

Junior National Championships - 2023

New Meet Records : 17

Men				
200m	U 23	21.65	IKB Abewardane	Sri Lanka Army
400m	U 23	47.06	HDR Madushan	Sri Lanka Army
400m Hurdles	U 23	51.24	KMD Darshana	Sri Lak Athletics Club
Discus Throw	U 23	43.61	Suseenthi Kumar Mithunraj	Hartley College - Jaffna
100M	U20	10.77	UA Sumila Themiya Kumara	Pannala Madya Vidyalaya Kegalle
Triple Jump	U 20	15.89	KV Malith Yasiru	Kahawatta Central College - Kahawatta
400m Hurdles	U 18	52.66	KLA Akalanka	Ambagamuwa central College - Ambagamuwa
Pole Vault	U 18	4.50	Thushen Silva	Marys Stella College - Negombo
Hammer Throw	U 18	35.19	A Vimalathas Nitharshan	Hartley College - Jaffna
300m Hurdles	U 16	40.31	UMA Sandeepa	Ambagamuwa CC - Ambagamuwa
High Jump	U 16	1.94	Tharusha Mendis	Lyceum International School - Wattala
Women				
100m Hurdles	U 23	14.51	SBSL Disanayaka	Swarnamali Gira College - Kandy
Hammer Throw	U 23	40.00	MG Nithinsa Mandani	Yatiana MV - Matara
100m Hurdles	U 20	14.45	SD Kahangama	Mahamaya Girls' College Kandy
Hammer Throw	U 18	36.79	MA Yuthara Linduli Jayaweera	Anula Vidyalaya - Nugegoda
100m	U 16	12.58	Dananjana Fernando	Lyceum International School - Wattala
300m Hurdles	U 16	46.44	HMNS Senevirathna	Mahamaya Girls' College - Kandy