|
| 1 | 131 | A.L.A.T. Rathnasena | SL Army | 53.41 | |
| 2 | 231 | N.D.K. Viduranga | SL Army | 53.84 | |
| 3 | 142 | B.M.L.D. Bannehaka | SL Army | 54.89 | |
| 4 | 340 | K. Abikshan | SL Schools | 55.71 | |
| 5 | 363 | W Nipuna Nimanjith | SL Schools | 56.23 | |

311 Javelin Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|---------------------|----------------------|-------------|---------|
| 1 | 422 | BL Nadeeka Lakmali | SL Army | 53.97 | |
| 2 | 435 | H.L.N.D. Lekamge | SL Army | 48.99 | |
| 3 | 395 | H.P.D.H. Maduwanthi | SL Air Force | 45.80 | |
| 4 | 457 | K.A.M.P. Silva | SL Navy | 44.75 | |
| 5 | 480 | D.M.I. Hasanthi | SL Schools | 41.01 | |
| 6 | 523 | S.P.H. Sewwandhi | SL Schools | 40.02 | |

312 Long Jump Decathlon 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------------|----------------------|-------------|---------|
| 1 | 138 | Ajith Kumara Karunathilaka | SL Army | 7.55 | +0.8 |
| 2 | 218 | M.I.M. Asan | SL Army | 6.88 | -1.8 |

| | | | | | |
|---|-----|---------------------------|---------|------|------|
| 3 | 162 | G.P.C. Randika Gunasinghe | SL Army | 6.73 | -0.7 |
| 4 | 245 | P.R.R.L. Peramuna | SL Army | 6.29 | -1.2 |
| 5 | 277 | T.P.D. Fernando | SL Army | 6.24 | -1.3 |
| 6 | 247 | R. Satheeshan | SL Army | 5.53 | -2.5 |

313 100m Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------------------|----------------------|-------------|---------|
| 1 | 426 | D.T. Amasha De Silva | SL Army | 11.55 | +1.5 |
| 2 | 380 | R.M. Rumesika Ratnayake | Kegalle DAA | 11.88 | |
| 3 | 430 | Fathima Shafiya Yamick | SL Army | 12.05 | |
| 4 | 452 | W.V.L. Sugandi | SL Army | 12.06 | |
| 5 | 448 | S.L. Sarangi Silva | SL Army | 12.28 | |
| 6 | 466 | W.S.H. Fernando | SL Navy | 12.36 | |
| 7 | 537 | B.I.M. Jayamanne | SL Schools | 12.39 | |
| 8 | 544 | Dulyana Salulgoda | SL Schools | 12.49 | |

314 100m Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 184 | Himasha Eshan | SL Army | 10.27 | +2.7 |
| 2 | 140 | B.D. Chanuka Sandeepa | SL Army | 10.49 | |
| 3 | 109 | M. Vinoj Suranjaya de Silva | SL Army | 10.50 | |
| 4 | 310 | Y.C.M. Yodasinghe | SL Army | 10.58 | |
| 5 | 136 | A.S.M Safan | SL Army | 10.61 | |
| 6 | 356 | Sahan T. Rajapaksha | SL Schools | 10.68 | |
| 7 | 292 | W.P.D.K. Wijerathna | SL Army | 10.80 | |
| 8 | 210 | K.S.L. Wickramasinghe | SL Army | 10.84 | |

315 Shot Put Decathlon 3

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------------|----------------------|-------------|---------|
| 1 | 218 | M.I.M. Asan | SL Army | 11.89 | |
| 2 | 138 | Ajith Kumara Karunathilaka | SL Army | 11.38 | |
| 3 | 162 | G.P.C. Randika Gunasinghe | SL Army | 10.90 | |
| 4 | 247 | R. Satheeshan | SL Army | 8.88 | |
| 5 | 245 | P.R.R.L. Peramuna | SL Army | 8.58 | |
| 6 | 277 | T.P.D. Fernando | SL Army | 8.11 | |

316 400m Hurdles Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------------------|----------------------|-------------|---------|
| 1 | 431 | G.A.S. Dulani | SL Army | 1:02.90 | |
| 2 | 449 | T.G.N.D. Wickramasinghe | SL Army | 1:03.22 | |
| 3 | 419 | A.P.M. Subhani Aberatne | SL Army | 1:07.00 | |
| 4 | 476 | B.W.G.H.A. Rangajeewa | SL Schools | 1:09.06 | |

317 400m Hurdles Men Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|---------------------|----------------------|-------------|---------|
| 1 | 131 | A.L.A.T. Rathnasena | SL Army | 52.09 | |
| 2 | 189 | J.L. Prasanjith | SL Army | 53.22 | |
| 3 | 111 | A.L.A.I. Rathnasena | SL Air Force | 53.23 | |
| 4 | 231 | N.D.K. Viduranga | SL Army | 53.30 | |
| 5 | 103 | A.M. Gayan Thushara | SL Army | 53.82 | |
| 6 | 142 | B.M.L.D. Bannehaka | SL Army | 54.79 | |
| 7 | 369 | Y.S. Hansaka | SL Schools | 57.54 | |

| | | | | | |
|---|-----|------------------------|------------|---------|--|
| 8 | 325 | B.B.M.G.D.L. Basnayaka | SL Schools | 1:00.27 | |
|---|-----|------------------------|------------|---------|--|

318 High Jump Decathlon 4

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------------|----------------------|-------------|---------|
| 1 | 218 | M.I.M. Asan | SL Army | 1.84 | |
| 2 | 162 | G.P.C. Randika Gunasinghe | SL Army | 1.81 | |
| 3 | 245 | P.R.R.L. Peramuna | SL Army | 1.81 | |
| 4 | 138 | Ajith Kumara Karunathilaka | SL Army | 1.78 | |
| 5 | 247 | R. Satheeshan | SL Army | 1.78 | |
| 6 | 277 | T.P.D. Fernando | SL Army | 1.72 | |

319 400m Decathlon 5

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------------|----------------------|-------------|---------|
| 1 | 138 | Ajith Kumara Karunathilaka | SL Army | 50.64 | |
| 2 | 277 | T.P.D. Fernando | SL Army | 51.48 | |
| 3 | 218 | M.I.M. Asan | SL Army | 52.24 | |
| 4 | 162 | G.P.C. Randika Gunasinghe | SL Army | 53.58 | |
| 5 | 247 | R. Satheeshan | SL Army | 56.09 | |
| 6 | 245 | P.R.R.L. Peramuna | SL Army | 59.05 | |

Day 04 (29/12/2020)

401 10000m Women Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------|----------------------|-------------|---------|
| 1 | 436 | H.M.N. Nandasena | SL Army | 35:21.11 | |
| 2 | 404 | K.M. Malinda | SL Air Force | 36:23.94 | |
| 3 | 387 | A.N.L. Ariyadasa | SL Air Force | 36:32.75 | |
| 4 | 460 | Madumali Perera | SL Navy | 36:58.55 | |
| 5 | 420 | A.S.N. Bandara | SL Army | 37:59.26 | |
| 6 | 464 | Velu Krishanthanie | SL Navy | 38:58.86 | |
| 7 | 453 | Wathsala M Herath | SL Army | 39:34.44 | |
| 8 | 397 | K.A.D. Sandakanthi | SL Air Force | 39:48.11 | |
| 9 | 401 | K.K.A.M. Kumarasinghe | SL Air Force | 41:44.85 | |

403 400m Men Heat 1

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-----------------------------|----------------------|-------------|---------|
| 1 | 264 | S. Aruna Darshana | SL Army | 47.19 | |
| 2 | 154 | Dinuka Deshan | SL Army | 47.75 | |
| 3 | 299 | Y.M.W.G.A.M. Gunarathna | SL Army | 47.83 | |
| 4 | 244 | Pabasara Niku | SL Army | 48.00 | |
| 5 | 133 | A.M.L.P. Gunarathna | SL Army | 48.75 | |
| 6 | 178 | H.M. Dilip Ruwan | SL Army | 48.80 | |
| 7 | 368 | Y.J.M. Rusiru Malshan Silva | SL Schools | 51.01 | |

403 400m Men Heat 2

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------|----------------------|-------------|---------|
| 1 | 212 | Kalinga Kumarage | SL Army | 47.46 | |
| 2 | 258 | R.P. Isuru Lakshan | SL Army | 48.02 | |
| 3 | 102 | E.M. Supun Nimansha | Colombo DAA | 49.98 | |
| 4 | 220 | M.M.P. Madusanka | SL Army | 50.12 | |
| 5 | 230 | N.A.R. Karunathilake | SL Army | 50.17 | |
| 6 | 117 | M.G.D.D.M. Silva | SL Air Force | 50.36 | |

| 403 | | 400m | | Men | | Heat 3 | |
|-------|---------|---------------------------|----------------------|-------------|---------|--------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 254 | R.M.R.N. Rajakaruna | SL Army | 47.67 | | | |
| 2 | 241 | P.M.P.L. Kodikara | SL Army | 47.71 | | | |
| 3 | 153 | D.S.R.M.Y.S. Samaranayaka | SL Army | 48.60 | | | |
| 4 | 216 | M.G.A. Premakumara | SL Army | 48.69 | | | |
| 5 | 349 | Pasindu Gunawardana | SL Schools | 49.29 | | | |
| 6 | 291 | W.L. Chulaka De Silva | SL Army | 50.15 | | | |

| 404 | | Hammer | | Women | | Final | |
|-------|---------|------------------------|----------------------|-------------|---------|-------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 392 | H.A.A. Lakshika | SL Air Force | 43.02 | | | |
| 2 | 388 | A.W.A.S.M. Amarasinghe | SL Army | 42.25 | | | |
| 3 | 555 | L.B. Weranga Thisarani | SL Universities | 37.42 | | | |
| 4 | 391 | G.F. Hassim | SL Air Force | 34.57 | | | |
| 5 | 504 | L.P. Sewmini Sasikala | SL Schools | 32.99 | | | |
| 6 | 377 | S. Thilini Apsara | Hambantota DAA | 30.09 | | | |

| 405 | | Triple Jump | | Men | | Final | |
|-------|---------|------------------------|----------------------|-------------|---------|-------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 186 | I.D.S.S. Jayasinghe | SL Army | 16.32 | +0.7 | | |
| 2 | 306 | L. Sreshan Dhananjaya | SL Army | 16.12 | +1.5 | | |
| 3 | 359 | T.G.V. Sandaruwan | SL Schools | 15.84 | -0.6 | | |
| 4 | 222 | M.N.S. Ahamed | SL Army | 15.40 | +0.5 | | |
| 5 | 104 | L.W. Chamal Kumarasiri | SL Army | 15.30 | -0.9 | | |
| 6 | 280 | U.P.N. Karunasinghe | SL Army | 15.24 | +0.6 | | |
| 7 | 112 | C.G.S.T. Senaviratne | SL Air Force | 14.94 | +0.5 | | |
| 8 | 284 | V.G.A. Prabath | SL Army | 14.55 | +1.5 | | |

| 406 | | 110m Hurdles | | Decathlon 6 | | | |
|-------|---------|----------------------------|----------------------|-------------|---------|--|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 138 | Ajith Kumara Karunathilaka | SL Army | 15.00 | -1.3 | | |
| 2 | 218 | M.I.M. Asan | SL Army | 15.20 | | | |
| 3 | 162 | G.P.C. Randika Gunasinghe | SL Army | 15.57 | | | |
| 4 | 277 | T.P.D. Fernando | SL Army | 15.98 | | | |
| 5 | 247 | R. Satheeshan | SL Army | 19.11 | | | |

| 407 | | 1500m | | Women | | Final | |
|-------|---------|---------------------|----------------------|-------------|---------|-------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 456 | G.T.A. Aberatne | SL Navy | 4:17.58 | | | |
| 2 | 450 | U.K.N. Rathnayake | SL Army | 4:21.28 | | | |
| 3 | 415 | W.K.L.A. Nimali | SL Air Force | 4:28.13 | | | |
| 4 | 496 | K. Shanika Lakshani | SL Schools | 4:33.40 | | | |
| 5 | 400 | K.G.N.M.A. Kumari | SL Air Force | 4:43.97 | | | |

| 408 | | 1500m | | Men | | Final | |
|-------|---------|-------------------------|----------------------|-------------|---------|-------|--|
| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks | | |
| 1 | 294 | W.Saman Kumara Fernando | SL Army | 3:47.86 | | | |
| 2 | 319 | R.A.D.Hemantha Kumara | SL Police | 3:49.02 | | | |
| 3 | 278 | T.U.I. Darshana Lanka | SL Army | 3:50.84 | | | |

| | | | | | |
|---|-----|----------------------|---------|---------|--|
| 4 | 199 | K.D.N.C. Wijesinghe | SL Army | 3:53.32 | |
| 5 | 176 | H.K.T. Fonseka | SL Army | 3:54.84 | |
| 6 | 221 | R.M Nifras | SL Army | 3:55.49 | |
| 7 | 164 | G.S.R.A.K. Perera | SL Army | 3:58.36 | |
| 8 | 252 | R.K.C.S. Somawardane | SL Army | 3:59.40 | |

409

Discus

Decathlon 7

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|----------------------------|----------------------|-------------|---------|
| 1 | 218 | M.I.M. Asan | SL Army | 37.10 | |
| 2 | 138 | Ajith Kumara Karunathilaka | SL Army | 35.07 | |
| 3 | 162 | G.P.C. Randika Gunasinghe | SL Army | 33.95 | |
| 4 | 247 | R. Satheeshan | SL Army | 27.37 | |
| 5 | 277 | T.P.D. Fernando | SL Army | 23.66 | |

410

Hammer

Men

Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|------------------------|----------------------|-------------|---------|
| 1 | 224 | M.R. Sisira Kumara | SL Army | 50.73 | |
| 2 | 180 | H.M.A. Sanjaya Bandara | SL Army | 49.59 | |
| 3 | 204 | K.K.D.M. Dharmasena | SL Army | 44.51 | |
| 4 | 290 | W.G.S.R. Kumarasiri | SL Army | 44.27 | |
| 5 | 200 | K.G. Tudar | SL Army | 41.02 | |
| 6 | 238 | P.K.L. Prabashana | SL Army | 39.71 | |

411

400m

Women

Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|--------------------------|----------------------|-------------|---------|
| 1 | 442 | Nadeesha Ramanayake | SL Army | 53.47 | |
| 2 | 439 | K.G.D.M.S. Kumarasinghe | SL Army | 53.81 | |
| 3 | 520 | Romeshi Ishara | SL Schools | 57.45 | |
| 4 | 558 | M.O. Udayangani | SL Universities | 57.92 | |
| 5 | 505 | M.A.N. Harshani Fernando | SL Schools | 59.02 | |
| 6 | 386 | A.A.N. Sanjeevani | SL Air Force | 1:00.09 | |
| 7 | 382 | U.K.S.C.P. Bandara | Kegalle DAA | 1:00.89 | |

412

400m

Men

Final

| Place | BIB No: | Player Name | Club/School/District | Performance | Remarks |
|-------|---------|-------------------------|----------------------|-------------|---------|
| 1 | 212 | Kalinga Kumarage | SL Army | 46.25 | |
| 2 | 254 | R.M.R.N. Rajakaruna | SL Army | 47.02 | |
| 3 | 264 | S. Aruna Darshana | SL Army | 47.04 | |
| 4 | 258 | R.P. Isuru Lakshan | SL Army | 47.63 | |
| 5 | 241 | P.M.P.L. Kodikara | SL Army | 47.74 | |
| 6 | 299 | Y.M.W.G.S.D. Gunarathna | SL Army | 48.07 | |
| 7 | 154 | Dinuka Deshan | SL Army | 48.18 | |
| 8 | 244 | Pabasara Niku | SL Army | 48.47 | |

