

Athletics Association of Sri Lanka
First National Selection Trial
22nd & 24th February, 2019 at Sugathadasa Stadium, Colombo
Result - All

101 10000m Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	165	K Shanmugeswaren	SL Army	30:30.38 sec	
2	462	V Watsun	Unattached	31:03.78 sec	
3	387	PAP Maduranga	SL Air Force	31:22.57 sec	
4	200	KAM Wijerathna	SL Army	31:35.44 sec	
5	373	M Sivarasan`	SL Air Force	31:38.42 sec	
6	204	WMNG Aberathna	SL Army	31:59.67 sec	
7	352	WWK Weerasinghe	SL Navy	32:52.48 sec	
8	211	IP Karunarathna	SL Army	32:56.02 sec	

102 3000m St. Chase Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	500	UKN Rathnayaka	SL Army	10:09.02 sec	
2	536	HKIT Udaya Kumari	SL Army	12:00.78 sec	

103 Pole Vault Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	4	HSE Janith	SL Army	4.30	
1	159	AAMP Abekoon	SL Army	4.30	
1	310	HD Chinthaka Dinesh	SL Army	4.30	

104 100m Women Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	624	NONA Sharmila Jan	Unattached	12.16	+1.5
2	607	Dilmi Dahanayake	SL School	12.60	
3	619	WG Evanthe Emeshika	Matara DAA	12.71	
4	592	KG Priyangani Mangalika	Police Sports Club	13.21	
5	559	HGRM Thilakasiri	SL Air Force	13.40	
6	613	JA Lahiruni Nisansala Jayathunga	SL University	14.45	
7	542	KA Inuri Bhagya	SL Army	15.92	

104 100m Women Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	629	Shafiya Yamick	Unattached	12.15	+2.2
2	504	WVL Sugandi	SL Army	12.16	
3	614	TMMP Weerasooriya	Kegalle DAA	12.37	
4	521	MASS Jayathilaka	SL Army	12.45	
5	584	RWI Maduwanthi	SL Air Force	12.66	
6	591	DM Ganga Priyanthi	Police Sports Club	13.40	
7	625	Saheli Diyana Weerasinghe	Unattached	13.58	

104 100m Women Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	606	Shelinda Jansen	SL School	12.06	+1.0
2	539	TN Muthukumarana	SL Army	12.45	

3	530	MGRS Ferdinadaz	Unattached	12.58	
4	620	KK Nethmini Nawodya Silva	Colombo DAA	12.92	
5	633	IGI Srimali	SL University	13.19	
6	566	KKT Heshani	SL Air Force	13.33	

105 100m Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	172	ASM Safan	SL Army	10.78	+1.4
2	299	RVGMMF Udayar	SL Army	10.79	
3	77	KAE Madusanka	SL Army	11.18	
4	477	Ushara Nadine Costa	Kalutara DAA	11.27	
5	262	TMSM Thennakoon	SL Army	11.33	
6	446	H Dasun Mihiranga De Zoysa	SL University	11.44	
7	468	GRC Kularathne	Kurunegala DAA	11.59	

105 100m Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	414	Vinoj Suranjaya De Silva	Lanka Lions SC	10.40	+1.0
2	175	PGGC Ranaweera	SL Army	10.71	
3	181	WLSC Senevirathna	SL Army	11.13	
4	471	JM Insaaf	SL University	11.20	
5	290	NM Sooriyaarachchi	SL Army	11.58	
6	285	LN Wijesinhe	SL Army	11.68	
7	79	WMR Kumara	SL Army	11.82	
8	73	KI Vidushgan	SL Army	11.88	

105 100m Men Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	169	WKH Eshan	SL Army	10.11	+3.1
2	227	KSL Wickramasingha	SL Army	10.88	
3	464	H Adeesha Anjana	Lanka Lions SC	10.99	
4	439	Charu Adeepa	SL School	11.09	
5	287	NPJJ Swarnapala	SL Army	11.19	
6	116	LRYC Disanayaka	SL Army	11.75	
7	75	G Rasika Pradeep	SL Army	11.97	

105 100m Men Heat 4

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	115	HSS Kumara	SL Army	10.65	+2.6
2	413	Shehan Ambepitiya	Lanka Lions SC	10.67	
3	174	YDN Fernando	SL Army	10.83	
4	80	AGN Priyadarsana	SL Army	11.37	
5	245	SM Ranjith Kumara	SL Army	11.47	
6	470	Chandema Sadaruwan	Kegalle DAA	11.59	

105 100m Men Heat 5

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	31	ALM Ashroff	SL Army	10.60	+2.7
2	427	RP Sahan Thenuka Rajapaksha	SL School	10.86	
3	389	K Kavinda	SL Air Force	10.94	

4	432	S Milinda Perera	SL School	11.03	
5	74	WSD Aththanayaka	SL Army	11.27	
6	451	HM Pasindu Bandara Piyathilaka	SL University	11.58	

105 100m Men Heat 6

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	196	BDCS Darmakirthi	SL Army	10.57	+1.4
2	173	GRTM Jinadasa	SL Army	11.04	
3	428	WG Kavindu Mishal Angoda	SL School	11.08	
4	76	M Premthas	SL Army	11.23	
5	423	Adriyan De Alwis	Puttalam DAA	11.70	
6	78	SPD Udayanga	SL Army	11.91	

105 100m Men Heat 7

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	81	WPDK Wijeratna	SL Army	10.69	+2.9
2	456	YCM Yodasinghe	Unattached	10.80	
3	226	SD Anjana Deneth Sandaruwan	SL Army	10.90	
4	194	KHACU Gunasena	SL Army	11.01	
5	460	KAS Anjana Perera	Unattached	11.39	
6	455	LRGSS Rajapaksha	Unattached	11.41	
7	437	Himasha Sachin Kavinda	SL School	11.45	

106 Shot Put Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	22	R Samitha Jayawardana	SL Army	15.31	
2	157	WSM Fernando	SL Army	14.99	
3	158	UPC Perera	SL Army	13.92	
4	300	BD Delwita	SL Army	13.45	
5	380	RMSC Ranasinghe	SL Air Force	13.19	
6	305	RG Jeewantha Perera	SL Army	13.00	
7	125	H Ravindu Shehan	SL Army	12.71	
8	406	WLH Upendra	Police SC	12.45	

107 Discus Throw Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	565	AGVV Lakmali	SL Air Force	41.18	
2	549	PAIMP Perera	SL Navy	36.62	
3	501	HAM Dilrukshi	SL Army	36.43	
4	586	HV Madhurangi	Police Sports Club	33.65	
5	590	GASP Madushani	Police Sports Club	32.60	
6	634	MPB Asiri	SL University	24.73	

108 Long Jump Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	627	Anjani Pulwansa	Unattached	6.07	-1.9
2	525	SLS Silva	SL Army	6.06	+0.8
3	504	WVL Sugandi	SL Army	5.90	-1.4
4	595	BG Sachithra Harshani Jayakantha	Police Sports Club	5.79	-1.2
5	578	DVCM Thilakarathne	SL Air Force	5.62	-1.1

6	609	EMS Upaksha	SL University	5.57	-1.0
7	584	RWI Maduwanthi	SL Air Force	5.56	+0.8
8	538	NS Weerawardana	SL Army	5.47	+0.6

110 800m Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	257	HM Susantha Kumara	SL Army	1:52.41	
2	82	GR Chaturanga	SL Army	1:52.80	
3	188	RMRP Rathnayaka	SL Army	1:53.26	
4	192	WMS Kulawansa	SL Army	1:53.41	
5	150	AML De Zoysa	SL Army	1:53.68	
6	65	PAL Pieris	SL Army	1:56.32	
7	66	AAW Amarasinghe	SL Army	1:57.00	
8	62	DMMP Dissanayaka	SL Army	2:00.54	
9	336	GGGMS Suraweera	SL Navy	2:04.02	

110 800m Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	23	MM Kupun Kushantha	SL Army	1:52.70	
2	308	RP Isuru Lakshan	SL Army	1:54.40	
3	391	WMHM Weerasinghe	SL Air Force	1:56.61	
4	177	GGG Danushka	SL Army	1:56.93	
5	252	DMTT Disanayaka	SL Army	1:56.94	
6	236	WNHK De Mell	SL Army	1:58.16	
7	382	DV Udayanga	SL Air Force	1:58.36	
8	149	DMD Janithkrishan	SL Army	1:58.53	
9	339	RBS Kumarathunge	SL Navy	2:02.44	

110 800m Men Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	104	WNSK Wedagedara	SL Army	1:50.92	
2	148	BSRT Bulugahapitiya	SL Army	1:52.26	
3	375	KGAP Amarasiri	SL Air Force	1:52.38	
4	166	WAD Kumara	SL Army	1:53.05	
5	237	LSD Maduranga	SL Army	1:55.56	
6	205	MAJ Rukantha	SL Army	1:55.76	
7	238	DMCD Premalal	SL Army	1:56.41	
8	64	GTM Galarawa	SL Army	1:56.97	

111 400m Hurdles Women Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	535	GAS Dulani	SL Army	1:01.42	
2	599	Amesha Hettirarachchi	SL School	1:03.46	
3	580	NGDN Lakmali	SL Air Force	1:03.64	
4	618	WA Saumaya Dilrukshi	Kegalle DAA	1:06.63	
5	547	WHM Fernando	SL Navy	1:10.07	

111 400m Hurdles Women Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	527	EK Madushani	SL Army	1:01.04	

2	520	TGND Wickramasinghe	SL Army	1:02.20	
3	543	UD Ranasinghe	SL Navy	1:04.89	
4	572	UGD Sandamali	SL Air Force	1:06.85	

112 400m Hurdles Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	383	ALAI Rathnasena	SL Air Force	54.45	
2	195	KAR Madushan	SL Army	55.34	
3	207	GS Kodagoda	SL Army	57.58	
4	213	VGA Prabath	SL Army	58.63	
5	47	KGMP Kumara	SL Army	58.93	
6	48	Janaka	SL Army	59.53	
7	337	HPC Rathnasiri	SL Navy	1:00.28	

112 400m Hurdles Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	20	ALAT Rathnasena	SL Army	53.68	
2	429	SH Navodya Sankalpa	SL School	53.77	
3	404	KG Prabhuddha Priyashantha	Police SC	56.26	
4	43	IM Irasath	SL Army	57.84	
5	228	WCP Wijesingha	SL Army	58.00	
6	132	HRMUSD Gunathilaka	SL Army	58.41	

112 400m Hurdles Men Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	28	SM Aravinda Chathuranga	SL Army	53.37	
2	265	DMSJ Dissanayaka	SL Army	54.02	
3	208	RMN Rathnayake	SL Army	54.69	
4	133	BMLD Bannehaka	SL Army	54.94	
5	46	KSH Rodrigo	SL Army	59.95	
6	45	WASNU Rajapaksha	SL Army	1:00.15	

114 400m Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	84	MGA Premakumara	SL Army	48.34	
2	367	MGDDM Silva	SL Air Force	48.65	
3	233	HKMS Jayalal	SL Army	49.94	
4	439	Charu Adeepa	SL School	49.99	
5	68	WMKS Weerasinghe	SL Army	50.44	
6	230	MGD Kumara	SL Army	51.86	
7	143	PGRN Kumarasingha	SL Army	52.48	
8	67	KWDS Dayananda	SL Army	56.30	

114 400m Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	167	PMWGT Dananjaya	SL Army	48.14	
2	269	DCMadushanka	SL Army	49.17	
3	444	Isuru Kaushalya Bans Abewardana	SL School	49.24	
4	270	MMP Maushanka	SL Army	49.57	
5	191	KS Lakshan	SL Army	49.92	

6	171	PRPK Weerasingha	SL Army	50.55	
7	425	KG Malinda Maduranga	Kegalle DAA	51.94	
8	70	RS Prasanna	SL Army	53.63	

114 400m Men Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	142	PMPL Kodikara	SL Army	47.66	
2	263	NAR Karunathilaka	SL Army	48.80	
3	144	UV Weerasinghe	SL Army	49.51	
4	319	RP Priyantha Pushpakumara	SL Army	49.77	
5	302	TMMD Pieris	SL Army	50.44	
6	344	SMASM Subasinghe	SL Navy	50.77	
7	88	NMP Jayathilaka	SL Army	50.90	
8	447	GPM Lakmal	SL University	51.73	

114 400m Men Heat 4

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	463	WJM Rusiru Malshan Silva	SL School	48.22	
2	419	GDKK Pabasara Niku	Kurunegala DAA	48.85	
3	186	RPKN Chathuranga	SL Army	49.48	
4	318	K Harsha Chathuranga	SL Army	50.32	
5	86	YM Dhanushka	SL Army	50.78	
6	72	RMS Rathnayaka	SL Army	50.96	
7	279	HGDUV Gunasinghe	SL Army	55.52	

114 400m Men Heat 5

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	258	AML P Gunarathna	SL Army	47.58	
2	321	WL Chulaka De Silva	SL Army	49.29	
3	234	AGT Sanjeeva	SL Army	49.57	
4	312	MIM Asan	SL Army	49.98	
5	3	KDD Ariyaratna	SL Army	50.10	
6	69	KKK Darshanapriya	SL Army	50.57	
7	436	A Ravindu Kavinda	SL School	50.67	
8	184	HBGD Madusanka	SL Army	53.67	

114 400m Men Heat 6

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	303	MHM Samin	SL Army	48.98	
2	99	RJNKGOM Jayasekara	SL Army	49.06	
3	197	GPAJ Kumara Bandara	SL Army	49.73	
4	360	KKK Senavirathna	SL Navy	50.57	
5	449	AH Shalitha Dilshan Kumara	SL University	51.25	
6	260	WMWM Bandara	SL Army	51.62	
7	340	WMBM Wasala	SL Navy	52.50	
8	316	R Nalinda Viraj	SL Army	52.76	

114 400m Men Heat 7

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	422	EM Supun Nimansha	Colombo DAA	48.79	

2	189	MSSL Piyathilaka	SL Army	49.27	
3	307	BM Nawshad	SL Army	49.55	
4	284	SDYS Wijethunga	SL Army	50.50	
5	199	MKS Lakshan	SL Army	50.54	
6	330	AE Lakmal	SL Navy	50.92	
7	448	RM Ishara Madusanka	SL University	50.93	
8	229	PMK Vithana	SL Army	51.17	

114 400m Men Heat 8

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	18	RMR Niranjan Rajakaruna	SL Army	48.72	
2	145	WHMS Jayaweera	SL Army	49.37	
3	235	PAJ Kumara	SL Army	50.04	
4	441	Manusha Dias	SL School	50.56	
5	255	HTP Dushmantha	SL Army	51.61	
6	461	MA Sahan Dilina	Unattached	51.92	
7	450	RG Yohan Kavinda	SL University	52.96	
8	476	DMYY Amararathna	SL University	59.29	

115 100m Men S/Final 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	169	WKH Eshan	SL Army	10.12	+2.6
2	81	WPKD Wijeratna	SL Army	10.62	
3	227	KSL Wickramasingha	SL Army	10.69	
4	427	RP Sahan Thenuka Rajapaksha	SL School	10.79	
5	428	WG Kavindu Mishal Angoda	SL School	10.82	
6	172	ASM Safan	SL Army	10.86	
7	464	H Adeesha Anjana	Lanka Lions SC	11.05	
8	439	Charu Adeepa	SL School	11.10	

115 100m Men S/Final 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	414	Vinoj Suranjaya De Silva	Lanka Lions SC	10.27	ESLR +2.0
2	413	Shehan Ambepitiya	Lanka Lions SC	10.57	
3	115	HSS Kumara	SL Army	10.71	
4	456	YCM Yodasinghe	Unattached	10.80	
5	389	K Kavinda	SL Air Force	10.89	
6	173	GRTM Jinadasa	SL Army	10.94	
7	181	WLSC Senevirathna	SL Army	11.02	

115 100m Men S/Final 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	196	BDCS Darmakirthi	SL Army	10.46	+2.5
2	31	ALM Ashroff	SL Army	10.52	
3	175	PGGC Ranaweera	SL Army	10.59	
4	299	RVGMMF Udayar	SL Army	10.78	
5	226	SD Anjana Deneth Sandaruwan	SL Army	10.90	
6	77	KAE Madusanka	SL Army	11.18	

117 Triple Jump Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	19	L Greshan Dananjaya	SL Army	16.71	-0.5 *NSLR
2	24	MNS Ahamad	SL Army	16.02	-1.7
3	163	IDSS Jayasingha	SL Army	15.66	-1.5
4	384	CGST Senevirathna	SL Air Force	15.39	+1.7
5	466	LW Chamal Kumarasiri	Lanka Lions SC	15.25	+1.3
6	123	YMJSK Yapabandara	SL Army	14.93	-1.2
7	106	TADN Thilakarathna	SL Army	14.92	-1.1
8	11	JGDN Gunathilaka	SL Army	14.82	-0.6

118 Hammer Throw Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	83	Sisira Kumara	SL Army	48.12	
2	113	HMAS Bandara	SL Army	47.49	
3	1	WGSR Kumarasiri	SL Army	46.83	
4	114	KKDM Dharmasena	SL Army	45.91	
5	421	LADEP Alansan	Colombo DAA	45.48	
6	418	SRS Dlakshana Perera	Kalutara DAA	43.30	
7	36	LG Viraj Kumara	SL Army	41.34	
8	110	K Nilantha	SL Army	40.44	

119 Javelin Throw Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	505	HLND Lekamge	SL Army	54.03	
2	507	BL Nadeeka Lakmali	SL Army	53.56	
3	621	SPH Sewwandi	Rathnapura DAA	43.71	
4	571	DUKL Senevirathne	SL Air Force	42.62	
5	638	Hazna Mirasha Deen	Kalutara DAA	33.86	
6	631	MDDA Dissanayaka	SL University	31.37	
7	636	HR Dharmadasa	SL University	29.30	

120 High Jump Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	554	DK Ranasinghe	SL Navy	1.70	
2	523	VRH Randi	SL Army	1.65	
3	469	PPIN Pallegama	Kurunegala DAA	1.60	
4	567	SMM Madushani	SL Air Force	1.60	

121 200m Women Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	606	Shelinda Jansen	SL School	24.41	+0.1
2	611	M Omayya Udayangani	SL University	25.02	
3	519	DGKS Jayasinghe	SL Army	25.79	
4	550	MHN Herath	SL Navy	27.17	
5	542	KA Inuri Bhagya	SL Army	33.19	

121 200m Women Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	521	MASS Jayathilaka	SL Army	25.6	
2	539	TN Muthukumarana	SL Army	25.7	

3	595	BG Sachithra Harshani Jayakantha	Police Sports Club	26.0	
4	620	KK Nethmini Nawodya Silva	Colombo DAA	26.7	

122 200m Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	414	Vinoj Suranjaya De Silva	Lanka Lions SC	21.10	+2.0
2	389	K Kavinda	SL Air Force	22.19	
3	264	RC Madushanka	SL Army	22.43	
4	77	KAE Madusanka	SL Army	22.57	
5	266	HW Induka	SL Army	22.71	
6	340	WMBM Wasala	SL Navy	24.06	
7	8	HNNM Hapuaarachchi	SL Army	25.76	

122 200m Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	172	ASM Safan	SL Army	21.57	+1.4
2	443	Chamidu Prabath	SL School	21.83	
3	464	H Adeesha Anjana	Lanka Lions SC	21.87	
4	186	RPKN Chathuranga	SL Army	22.10	
5	181	WLSC Senevirathna	SL Army	22.40	
6	446	H Dasun Mihiranga De Zoysa	SL University	22.77	

122 200m Men Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	413	Shehan Ambepitiya	Lanka Lions SC	21.56	+1.8
2	226	SD Anjana Deneth Sandaruwan	SL Army	21.86	
3	377	RDC Niroschan	SL Air Force	22.14	
4	442	Santhush Weerasinghe	SL School	22.35	
5	235	PAJ Kumara	SL Army	22.72	
6	88	NMP Jayathilaka	SL Army	23.14	

124 110m Hurdles Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	355	KPH Nirmal	SL Navy	15.02	-1.9
2	364	KRI Perera	SL Air Force	15.20	
3	267	PRR Lasantha	SL Army	15.91	
4	95	RMTS Rathnayaka	SL Army	16.37	
5	420	DSM Perera	Gampaha DAA	16.41	
6	50	BSI Kodagoda	SL Army	17.02	
7	185	Dilano Fane Perera	SL Army	17.05	

124 110m Hurdles Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	190	KWS Randeewa	SL Army	14.88	-1.5
2	411	KBAM Chinthaka Balasooriya	Police SC	15.57	
3	127	EGE Hasitha Kumara	SL Army	15.61	
4	128	MRW Perera	SL Army	15.77	
5	467	PP Kusumkumara	Kurunegala DAA	15.90	
6	49	JPNP Hemachandra	SL Army	16.78	
7	130	UPC Pathirana	SL Army	16.84	

124 110m Hurdles Men Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	16	R Roshan Dammika Ranatunga	SL Army	14.72	
2	309	Chanaka Wijebandara	SL Army	15.18	
3	129	GPCR Gunasingha	SL Army	15.52	
4	215	HKM Gunawardhana	SL Army	15.66	
5	207	GS Kodagoda	SL Army	16.04	
6	268	KA Lal Janaka Kumara	SL Army	16.54	

125 1500m Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	59	MTAK Sameera	SL Army	3:54.80	
2	329	LPPP Amarasiri	SL Navy	3:55.44	
3	298	HAR Habarakada	SL Army	3:57.57	
4	241	RKCS Somawardhana	SL Army	3:59.04	
5	426	YG Sadun Krishantha	Kegalle DAA	4:00.84	
6	293	MKGA Nissanka Kumara	SL Army	4:05.78	
7	225	GSRK Perera	SL Army	4:08.76	
8	60	BMS Gunathilaka	SL Army	4:09.92	
9	94	DKAL Kariyawasam	SL Army	4:18.08	
10	239	HAM Viduranga	SL Army	4:18.09	
11	281	BGC Lakmal	SL Army	4:18.16	

125 1500m Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	409	RADH Kumara	Police SC	3:49.06	
2	313	RA Sajeewa Lakmal	SL Army	3:50.36	
3	240	W Saman Kumara Fernando	SL Army	3:51.72	
4	152	KDNC Wijesingha	SL Army	3:52.50	
5	385	SMDM Samarakoon	SL Air Force	3:56.33	
6	61	TUGI Darshana Lanka	SL Army	3:56.66	
7	56	KHMS Kumara	SL Army	3:56.87	
8	376	WMJE Weerasinghe	SL Air Force	4:01.65	
9	177	GGG Danushka	SL Army	4:15.81	
10	326	WGJ Madushanka	SL Navy	4:16.29	
11	332	IAC Madushanka	SL Navy	4:21.37	
12	390	WPM Samraweera	SL Air Force	4:21.37	

126 3000m St. Chase Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	119	NCA Danapala	SL Army	9:22.05	
2	155	ABN Alvis	SL Army	9:25.06	
3	212	DGJ Wijenayaka	SL Army	9:36.05	
4	379	WGC Fernando	SL Air Force	9:38.34	
5	314	SMV Sanjaya Dilshan	SL Army	9:41.70	
6	381	WRBA Pushpakumara	SL Air Force	9:58.60	
7	480	PHS Lakmal	SL Army	10:07.49	

127 400m Men S/Final 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	258	AMPL Gunarathna	SL Army	47.42	
2	422	EM Supun Nimansha	Colombo DAA	48.22	
3	99	RJNKGOM Jayasekara	SL Army	48.24	
4	18	RMR Niranjan Rajakaruna	SL Army	48.43	
5	144	UV Weerasinghe	SL Army	49.24	
6	269	DCMadushanka	SL Army	49.45	
7	319	RP Priyantha Pushpakumara	SL Army	49.93	

127 400m Men S/Final 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	84	MGA Premakumara	SL Army	47.16	
2	142	PMPL Kodikara	SL Army	47.50	
3	263	NAR Karunathilaka	SL Army	48.74	
4	303	MHM Asmin	SL Army	49.21	
5	307	BM Nawshad	SL Army	49.38	
6	444	Isuru Kaushalya Bans Abewardana	SL School	50.33	

127 400m Men S/Final 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	167	PMWGT Dananjaya	SL Army	47.86	
2	463	WJM Rusiru Malshan Silva	SL School	48.03	
3	367	MGDDM Silva	SL Air Force	48.18	
4	419	GDKK Pabasara Niku	Kurunegala DAA	48.43	
5	321	WL Chulaka De Silva	SL Army	48.86	
6	270	MMP Maushanka	SL Army	49.22	
7	145	WHMS Jayaweera	SL Army	49.64	
8	234	AGT Sanjewa	SL Army	50.87	

128 5000m Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	515	HMN Nandasena	SL Army	17:40.82	
2	583	ANL Ariyadasa	SL Air Force	17:45.09	
3	513	ASN Bandara	SL Army	17:42.92	
4	563	KM Malinda	SL Air Force	18:22.23	
5	518	DPMH Madushika	SL Army	18:24.02	
6	626	MBG Dilrukshi Sandamali Rajasekara	Unattached	18:44.80	
7	537	Iresha Kumudu	SL Army	20:15.35	
8	534	HWC Damayanthi	SL Army	21:49.19	
9	587	K Deepika Premamali	Police Sports Club	22:00.09	

201 10000m Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	515	HMN Nandasena	SL Army	36:38.9	
2	583	ANL Ariyadasa	SL Air Force	36:40.5	
3	513	ASN Bandara	SL Army	36:58.1	
4	555	SA Lamaheewage	SL Navy	37:02.6	
5	518	DPMH Madushika	SL Army	37:42.1	
6	551	V Krishanthini	SL Navy	37:47.9	
7	552	MANK Fernando	SL Navy	39:20.5	

8	560	KKAM Kumarsinghe	SL Air Force	40:12.0	
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202 5000m Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	164	RMS Pushpakumara	SL Army	14:28.79	
2	378	AK Tharanga	SL Air Force	14:33.13	
3	165	K Shanmugeswaren	SL Army	14:35.52	
4	462	V Watsun	Unattached	14:37.07	
5	176	Disanayaka	SL Army	14:40.56	
6	200	KAM Wijerathna	SL Army	14:52.32	
7	243	MAR Chamara Kumara	SL Army	14:53.00	
8	183	WWMU Kumara	SL Army	14:53.02	
9	58	GMSR Wijewickrama	SL Army	14:56.70	

203 Pole Vault Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	533	KLSK Perera	SL Army	3.30	
1	557	KAKL Perera	SL Air Force	3.30	
3	601	W Imasha Udani Silva	SL School	2.90	
3	602	A Aushadhi Wickramasekara	SL School	2.90	

204 800m Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	581	WKLA Nimali	SL Air Force	2:02.83	
2	553	GTA Aberathna	SL Navy	2:03.36	
3	478	KGDMS Kumarasinghe	Kandy DAA	2:04.23	
4	506	NMC Dilrukshi	SL Army	2:04.51	
5	570	KAD sandakanthi	SL Air Force	2:11.87	
6	616	K Shanika Lakshani	Kegalle DAA	2:12.23	
7	558	AAN Sanjeevani	SL Air Force	2:14.66	
8	564	KGMNA Kumari	SL Air Force	2:17.98	
9	509	KAN Hansani	SL Army	2:30.54	

205 800m Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	82	GR Chaturanga	SL Army	1:50.47	
2	104	WNSK Wedagedara	SL Army	1:51.03	
3	257	HM Susantha Kumara	SL Army	1:51.17	
4	308	RP Isuru Lakshan	SL Army	1:51.67	
5	23	MM Kupun Kushantha	SL Army	1:52.53	
6	375	KGAP Amarasiri	SL Air Force	1:53.60	
7	166	WAD Kumara	SL Army	1:53.78	
8	148	BSRT Bulugahapitiya	SL Army	1:55.32	

206 Long Jump Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	182	DAGIP Wimalasiri	SL Army	8.07	+2.0
2	15	GKD Sandaruwan Piyarathna	SL Army	7.89	-1.3
3	19	L Greshan Dananjaya	SL Army	7.86	+2.2
4	424	Amila Jayasiri	Puttalam DAA	7.80	+2.1

5	162	JHG Sampath	SL Army	7.79	+0.9
6	100	KKMK Karunasekara	SL Army	7.48	+1.0
7	25	MIM Mifran	SL Army	7.44	+2.3
8	244	JMTUK Jayasinghe	SL Army	7.38	+0.6

207 Discus Throw Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	349	KGUP Jayawardana	SL Navy	51.55	
2	26	ZTM Aasik	SL Army	44.15	
3	408	KM Sunanda Niroskana	Police SC	42.20	
4	295	MTGSDSRS Jayasinghe	SL Army	41.19	
5	126	SPJT Bandula	SL Army	40.60	
6	289	MGIT De Silva	SL Army	39.71	
7	288	KLDS Bandara	SL Army	39.01	
8	372	EKM Sampath	SL Air Force	38.21	

208 Shot Put Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	576	WTK Fernando	SL Air Force	14.23	
2	546	MND Muthunayaka	SL Navy	12.89	
3	593	PA Priyangika Kumari	Police Sports Club	11.64	
4	586	HV Madhurangi	Police Sports Club	10.14	
5	571	DUKL Senevirathne	SL Air Force	9.80	
6	635	WASK Dharmasena	SL University	9.79	

209 100m Hurdles Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	504	WVL Sugandi	SL Army	14.36	
2	510	HWK Hapuarachchi	SL Army	15.24	
3	632	BS Dulakshi	SL University	15.52	
4	603	KH Dasuni Kaushalya	SL School	15.61	
5	556	DP Mohottala	SL Air Force	15.64	
6	516	PSN Fernando	SL Army	16.10	
7	589	WD Kavindi Asangika Vithane	Police Sports Club	20.75	

210 110m Hurdles Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	16	R Roshan Dammika Ranatunga	SL Army	14.53	
2	355	KPH Nirmal	SL Navy	14.65	
3	364	KRI Perera	SL Air Force	14.79	
4	190	KWS Randeewa	SL Army	14.81	
5	309	Chanaka Wijebandara	SL Army	15.05	
6	129	GPCR Gunasingha	SL Army	15.34	
7	127	EGE Hasitha Kumara	SL Army	15.40	
8	411	KBAM Chinthaka Balasooriya	Police SC	15.55	

211 200m Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	606	Shelinda Jansen	SL School	24.74	+0.3
2	611	M Omayya Udayangani	SL University	25.48	

3	521	MASS Jayathilaka	SL Army	25.54	
4	519	DGKS Jayasinghe	SL Army	26.08	
5	595	BG Sachithra Harshani Jayakantha	Police Sports Club	26.64	
6	620	KK Nethmini Nawodya Silva	Colombo DAA	27.09	
7	550	MHN Herath	SL Navy	27.44	

212 200m Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	414	Vinoj Suranjaya De Silva	Lanka Lions SC	21.39	-1.9
2	172	ASM Safan	SL Army	21.86	
3	413	Shehan Ambepitiya	Lanka Lions SC	21.91	
4	226	SD Anjana Deneth Sandaruwan	SL Army	22.38	
5	186	RPKN Chathuranga	SL Army	22.61	
6	443	Chamidu Prabath	SL School	22.67	
7	464	H Adeesha Anjana	Lanka Lions SC	22.81	

213 Javelin Throw Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	17	RM Sumeda Jagath Ranasingha	SL Army	78.82	
2	107	PPWL Dayarathna	SL Army	74.87	
3	5	DS Ranasingha	SL Army	72.02	
4	272	DP Chamara Padma Kumara	SL Army	70.35	
5	103	PAP Lakmal	SL Army	70.21	
6	297	HFM Roshan	SL Army	67.22	
7	111	EKCS Padmasiri	SL Army	64.53	
8	193	KGH Pramod	SL Army	63.28	

214 High Jump Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	2	HTUT Perera	SL Army	2.15	
2	482	Ushara Nadine Costa	Lanka Lions SC	2.05	
3	134	SAT Dasun	SL Army	2.05	
4	135	PKV Rathnayaka	SL Army	2.00	
4	433	P Sanju Tharuka	SL School	2.00	

215 Triple Jump Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	526	HDV Lakshani	SL Army	13.28	+1.5
2	531	BMHP Balasooriya	SL Army	13.06	+0.6
3	523	VRH Randi	SL Army	12.21	+0.7
4	585	KAT Lakshani	SL Air Force	12.10	-0.8
5	512	WMNU Wanasinghe	SL Army	11.87	-1.9
6	556	DP Mohottala	SL Air Force	11.39	+1.0
7	561	DD Mohottala	SL Air Force	11.34	-1.0

216 Hammer Throw Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	502	AWASM Amarasingha	SL Army	45.77	
2	575	HAA Lakshika	SL Air Force	43.96	
3	517	WMSN Rathnasiri	SL Army	38.76	

4	569	JMI Sandamali	SL Air Force	35.82	
5	577	GF Hassim	SL Air Force	35.80	

217 400m Hurdles Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	535	GAS Dulani	SL Army	59.80	
2	527	EK Madushani	SL Army	59.98	
3	599	Amesha Hettirarachchi	SL School	1:01.27	
4	520	TGND Wickramasinghe	SL Army	1:02.77	
5	580	NGDN Lakmali	SL Air Force	1:03.35	
6	572	UGD Sandamali	SL Air Force	1:04.76	

218 400m Hurdles Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	429	SH Navodya Sankalpa	SL School	52.26	
2	28	SM Aravinda Chathuranga	SL Army	52.33	
3	383	ALAI Rathnasena	SL Air Force	52.87	
4	265	DMSJ Dissanayaka	SL Army	53.77	
5	20	ALAT Rathnasena	SL Army	54.44	
6	208	RMN Rathnayake	SL Army	54.60	
7	195	KAR Madushan	SL Army	54.64	
8	133	BMLD Bannehaka	SL Army	54.87	

219 100m Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	606	Shelinda Jansen	SL School	11.93	+1.4
2	629	Shafiya Yamick	Unattached	12.14	
3	504	WVL Sugandi	SL Army	12.18	
4	624	NONA Sharmila Jan	Unattached	12.20	
5	521	MASS Jayathilaka	SL Army	12.42	
6	614	TMMP Weerasooriya	Kegalle DAA	12.42	
7	607	Dilmi Dahanayake	SL School	12.59	

220 100m Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	169	WKH Eshan	SL Army	10.22	+0.6 *NSLR
2	414	Vinoj Suranjaya De Silva	Lanka Lions SC	10.64	
3	175	PGGC Ranaweera	SL Army	10.67	
4	31	ALM Ashroff	SL Army	10.69	
5	81	WPKD Wijeratna	SL Army	10.73	
6	413	Shehan Ambepitiya	Lanka Lions SC	10.75	
7	227	KSL Wickramasingha	SL Army	10.79	
8	196	BDCS Darmakirthi	SL Army	11.20	

221 400m Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	528	R Nadeesha	SL Army	54.15	
2	581	WKLA Nimali	SL Air Force	54.98	
3	478	KGDMs Kumarasinghe	Kandy DAA	55.06	
4	611	M Omayya Udayangani	SL University	55.86	

5	630	AV Romeshi Ishara Attidiya	Unattached	55.89	
6	519	DGKS Jayasinghe	SL Army	59.04	
7	550	MHN Herath	SL Navy	1:03.20	
8	612	W Geethshaya Sewwandi	SL University	1:11.51	

222 400m Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	142	PMPL Kodikara	SL Army	47.23	
2	258	AML P Gunarathna	SL Army	47.28	
3	167	PMWGT Dananjaya	SL Army	47.66	
4	84	MGA Premakumara	SL Army	48.19	
5	463	WJM Rusiru Malshan Silva	SL School	48.25	
6	367	MGDDM Silva	SL Air Force	48.41	
7	422	EM Supun Nimansha	Colombo DAA	48.43	
8	99	RJNKGOM Jayasekara	SL Army	48.78	

223 1500m Women Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	553	GTA Aberathna	SL Navy	4:20.22	
2	506	NMC Dilrukshi	SL Army	4:22.35	
3	564	KGMNA Kumari	SL Air Force	4:55.18	
4	617	Nawodhya Madushani	Kegalle DAA	5:29.26	

224 1500m Men Final

Place	BIB No:	Player Name	Club/School/District	Performance	Remarks
1	313	RA Sajeewa Lakmal	SL Army	3:50.43	
2	240	W Saman Kumara Fernando	SL Army	3:50.44	
3	409	RADH Kumara	Police SC	3:51.18	
4	59	MTAK Sameera	SL Army	3:52.40	
5	329	LPPP Amarasiri	SL Navy	3:56.67	
6	61	TUGI Darshana Lanka	SL Army	3:56.73	
7	56	KHMS Kumara	SL Army	3:57.22	
8	385	SMDM Samarakoon	SL Air Force	4:08.12	