



Sri Lanka Athletics
Centenary National Championships 2022
All Results
Day One - 08th April, 2022

7:00		10000 M	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	572	ANL Ariyadasa	Sri Lanka Air Force	35:01.28	
2	515	HMSD Herath	Sri Lanka Army	36:31.77	
3	649	MSPM Perera	Sri Lanka Navy	36:46.98	
4	535	MGTKK Sugathapala	Sri Lanka Army	37:23.66	
5	648	MANK Fernando	Sri Lanka Navy	37:38.78	
6	523	ALSD Liyanage	Sri Lanka Army	37:53.07	
7	660	Maduwanthi Apsara	Sri Lanka Army	38:03.58	
8	659	A Anusha	Sri Lanka Navy	38:11.60	
9	614	HIS Fernando	Sri Lanka Army	39:06.34	

102 7:45		5000 M	Men	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	479	V Vakson	Sri Lanka Army	14:34.26	
2	179	DMDS Dissanayake	Sri Lanka Army	14:34.86	
3	439	RMS Pushpakumara	Sri Lanka Army	14:38.98	
4	106	WVM Upul Kumara	Sri Lanka Army	14:40.03	
5	358	AK Tharanga	Sri Lanka Air Force	14:50.61	
6	123	GMGSR Wickrama	Sri Lanka Army	14:57.60	
7	722	WWK Weerasinghe	Sri Lanka Navy	15:03.18	
8	482	JK Prasan	Sri Lanka Army	15:06.40	
9	297	P Mahesh Maduranga	Sri Lanka Army	15:07.92	

103 8:15		1500 M	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	646	GTA Aberathna	Sri Lanka Navy	4:12.41	
2	563	KS Lakshani	Sri Lanka Army	4:34.29	
3	575	KGMNA Kumari	Sri Lanka Air Force	4:35.03	
4	574	AAN Sanjeevani	Sri Lanka Air Force	4:41.22	
5	642	WH Madumali	Sri Lanka Universities	4:57.45	
6	533	TMIG Ranasinghe	Sri Lanka Army	5:04.78	
7	573	M Priyadarshani	Sri Lanka Air Force	5:27.23	

104 8:30		100m (Decathlon - No 1)	Men	Round - 1	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	11.31	N/A
2	377	WKDS Perera	Sri Lanka Air Force	11.36	
3	220	SPP Samaraweera	Sri Lanka Army	11.47	
4	337	DD Buddika Heshan	Sri Lanka Army	11.72	
5	445	TPD Fernando	Sri Lanka Army	12.20	
6	113	SBRP Madhusanka	Sri Lanka Army	12.22	
7	222	USD Gunathilaka	Sri Lanka Army	13.42	

104 8:30		100m (Decathlon - No 1)	Men	Round - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	330	RAK Karunathilaka	Sri Lanka Army	11.31	N/A
2	243	PRR Lasantha Peramuna	Sri Lanka Army	11.36	
3	279	R Satheesan	Sri Lanka Army	11.47	
4	323	KMVC Kulathunga	Sri Lanka Army	11.72	
5	223	GPCR Gunasinghe	Sri Lanka Army	12.20	
6	723	GJU Kumara	Sri Lanka Navy	12.22	

105 8:30		Pole Vault	Men	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks

1	425	HSE Janith	Sri Lanka Army	4.90	
2	363	MHI Sandaruwan	Sri Lanka Air Force	4.80	
3	474	RP Murugaiya	Sri Lanka Army	4.40	
4	210	KACP Senarathna	Sri Lanka Army	4.40	
4	701	DHG Jayantha	Sri Lanka Army	4.40	
4	341	S Sukikerathan	Sri Lanka Army	4.40	
7	400	TDM Chathuranga	Sri Lanka Army	4.40	
8	217	DMSD Dissanayake	Sri Lanka Army	4.20	
9	177	KHS Sampath	Sri Lanka Army	4.20	

106	8:30	Hammer Throw (4.000kg)		Women	Final
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	508	WMS Nisansala Rathnasiri	Sri Lanka Army	43.01	
2	507	AWAS Manoji Amrasinghe	Sri Lanka Army	42.51	
3	653	LPW Thisarani	Sri Lanka Navy	40.96	
4	636	MG Nihinsa Mandini	Sri Lanka Schools AA	36.10	
5	620	DL Rossette Rajakula	Unattached	36.06	
6	583	JHI Sandamali	Sri Lanka Air Force	35.90	
7	643	LPS Sasikala Dias	Sri Lanka Universities	33.12	
8	584	SF Hassim	Sri Lanka Air Force	30.98	

107	8:45	100m Hurdles (0.838m)		Women	Heat - 1
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	554	WUL Sugandhi	Sri Lanka Army	13.83	+0.2
2	700	SD Kahangama	Sri Lanka Schools AA	15.03	
3	692	SBSL Dissanayake	Sri Lanka Schools AA	15.05	
4	629	WA Senuri Anuththara	Sri Lanka Schools AA	15.74	
5	670	AUK Mayan	Sri Lanka Navy	16.57	

107	8:45	100m Hurdles (0.838m)		Women	Heat - 2
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	558	RAIS Rajasinghe	Sri Lanka Army	14.48	N/W
2	570	DP Mohottala	Sri Lanka Air Force	15.11	
3	890	G.K. Paranamanage	Sri Lanka Universities	15.65	
4	881	BHC Dewmini	Lanka Lions SC	15.97	
5	631	HKHA Imaya Kavikeshara	Sri Lanka Schools AA	17.48	

108	9:00	110m Hurdles (1.067m)		Men	Heat - 1
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	786	AG Anuradha Srimal	Kandy DAA	14.43	N/A
2	134	KDD Ariyaratna	Sri Lanka Army	14.79	
3	368	KRI Perera	Sri Lanka Air Force	15.25	
4	276	W Malin Udayakumara	Sri Lanka Army	15.41	
5	108	PWHP Meghawarna	Sri Lanka Army	15.55	
6	253	EGE Hasitha Kumar	Sri Lanka Army	15.63	
7	459	WALSM Wijeshinha	Sri Lanka Army	15.87	
8	477	LJH Abeshinha	Sri Lanka Army	15.92	

108	9:00	110m Hurdles (1.067m)		Men	Heat - 2
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	412	RRD Ranathunga	Sri Lanka Army	14.04	N/A
2	252	SPD Dananjaya	Sri Lanka Army	14.88	
3	136	KWS Randeewa	Sri Lanka Army	14.96	
4	169	JMCM Jayasekara	Sri Lanka Army	15.09	
5	137	ANM Nasik	Sri Lanka Army	15.22	
6	765	P Rusun Kumara	Sri Lanka Army	15.34	
7	174	Sadun Kosala	Sri Lanka Schools AA	15.69	
8	496	JPNP Hamachandra	Sri Lanka Army	17.03	

109 9:15 Long Jump (Decathlon - 2)**Men**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	7.16	-0.5
2	220	SPP Samaraweera	Sri Lanka Army	7.10	-0.8
3	330	RAK Karunathilaka	Sri Lanka Army	6.69	-0.4
4	377	WKDS Perera	Sri Lanka Air Force	6.56	+0.5
5	323	KMVC Kulathunga	Sri Lanka Army	6.43	-0.1
6	223	GPCR Gunasinghe	Sri Lanka Army	6.37	+0.3
7	243	PRR Lasantha Peramuna	Sri Lanka Army	6.32	-0.1
8	337	DD Buddika Heshan	Sri Lanka Army	6.29	-0.2
9	445	TPD Fernando	Sri Lanka Army	6.14	-0.2
10	279	R Satheesan	Sri Lanka Army	6.08	-0.3
11	723	GJU Kumara	Sri Lanka Navy	5.84	-0.1
12	113	SBRP Madhusanka	Sri Lanka Army	5.59	-0.0
13	222	USD Gunathilaka	Sri Lanka Army	4.93	-0.4

110 9:15 Shot Put**Men****Final**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	437	WSM Fernando	Sri Lanka Army	16.44	
2	277	R Samith Jayawardana	Sri Lanka Army	15.17	
3	713	AJD Perera	Sri Lanka Navy	14.47	
4	738	AMM Perera	Government Services SC (Police SC)	14.44	
5	799	S Jayakodi	Sri Lanka Army	13.98	
6	102	WJR Alwis	Sri Lanka Schools AA	13.87	
7	292	BD Delvita	Sri Lanka Army	13.46	
8	382	RMSC Ranasinghe	Sri Lanka Air Force	13.26	

111 9:15 800m**Men****Heat - 1**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	428	GR Chathuranga	Sri Lanka Army	1:54.86	
2	235	BSRT Bulugahapitiya	Sri Lanka Army	1:55.33	
3	718	VGVK De Silva	Sri Lanka Navy	1:55.76	
4	808	JPDP Jayasinghe	Ratnapura DAA	1:56.10	
5	197	HLS Madushan	Sri Lanka Army	01:56.7	
6	142	RDBN Wimalasiri	Sri Lanka Army	1:56.73	
7	742	DMPD Dissanayake	Government Services SC (Police SC)	2:03.74	
8	312	GJDK Jayarathne	Unattached	2:09.32	

111 9:15 800m**Men****Heat - 2**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	289	MMK Kushantha	Sri Lanka Army	1:54.22	
2	234	BND Bulugahapitiya	Sri Lanka Army	1:54.52	
3	152	MAJ Rukantha	Sri Lanka Army	1:54.91	
4	442	GSRK Perera	Sri Lanka Army	1:55.06	
5	262	MRSK Ekanagake	Sri Lanka Army	1:55.61	
6	726	AE Lakmal	Sri Lanka Navy	1:55.88	
7	730	GG Gayan Dhanushka	Sri Lanka Navy	2:00.76	
8	741	RK Akila Shanuka	Government Services SC (Police SC)	2:10.54	

111 9:15 800m**Men****Heat - 3**

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	842	LSD Maduranga	Sri Lanka Army	1:56.14	
2	328	EAH Piyumal	Sri Lanka Army	1:56.24	
3	236	VAD Kuimara	Sri Lanka Army	1:56.54	
4	268	DMTT Disanayake	Sri Lanka Army	1:56.68	
5	145	WMKC Vijesundara	Sri Lanka Army	1:57.07	

6	495	PAL Piris	Sri Lanka Army	1:57.93	
7	802	MMKM Marasinghe	Sri Lanka Army	1:58.22	
8	729	IAC Madushanka	Sri Lanka Navy	2:02.44	

111 9:15		800m	Men	Heat - 4	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	306	C Aravindan	Sri Lanka Army	1:56.20	
2	389	MTAK Sameera	Sri Lanka Army	1:56.27	
3	360	GV Udayanga	Sri Lanka Air Force	1:56.75	
4	342	MLS Wickramasinghe	Sri Lanka Army	1:56.75	
5	237	AML De Zoysa	Sri Lanka Army	1:56.81	
6	761	HMA Asela Munasinghe	Sri Lanka Army	1:57.07	
7	753	GDLA Garusinghe	Sri Lanka Schools AA	1:59.21	
8	143	WK Lakmal	Sri Lanka Army	2:04.75	

111 9:15		800m	Men	Heat - 5	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	296	RP Priyantha Pushpakumara	Sri Lanka Army	1:55.13	
2	756	KHADM Kumarasinghe	Sri Lanka Army	1:55.63	
3	320	AMBB Aththanayake	Sri Lanka Army	1:55.66	
4	867	KMGD Sanjaya Kumara	Sri Lanka Schools AA	1:56.56	
5	747	DCM Ranasinghe	Sri Lanka Army	1:58.20	
6	310	GWKE Silva	Sri Lanka Army	2:00.56	
7	714	GGGNS Suraweewa	Sri Lanka Navy	2:01.79	

112 9:30		200m	Men	Heat - 1	-1.0
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	170	WPDK Wijerathne	Sri Lanka Army	21.7	21.82
2	432	SDN Senanayake	Sri Lanka Army	21.9	21.91
3	205	JMHS Kavinda	Sri Lanka Army	22.0	22.06
4	122		0	22.2	22.32
5	203	Kavindu Anjana	Sri Lanka Schools AA	22.4	22.42
6	116	AJKV Jayasinghe	Sri Lanka Army	22.5	22.49
7	404	AATS Akalanka	Gampaha DAA	23.1	23.30
8	816	AD Kavindu Induranga	Sri Lanka Schools AA	24.1	24.22

112 9:30		200m	Men	Heat - 2	+0.6
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	483	NBC Sadaruwan	Sri Lanka Army	21.5	21.62
2	453	KSL Wickramasinghe	Sri Lanka Army	21.7	22.02
3	745	KGP Divyanjana	Sri Lanka Army	21.9	22.06
4	161	HSS Kumara	Sri Lanka Army	22.1	22.31
5	754	DS Guruge	Sri Lanka Schools AA	22.3	22.56
6	451	RC Madushanka	Sri Lanka Army	22.4	22.63
7	331	ARM Rajaskan	Sri Lanka Army	22.6	22.68
8	109	PGHM Kumarasiri	Sri Lanka Army	22.8	22.76

112 9:30		200m	Men	Heat - 3	+0.5
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	239	RA Ishan Maduranga	Sri Lanka Army	21.7	21.91
2	307	HDPD Gayashan	Sri Lanka Army	21.8	21.95
3	415	MVS De Silva	Sri Lanka Army	21.9	22.01
4	242	KAE Madusanka	Sri Lanka Army	22.2	22.15
5	130	URSS Bandara	Sri Lanka Army	22.3	22.28
6	112	LHR Dilshan	Sri Lanka Army	22.8	23.04
7	141	MMK Maduranga	Sri Lanka Army	23.0	23.16
8	110	WAN Dilruksha	Sri Lanka Army	23.3	23.37

112	9:30	200m	Men	Heat - 4	+0.8
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	241	HM Dilip Ruwan	Sri Lanka Army	21.7	21.77
2	160	KD Anuja Prabashwara	Sri Lanka Army	21.9	21.93
3	158	WNW Werapitiya	Sri Lanka Army	22.2	22.25
4	129	MKS Lakshan	Sri Lanka Army	22.4	No ET
5	343	ASS Weerasinghe	Sri Lanka Army	22.5	No ET
6	463	MDCK Munasinha	Sri Lanka Army	22.7	No ET
7	267	NMP Jayathilaka	Sri Lanka Army	23.1	No ET
8	769	Dinal Sudeera	Sri Lanka Schools AA	23..8	No ET

112	9:30	200m	Men	Heat - 5	+0.3
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	434	ASM Safan	Sri Lanka Army	21.5	21.69
2	265	YDN Fernando	Sri Lanka Army	21.9	22.3
3	733	TB Udagedara	Sri Lanka Schools AA	22.1	22.35
4	485	BNGDL Basnayake	Sri Lanka Army	22.3	22.37
5	128	SDAD Sandaruwan	Sri Lanka Army	22.5	22.54
6	748	HW Induka	Sri Lanka Army	23.1	23.15
7	140	DPT Kushan	Sri Lanka Army	23.4	23.66
8	493	HGDUV Gunasinghe	Sri Lanka Army	24.1	24.25

113	11:30	Shot Put (Decathlon - 3) (7.260kg)	Men		
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	12.72	
2	330	RAK Karunathilaka	Sri Lanka Army	10.49	
3	223	GPCR Gunasinghe	Sri Lanka Army	10.46	
4	377	WKDS Perera	Sri Lanka Air Force	9.93	
5	279	R Satheesan	Sri Lanka Army	9.60	
6	323	KMVC Kulathunga	Sri Lanka Army	9.30	
7	220	SPP Samaraweera	Sri Lanka Army	9.27	
8	243	PRR Lasantha Peramuna	Sri Lanka Army	9.20	
9	445	TPD Fernando	Sri Lanka Army	8.60	
10	113	SBRP Madhusanka	Sri Lanka Army	8.53	
11	723	GJU Kumara	Sri Lanka Navy	7.25	

114	14:30	High Jump (Decathlon - 4)	Men		
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	243	PRR Lasantha Peramuna	Sri Lanka Army	1.84	
2	300	MIM Asan	Sri Lanka Army	1.81	
3	220	SPP Samaraweera	Sri Lanka Army	1.78	
4	279	R Satheesan	Sri Lanka Army	1.78	
5	377	WKDS Perera	Sri Lanka Air Force	1.72	
6	223	GPCR Gunasinghe	Sri Lanka Army	1.69	
7	445	TPD Fernando	Sri Lanka Army	1.69	
8	723	GJU Kumara	Sri Lanka Navy	1.69	
9	323	KMVC Kulathunga	Sri Lanka Army	1.51	
10	113	SBRP Madhusanka	Sri Lanka Army	1.39	

115	14:30	Pole Vault	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	550	KLSK Perera	Sri Lanka Army	3.71	*NSLR
2	652	WIU Silva	Sri Lanka Navy	3.50	
3	697	N Daksitha	Jaffna DAA	3.40	
4	603	KACK Kodithuwakku	Sri Lanka air Force	3.30	
5	882	UT Wickramasinghe	Sri Lanka Schools AA	3.10	
6	623	SD Ranasinghe	Sri Lanka air Force	3.00	

116 14:30 Long Jump Men Preliminary

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	431	DAGJP Wimalasiri	Sri Lanka Army	7.27	+0.2
2	213	HBMYPB Herath	Sri Lanka Army	7.24	+0.1
3	420	L.P.S.Dhananjaya	Sri Lanka Army	7.23	+0.1
4	124	Hirusha Hashen	Track Master SC	7.21	+0.0
5	850	IK Piyasiri	Sri Lanka Army	7.12	+0.0
6	365	DM Liyanapathirana	Sri Lanka Air Force	7.10	+0.1
7	214	URRB Rajapaksha	Sri Lanka Army	7.07	+0.0
8	357	JMTUK Jayasinghe	Sri Lanka Army	7.01	+0.2
9	848	Pasidu Malshan	Sri Lanka Schools AA	6.88	+0.2
10	472	LPS Nilanga	Sri Lanka Army	6.77	+0.1
11	117	SPSA Gunasiri	Sri Lanka Army	6.72	+0.1
12	156	BNN Nirmala	Sri Lanka Army	6.71	+0.0

117 14:30 Hammer Throw (7.260kg)

Men

Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	207	HMAS Bandara	Sri Lanka Army	49.98	
2	499	MDR Sisira Kumara	Sri Lanka Army	48.83	
3	131	WGSR Kumarasinghe	Sri Lanka Army	48.63	
4	798	KKDM Dharmasena	Sri Lanka Army	47.09	
5	800	DSN Wickramasinghe	Sri Lanka Army	44.02	
6	796	K Nilantha	Sri Lanka Army	42.82	
7	332	KGFTuder	Sri Lanka Army	42.39	
8	443	PKL Prabashana	Sri Lanka Army	40.91	

118 15:00 100m Hurdles (0.838m)

Women

Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	554	WUL Sugandhi	Sri Lanka Army	13.70	-0.4
2	558	RAIS Rajasinghe	Sri Lanka Army	14.36	
3	700	SD Kahangama	Sri Lanka Schools AA	14.99	
4	692	SBSL Dissanayake	Sri Lanka Schools AA	15.02	
5	570	DP Mohottala	Sri Lanka Air Force	15.05	
6	890	G.K. Paranamanage	Sri Lanka Universities	15.67	

119 15:30 110m Hurdles (1.067m)

Men

Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	412	RRD Ranathunga	Sri Lanka Army	14.05	-0.4
2	786	AG Anuradha Srimal	Kandy DAA	14.55	
3	134	KDD Ariyaratna	Sri Lanka Army	14.59	
4	136	KWS Randeewa	Sri Lanka Army	14.78	
5	252	SPD Dananjaya	Sri Lanka Army	15.07	
6	368	KRI Perera	Sri Lanka Air Force	15.18	
7	169	JMCM Jayasekara	Sri Lanka Army	15.19	
8	137	ANM Nasik	Sri Lanka Army	15.46	

120 16:00 200m

Women

Semi Final - 1

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	509	Shelinda Jansen	Trackmaster SC	24.49	N/W
2	657	WSN Fernando	Sri Lanka Navy	24.81	
3	525	WV Randi Gayesha	Sri Lanka Schools AA	25.55	
4	545	K Pahasara Mathuwanagamage	Sri Lanka Schools AA	25.82	
5	522	EWU Rathnakumari	Sri Lanka Army	26.18	
6	530	OMI Sathsarani	Sri Lanka Army	26.19	
7	505	GDKS Jayasinghe	Sri Lanka Army	26.38	
8	532	WAD Sachintha Wijesingha	Sri Lanka Army	27.02	

120 16:00 200m

Women

Semi Final - 2

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	562	MIM Jayamanna	Sri Lanka Army	24.75	

2	658	WHM Fernando	Sri Lanka Navy	24.94	
3	626	KS Edirisinghe	Sri Lanka Schools AA	25.41	
4	886	W.G.E. Emmeshika	Sri Lanka Universities	26.09	
5	521	KAN Hansani	Sri Lanka Army	27.02	
6	625	I Arsakularathna	Sri Lanka Schools AA	27.18	
7	695	AKM Buddhika	Sri Lanka Schools AA	27.97	
8	540	MAD Maduwanthi Apsara	Unattached	28.13	

121	16:10	200m	Men	Semi Final - 1	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	483	NBC Sadaruwan	Sri Lanka Army	21.69	+0.5
2	307	HDPD Gayashan	Sri Lanka Army	21.79	
3	242	KAE Madusanka	Sri Lanka Army	21.95	
4	415	MVS De Silva	Sri Lanka Army	22.00	
5	453	KSL Wickramasinghe	Sri Lanka Army	22.02	
6	205	JMHS Kavinda	Sri Lanka Army	22.17	
7	116	AJKV Jayasinghe	Sri Lanka Army	22.38	
8	485	BNGDL Basnayake	Sri Lanka Army	22.60	
9	451	RC Madushanka	Sri Lanka Army	22.88	

121	16:10	200m	Men	Semi Final - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	434	ASM Safan	Sri Lanka Army	21.33	-0.1
2	241	HM Dilip Ruwan	Sri Lanka Army	21.77	
3	432	SDN Senanayake	Sri Lanka Army	21.99	
4	745	KGP Divyanjana	Sri Lanka Army	22.45	
5	122			0	0
6	733	TB Udagedara	Sri Lanka Schools AA	22.49	
7	203	Kavindu Anjana	Sri Lanka Schools AA	22.52	
8	343	ASS Weerasinghe	Sri Lanka Army	22.69	
9	129	MKS Lakshan	Sri Lanka Army	22.79	

121	16:10	200m	Men	Semi Final - 3	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	170	WPKD Wijerathne	Sri Lanka Army	22.06	N/W
2	239	RA Ishan Maduranga	Sri Lanka Army	22.18	
3	161	HSS Kumara	Sri Lanka Army	22.18	
4	130	URSS Bandara	Sri Lanka Army	22.29	
5	160	KD Anuja Prabashwara	Sri Lanka Army	22.49	
6	265	YDN Fernando	Sri Lanka Army	22.60	
7	128	SDAD Sandaruwan	Sri Lanka Army	22.66	
8	158	WNW Werapitiya	Sri Lanka Army	22.71	
9	754	DS Guruge	Sri Lanka Schools AA	23.18	

122	16:20	400m (Decathlon - 5)	Men	Heat - 1	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	51.90	
2	445	TPD Fernando	Sri Lanka Army	52.13	
3	220	SPP Samaraweera	Sri Lanka Army	52.62	
4	223	GPCR Gunasinghe	Sri Lanka Army	54.82	
5	723	GJU Kumara	Sri Lanka Navy	58.86	

122	16:20	400m (Decathlon - 5)	Men	Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	377	WKDS Perera	Sri Lanka Air Force	50.63	
2	279	R Satheesan	Sri Lanka Army	52.70	
3	323	KMVC Kulathunga	Sri Lanka Army	53.12	
4	113	SBRP Madhusanka	Sri Lanka Army	57.03	

5	243	PRR Lasantha Peramuna	Sri Lanka Army	57.73	
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123 16:30 800m Women Streight Final

124 16:40 800m Men Semi Final - 1

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	289	MMK Kushantha	Sri Lanka Army	1:53.15	
2	320	AMBB Aththanayake	Sri Lanka Army	1:53.38	
3	235	BSRT Bulugahapitiya	Sri Lanka Army	1:53.39	
4	718	VGVK De Silva	Sri Lanka Navy	1:55.68	
5	268	DMTT Disanayake	Sri Lanka Army	1:56.09	
6	142	RDBN Wimalasiri	Sri Lanka Army	1:56.45	
7	867	KMGD Sanjaya Kumara	Sri Lanka Schools AA	1:58.04	

124 16:40 800m Men Semi Final - 2

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	428	GR Chathuranga	Sri Lanka Army	1:52.36	
2	756	KHADM Kumarasinghe	Sri Lanka Army	1:53.23	
3	306	C Aravindan	Sri Lanka Army	1:53.34	
4	236	VAD Kuimara	Sri Lanka Army	1:54.02	
5	342	MLS Wickramasinghe	Sri Lanka Army	1:56.41	
6	197	HLS Madushan	Sri Lanka Army	1:57.00	
7	808	JPDP Jayasinghe	Ratnapura DAA	1:57.69	
8	152	MAJ Rukantha	Sri Lanka Army	1:57.88	

124 16:40 800m Men Semi Final - 3

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	296	RP Priyantha Pushpakumara	Sri Lanka Army	1:54.94	
2	842	LSD Maduranga	Sri Lanka Army	1:55.21	
3	726	AE Lakmal	Sri Lanka Navy	1:56.28	
4	262	MRSK Ekanagakae	Sri Lanka Army	1:56.74	
5	442	GSRK Perera	Sri Lanka Army	1:57.12	
6	389	MTAK Sameera	Sri Lanka Army	1:57.53	
7	360	GV Udayanga	Sri Lanka Air Force	1:57.74	
8	328	EAH Piyumal	Sri Lanka Army	1:59.00	

125 17:00 400m Hurdles (0.762m) Women Heat - 1

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	680	Amesha Hettiarachchi	Kandy DAA	1:00.82	
2	607	GA Shyama Dulani	Sri Lanka Army	1:02.62	
3	528	APMSK Aberathne	Sri Lanka Army	1:03.20	
4	873	KHAD Kaushalya	Kandy DAA	1:03.32	
5	872	OGS Thakshila Dissanayake	Sri Lanka Schools AA	1:06.49	
6	699	BWG Hiruni Amaya Rangajeewa	Sri Lanka Schools AA	1:11.49	

125 17:00 400m Hurdles (0.762m) Women Heat - 2

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	560	EK Madhushani	Sri Lanka Army	1:00.64	
2	569	NDGN Lakmali	Sri Lanka Air Force	1:01.36	
3	874	RMUY Ratnayake	Sri Lanka Schools AA	1:05.39	
4	612	TGND Wickramasinghe	Sri Lanka Army	1:06.15	
5	543	Shashini Dilsha	Sri Lanka Schools AA	1:06.77	
6	637	GP Shaniru Umanangi	Sri Lanka Schools AA	1:13.82	

126 17:15 400m Hurdles (0.914m) Men Heat - 1

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	843	KM Dhanuka Darshana	Sri Lanka Schools AA	51.99	
2	417	ALAT Rathnasena	Sri Lanka Army	52.96	
3	340	A Abikshan	SL Universities	54.22	

4	444	JL Prasanjith	Sri Lanka Army	54.40	
5	485	BNGDL Basnayake	Sri Lanka Army	55.93	
6	121	NHP Bawantha Milnuwan	Gampaha DAA	56.86	
7	387	OMCPM De Silva	Sri Lanka Army	59.04	

126	17:15	400m Hurdles (0.914m)	Men	Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	430	NDK Viduranga	Sri Lanka Army	53.28	
2	250	GT Hansaka	Sri Lanka Army	53.67	
3	133	KAR Madushan	Sri Lanka Army	53.77	
4	251	BMLD Banneheka	Sri Lanka Army	54.04	
5	475	SHN Sankalpa	Sri Lanka Army	54.51	
6	173	Thenuk Piumal	Sri Lanka Schools AA	57.28	
7	481	LGA Dilmin	Sri Lanka Army	58.28	

Day Two - 09th April, 2022

201	7:00	3000m St. Ch. (0.762m)	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	553	UKN Ratnayake	Sri Lanka Army	9:40.24	*NSLR
2	534	WMN Nidarshani	Sri Lanka Army	11:14.67	
3	640	HKIT Udaya Kumari	Sri Lanka Army	11:29.54	

202	7:00	3000m St. Ch. (0.914m)	Men	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	146	HMEUB Herath	Sri Lanka Army	8:57.12	
2	259	HMS Karunarathna	Sri Lanka Army	9:03.88	
3	254	LC Gunarathne	Sri Lanka Army	9:04.52	
4	371	WBM Samaraweera	Sri Lanka Air Force	9:08.38	
5	255	ABN Alwis	Sri Lanka Army	9:10.03	
6	147	RMCDM Rathnayaka	Sri Lanka Army	9:14.11	
7	466	DGT Wijenayake	Sri Lanka Army	9:19.58	
8	105	MAT Danushka	Sri Lanka Army	9:25.36	
9	817	MGCD Ranaweera	Sri Lanka Army	9:49.22	

203	7:45	100m Hurdles -0.838m (Heptathlon - 1)	Women		
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	PSN Fernando	Sri Lanka Army	15.09	+0.9
2	582	UGD Sandamali	Sri Lanka Air Force	16.64	
3	605	PR Kasuni Diwyanjali	Sri Lanka Air Force	16.75	
4	581	HAN Nawodini	Sri Lanka Air Force	17.29	
5	516	HKTD Silva	Unattached	18.29	

204	8:10	110m Hurdles - 1.067m (Decathlon - 6)	Men	Heat - 1	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	14.90	
2	377	WKDS Perera	Sri Lanka Air Force	15.28	
3	223	GPCR Gunasinghe	Sri Lanka Army	15.70	
4	723	GJU Kumara	Sri Lanka Navy	18.13	
5	323	KMVC Kulathunga	Sri Lanka Army	18.23	

204	8:10	110m Hurdles - 1.067m (Decathlon - 6)	Men	Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	279	R Satheesan	Sri Lanka Army	15.75	
2	445	TPD Fernando	Sri Lanka Army	16.43	
3	243	PRR Lasantha Peramuna	Sri Lanka Army	16.82	
4	220	SPP Samaraweera	Sri Lanka Army	17.09	
5	113	SBRP Madhusanka	Sri Lanka Army	18.58	

205 08:30 High Jump (Heptathlon - 2) Women

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	PSN Fernando	Sri Lanka Army	1.44	
2	581	HAN Nawodini	Sri Lanka Air Force	1.44	
3	605	PR Kasuni Diwyanjali	Sri Lanka air Force	1.44	
4	516	HKTD Silva	Unattached	1.29	
5	582	UGD Sandamali	Sri Lanka Air Force	1.29	

206	08:30	LongJump	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	559	SLS Silva	Sri Lanka Army	6.52	+1.4 *NMR
2	621	Anjani Pulwansa	Unattached	6.01	-0.2
3	696	KKRN Abeyrathne	Sri Lanka Army	5.97	+0.9
4	518	KH Nethmi Magawarna	Unattached	5.82	+1.3
5	673	HMN Madushani Herath	Sri Lanka Schools AA	5.71	+0.7
6	544	HD Rashmi Kavindya	Sri Lanka Army	5.51	+1.4
7	524	EMS Upeksha	Gampaha DAA	5.47	+0.9
8	870	WGCR Wickramage	Sri Lanka Schools AA	5.46	+0.9

207	08:45	200m	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	562	MIM Jayamanna	Sri Lanka Army	24.58	0.0
2	509	Shelinda Jansen	Trackmaster SC	24.65	
3	658	WHM Fernando	Sri Lanka Navy	24.97	
4	657	WSN Fernando	Sri Lanka Navy	25.06	
5	525	WV Randi Gayesha	Sri Lanka Schools AA	25.51	
6	626	KS Edirisinghe	Sri Lanka Schools AA	25.77	
7	540	MAD Maduwanthi Apsara	Unattached	25.96	
8	886	W.G.E. Emmeshika	Sri Lanka Universities	26.09	

208	09:00	200m	Men	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	434	ASM Safan	Sri Lanka Army	21.44	N/W
2	241	HM Dilip Ruwan	Sri Lanka Army	21.81	
3	307	HDPD Gayashan	Sri Lanka Army	22.03	
4	483	NBC Sadaruwan	Sri Lanka Army	22.09	
5	170	WPKD Wijerathne	Sri Lanka Army	22.12	
6	239	RA Ishan Maduranga	Sri Lanka Army	22.39	
7	242	KAE Madusanka	Sri Lanka Army	22.39	
8	432	SDN Senanayake	Sri Lanka Army	22.47	

209	09:00	Discus Throw (Decathlon - 7)	Men		
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	38.43	
2	223	GPCR Gunasinghe	Sri Lanka Army	30.81	
3	279	R Satheesan	Sri Lanka Army	29.45	
4	377	WKDS Perera	Sri Lanka Air Force	28.68	
5	243	PRR Lasantha Peramuna	Sri Lanka Army	26.3	
6	445	TPD Fernando	Sri Lanka Army	24.67	
7	220	SPP Samaraweera	Sri Lanka Army	22.98	
8	723	GJU Kumara	Sri Lanka Navy	22.33	
9	323	KMVC Kulathunga	Sri Lanka Army	21.29	
10	113	SBRP Madhusanka	Sri Lanka Army	20.84	

210	09:10	800m	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	646	GTA Aberathna	Sri Lanka Navy	2:01.44	*NSLR
2	577	WKLA Nimali	Sri Lanka Air Force	0	
3	877	DM Tharushi Dilsara Karunaratna	Sri Lanka Schools AA	2:04.40	*NJR
4	575	KGMNA Kumari	Sri Lanka Air Force	2:08.92	

5	563	KS Lakshani	Sri Lanka Army	2:09.14	
6	576	KAD Sandakanthi	Sri Lanka Air Force	2:11.93	
7	865	WGS Lakshani	Sri Lanka Schools AA	2:13.58	
8	585	Vihari Ranasinghe	Unattached	2:16.84	
9	586	Himansi Dulanjana	Sri Lanka Schools AA	2:24.63	
10	533	TMIG Ranasinghe	Sri Lanka Army	2:34.24	

211 09:20
800m
Men
Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	428	GR Chathuranga	Sri Lanka Army	1:50.84	
2	235	BSRT Bulugahapitiya	Sri Lanka Army	1:51.13	
3	289	MMK Kushantha	Sri Lanka Army	1:51.20	
4	296	RP Priyantha Pushpakumara	Sri Lanka Army	1:51.47	
5	306	C Aravindan	Sri Lanka Army	1:51.81	
6	842	LSD Maduranga	Sri Lanka Army	1:54.08	
7	756	KHADM Kumarasinghe	Sri Lanka Army	1:54.39	
8	320	AMBB Aththanayake	Sri Lanka Army	2:00.18	

212 09:45
400m Hurdles (0.762m)
Women
Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	560	EK Madhushani	Sri Lanka Army	58.73	
2	680	Amesha Hettiarachchi	Kandy DAA	1:00.23	*NJR
3	569	NDGN Lakmali	Sri Lanka Air Force	1:01.93	
4	607	GA Shyama Dulani	Sri Lanka Army	1:02.60	
5	873	KHAD Kaushalya	Kandy DAA	1:02.95	
6	528	APMSK Aberathne	Sri Lanka Army	1:03.20	
7	874	RMUY Ratnayake	Sri Lanka Schools AA	1:06.52	

213 09:55
400m Hurdles (0.914m)
Men
Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	843	KM Dhanuka Darshana	Sri Lanka Schools AA	52.17	51.99 (Heat)
2	417	ALAT Rathnasena	Sri Lanka Army	53.01	
3	250	GT Hansaka	Sri Lanka Army	53.43	
4	251	BMLD Banneheka	Sri Lanka Army	54.23	
5	133	KAR Madushan	Sri Lanka Army	54.97	
6	444	JL Prasanjith	Sri Lanka Army	55.72	
7	430	NDK Viduranga	Sri Lanka Army	56.87	

214 10:30
Discus Throw (2.000 kg)
Men
Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	114	SMAMD Saparamadu	Sri Lanka Army	45.61	
2	280	ZIM Aazic	Sri Lanka Army	43.23	
3	381	HMPGDB Rathnayake	Sri Lanka Air Force	42.91	
4	478	NPLK Pathirana	Sri Lanka Army	42.76	
5	710	AM Jayawickrama	Sri Lanka Navy	41.51	
6	283	WDMM Samatnha Dissanayake	Sri Lanka Army	40.75	
7	380	RMSS Ramanayake	Sri Lanka Air Force	40.21	
8	739	KMS Nirishana	Government Services SC (Police SC)	40.17	

215 11:00
Pole Vault (Decathlon - 8)
Men

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	4.30	
2	323	KMVC Kulathunga	Sri Lanka Army	4.20	
3	377	WKDS Perera	Sri Lanka Air Force	4.00	
4	223	GPCR Gunasinghe	Sri Lanka Army	3.90	
5	113	SBRP Madhusanka	Sri Lanka Army	3.80	
6	279	R Satheesan	Sri Lanka Army	3.70	
7	445	TPD Fernando	Sri Lanka Army	3.60	
8	243	PRR Lasantha Peramuna	Sri Lanka Army	3.00	

8	723	GJU Kumara	Sri Lanka Navy	3.00	
10	220	SPP Samaraweera	Sri Lanka Army	3.00	

216 13:00 Shot Put (Heptathlon - 3)

Women

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	PSN Fernando	Sri Lanka Army	8.89	
2	581	HAN Nawodini	Sri Lanka Air Force	8.25	
3	605	PR Kasuni Diwyanjali	Sri Lanka air Force	7.16	
4	582	UGD Sandamali	Sri Lanka Air Force	6.98	
5	516	HKTD Silva	Unattached	6.84	

217 14:30 Discus Throw (1.000kg)

Women

Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	647	PAIMP Perera	Sri Lanka Navy	40.46	
2	600	WMSK Weerasekara	Sri Lanka air Force	39.95	
3	598	AGVV Lakmali	Sri Lanka air Force	39.92	
4	608	HA Maneesha Dilrukshi	Sri Lanka Army	37.14	
5	651	AMCI Athapaththu	Sri Lanka Navy	33.42	
6	894	U Nisuli Sasvindi	Sri Lanka Schools AA	30.89	
7	511	KNi De Silva	Sri Lanka Army	30.16	
8	677	VDV Gimhani	Sri Lanka Navy	29.07	

218 14:30 Long Jump

Men

Final

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	431	DAGJP Wimalasiri	Sri Lanka Army	7.69	(7.61 +1.0) +2.1
2	420	L.P.S.Dhananjaya	Sri Lanka Army	7.63	+0.2
3	213	HBMYPB Herath	Sri Lanka Army	7.60	+0.2
4	124	Hirusha Hashen	Track Master SC	7.44	+1.0
5	365	DM Liyanapathirana	Sri Lanka Air Force	7.21	-0.4
6	850	IK Piyasiri	Sri Lanka Army	7.20	-0.6
7	117	SPSA Gunasiri	Sri Lanka Army	7.08	+0.8
8	357	JMTUK Jayasinghe	Sri Lanka Army	6.84	-0.4

219 15:00 Javelin Throw - 800g (Decathlon - 9)

Men

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	323	KMVC Kulathunga	Sri Lanka Army	56.39	
2	300	MIM Asan	Sri Lanka Army	54.25	
3	377	WKDS Perera	Sri Lanka Air Force	51.53	
4	113	SBRP Madhusanka	Sri Lanka Army	46.83	
5	223	GPCR Gunasinghe	Sri Lanka Army	44.7	
6	723	GJU Kumara	Sri Lanka Navy	41.54	
7	243	PRR Lasantha Peramuna	Sri Lanka Army	40.93	
8	279	R Satheesan	Sri Lanka Army	39.66	
9	445	TPD Fernando	Sri Lanka Army	37.12	
10	220	SPP Samaraweera	Sri Lanka Army	36.86	

220 15:00 100m

Women

Heat - 1

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	551	DTA De Silva	Sri Lanka Army	11.63	+0.0
2	549	MYF Shafiya	Sri Lanka Army	12.01	
3	888	A.M.R. Shiwanthika	Sri Lanka Universities	12.58	
4	525	WV Randi Gayesha	Sri Lanka Schools AA	12.60	
5	530	OMI Sathsarani	Sri Lanka Army	12.81	
6	545	K Pahasara Mathuwanagamage	Sri Lanka Schools AA	12.86	
7	527	RK Senanayake	Sri Lanka Schools AA	13.25	
8	513	MASS Jayathilaka	Sri Lanka Army	13.35	

220	15:00	100m	Women	Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	509	Shelinda Jansen	Trackmaster SC	11.90	+0.7
2	502	DELA Dinara Bandara	Sri Lanka Schools AA	12.18	
3	870	WGCR Wickramage	Sri Lanka Schools AA	12.72	
4	532	WAD Sachintha Wijesingha	Sri Lanka Army	13.02	
5	881	BHC Dewmini	Lanka Lions SC	13.04	
6	314	G Slista	Unattached	13.09	
7	537	KMMWML Kumari Wathupola	Unattached	13.15	
8	547	UT Andrews	Sri Lanka Universities	15.21	

220	15:00	100m	Women	Heat - 3	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	554	WUL Sugandhi	Sri Lanka Army	12.00	+0.7
2	886	W.G.E. Emmeshika	Sri Lanka Universities	12.76	
3	884	M.O. Udayangani	Sri Lanka Universities	13.06	
4	539	Nethmi Silva	Sri Lanka Schools AA	13.58	
5	695	AKM Buddhika	Sri Lanka Schools AA	13.63	
6	609	Shanella Seneviratne	Sri Lanka Schools AA	13.82	
7	613	WAYS Weerakkody	Sri Lanka Army	14.23	

220	15:00	100m	Women	Heat - 4	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	562	MIM Jayamanna	Sri Lanka Army	12.03	
2	619	LWDT Suludagoda	Sri Lanka Schools AA	12.05	
3	544	HD Rashmi Kavindya	Sri Lanka Army	12.70	
4	579	PKSU Madushani	Sri Lanka Air Force	12.78	
5	887	C.M. Benthra	Sri Lanka Universities	13.43	
6	578	KKT Heshani	Sri Lanka Air Force	13.73	
7	548	A Inodara Pathirage	Sri Lanka Universities	14.94	

221	15:15	100m	Men	Heat - 1	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	198	RPKN Chathuranga	Sri Lanka Army	10.64	+1.9
2	170	WPDK Wijerathne	Sri Lanka Army	10.91	
3	781	LRGSS Rajapaksha	Sri Lanka Army	11.03	
4	242	KAE Madusanka	Sri Lanka Army	11.06	
5	831	AWNMXS Nishantha	Sri Lanka Universities	11.89	
6	344	MA Zulfan	Sri Lanka Universities	12.27	
7	497	DD Sadun Diyalawwaha	Sri Lanka Army	12.58	

221	15:15	100m	Men	Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	408	YCM Yodasingha	Sri Lanka Army	10.61	-1.8
2	828	P.G.G.C. Ranaweera	Sri Lanka Universities	10.91	
3	205	JMHS Kavinda	Sri Lanka Army	11.13	
4	161	HSS Kumara	Sri Lanka Army	11.15	
5	327	TMCS Jayashantha	Sri Lanka Army	11.63	
6	225	HKRT Perera	Sri Lanka Army	12.01	
7	857	K.G.M. Dilshan	Ratnapura DAA	12.17	
8	348	LGDUK Senavirathne	Sri Lanka Universities	13.15	

221	15:15	100m	Men	Heat - 3	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	426	BDCS Dharmakeerthi	Sri Lanka Army	10.80	-1.3
2	307	HDPD Gayashan	Sri Lanka Army	11.07	
3	135	KHACV Gunasena	Sri Lanka Army	11.07	
4	432	SDN Senanayake	Sri Lanka Army	11.17	
5	717	MPDMT Jayasinghe	Sri Lanka Navy	11.23	

6	628	Yohan Sri Hansaka	Sri Lanka Schools AA	11.49	
7	750	KAKTP Chandrathilaka	Sri Lanka Army	11.49	
8	830	K.D.I.P. Karunathilake	Sri Lanka Universities	11.82	

221 15:15 100m Men Heat - 4

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	434	ASM Safan	Sri Lanka Army	10.91	-1.3
2	453	KSL Wickramasinghe	Sri Lanka Army	11.02	
3	275	RVGMM Fazil Udayar	Sri Lanka Army	11.03	
4	302	AM Ijaz	Sri Lanka Army	11.09	
5	745	KGP Divyanjana	Sri Lanka Army	11.19	
6	132	PVR Hasarinda	Sri Lanka Army	11.56	
7	110	WAN Dilruksha	Sri Lanka Army	11.68	

221 15:15 100m Men Heat - 5

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	470	TMDs Rathnasiri	Sri Lanka Army	10.86	-2.2
2	483	NBC Sadaruwan	Sri Lanka Army	11.12	
3	160	KD Anuja Prabashwara	Sri Lanka Army	11.29	
4	627	KKMT Sathsara Rashmi	Sri Lanka Schools AA	11.30	
5	126	DMMM Desananayaka	Sri Lanka Army	11.38	
6	350	DMNK Bandara	Sri Lanka Schools AA	11.44	
7	362	K Kavinda	Sri Lanka Air Force	11.57	
8	768	SDK De Silva	Sri Lanka Schools AA	12.03	

221 15:15 100m Men Heat - 6

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	304	ANJ Wijesekara	Sri Lanka Army	10.81	+0.7
2	415	MVS De Silva	Sri Lanka Army	10.98	
3	733	TB Udagedara	Sri Lanka Schools AA	11.27	
4	128	SDAD Sandaruwan	Sri Lanka Army	11.42	
5	390	M Prem Thas	Sri Lanka Army	11.54	
6	140	DPT Kushan	Sri Lanka Army	11.81	
7	827	NWN Indumina Silva	Sri Lanka Schools AA	12.01	
8	111	PGLM Bandara	Sri Lanka Army	12.17	

221 15:15 100m Men Heat - 7

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	419	FDC Piyumal	Sri Lanka Army	10.79	+0.7
2	335	ALM Ashrof	Sri Lanka Army	10.90	
3	130	URSS Bandara	Sri Lanka Army	11.25	
4	265	YDN Fernando	Sri Lanka Army	11.39	
5	491	NPJJ Swarnapala	Sri Lanka Army	11.46	
6	829	W.R. Rashan Viharsha	Sri Lanka Universities	11.69	
7	386	MD Dinidu	Sri Lanka Army	11.74	

222 15:45 200m (Heptathlon - 4) Women

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	PSN Fernando	Sri Lanka Army	25.95	
2	516	HKTD Silva	Unattached	26.36	
3	582	UGD Sandamali	Sri Lanka Air Force	26.42	
4	581	HAN Nawodini	Sri Lanka Air Force	27.23	
5	605	PR Kasuni Diwyanjali	Sri Lanka Air Force	27.91	

223 16:00 400m Women Heat - 1

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	557	R Nadeesha	Sri Lanka Army	53.73	
2	616	MHJ Uththaraa	Sri Lanka Schools AA	54.96	
3	680	Amesha Hettiarachchi	Kandy DAA	56.89	

4	693	UKSCP Bandara	Kagalle DAA	57.72	
5	505	GDKS Jayasinghe	Sri Lanka Army	58.29	
6	630	PGY Nilumindi Yapa	Sri Lanka Schools AA	59.04	
7	540	MAD Maduwanthi Apsara	Unattached	1:07.03	

223	16:00	400m	Women	Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	877	DM Tharushi Dilsara Karunaratna	Sri Lanka Schools AA	54.43	
2	560	EK Madhushani	Sri Lanka Army	56.08	
3	657	WSN Fernando	Sri Lanka Navy	56.31	
4	525	WV Randi Gayesha	Sri Lanka Schools AA	57.45	
5	626	KS Edirisinghe	Sri Lanka Schools AA	57.85	
6	865	WGS Lakshani	Sri Lanka Schools AA	58.58	

223	16:00	400m	Women	Heat - 3	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	617	B Sayuri Lakshima Mendis	Sri Lanka Schools AA	55.74	
2	885	M.A.N.H. Fernando	Sri Lanka Universities	56.13	
3	658	WHM Fernando	Sri Lanka Navy	57.77	
4	563	KS Lakshani	Sri Lanka Army	58.34	
5	661	S. Sewmini Serasinghe	SL Schools AA	1:00.75	
6	606	MG Charuni Pramudika	Sri Lanka air Force	1:01.80	

224	16:15	400m	Men	Heat - 1	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	409	HVD Deshan	Sri Lanka Army	47.43	
2	241	HM Dilip Ruwan	Sri Lanka Army	48.19	
3	789	WGIL Jayathissa	Sri Lanka Army	48.40	
4	139	GR Dilanka	Sri Lanka Army	50.07	
5	842	LSD Maduranga	Sri Lanka Army	50.72	
6	265	YDN Fernando	Sri Lanka Army	50.73	
7	129	MKS Lakshan	Sri Lanka Army	50.88	
8	498	KWDS Dayananda	Sri Lanka Army	52.94	

224	0:00	400m	Men	Heat - 2	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	282	RPAD Predeep Ruwan Kumara	Sri Lanka Army	47.82	
2	240	PMPL Kodikara	Sri Lanka Army	48.07	
3	441	DSRMYS Samatanayaka	Sri Lanka Army	48.73	
4	744	DKGL Weerasinghe	Sri Lanka Army	49.68	
5	448	PAJ Kumara	Sri Lanka Army	51.24	
6	204	JHMS Jayaweera	Sri Lanka Army	51.61	
7	411	KGD Siranga	Sri Lanka Army	52.94	
8	802	MMKM Marasinghe	Sri Lanka Army	53.27	

224	16:15	400m	Men	Heat - 3	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	414	RMRN Rajakaruna	Sri Lanka Army	47.66	
2	101	Pasindu Gunawardana	Sri Lanka Schools AA	47.97	
3	395	MGA Premakumara	Sri Lanka Army	48.13	
4	360	GV Udayanga	Sri Lanka Air Force	50.60	
5	764	AGLMC Sandharuwan	Sri Lanka Army	51.26	
6	803	RPK Waduge	Kandy DAA	51.38	
7	769	Dinal Sudeera	Sri Lanka Schools AA	53.7	
8	746	SG Wijesiriwardhana	Matara DAA	55.59	

224	16:15	400m	Men	Heat - 4	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	438	SA Darshana	Sri Lanka Army	47.02	

2	429	AMLP Gunarathne	Sri Lanka Army	48.36	
3	239	RA Ishan Maduranga	Sri Lanka Army	48.58	
4	450	PMK Vithana	Sri Lanka Army	48.98	
5	264	SMASM Subasinghe	Sri Lanka Navy	49.00	
6	853	BKAU Anjula Priyashantha	Sri Lanka Army	50.37	
7	109	PGHM Kumarasiri	Sri Lanka Army	51.02	
8	714	GGGNS Suraweewa	Sri Lanka Navy	52.49	

224 16:15 400m Men Heat - 5

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	433	GDKK Pabasara Niku	Sri Lanka Army	46.99	
2	484	HDR Madushan	Sri Lanka Army	47.69	
3	361	MGDDM Silva	Sri Lanka Air Force	48.36	
4	471	HKMS Jayalal	Sri Lanka Army	48.77	
5	325	SD Yapa	Sri Lanka Army	50.51	
6	266	DGHM Aberathna	Sri Lanka Army	52.18	
7	171	TPVK Fernando	Sri Lanka Army	52.76	
8	238	DDR Kumara	Sri Lanka Army	53.71	

224 16:15 400m Men Heat - 6

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	416	RPI Lakshan	Sri Lanka Army	47.61	
2	843	KM Dhanuka Darshana	Sri Lanka Schools AA	49.88	
3	762	AMSS Adhikari	Sri Lanka Army	50.46	
4	272	SHM Ajith Gunathilaka	Sri Lanka Army	50.81	
5	351	HLK Dulshan	Sri Lanka Schools AA	51.04	
6	313	PGSS Nawarathne	Unattached	51.50	
7	270	RPD Hemamal	Sri Lanka Army	51.92	
8	392	RMDD Rathnayake	Sri Lanka Army	52.88	

224 16:15 400m Men Heat - 7

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	410	HKK Kumarage	Sri Lanka Army	48.09	
2	301	BM Nawshad	Sri Lanka Army	49.13	
3	284	WL Chulaka De Silva	Sri Lanka Army	50.11	
4	256	NAP Karunathilaka	Sri Lanka Army	50.97	
5	832	S.A.D.K.L. Samarasinghe	Sri Lanka Universities	51.96	
6	490	SDYS Wijethunga	Sri Lanka Army	52.12	
7	267	NMP Jayathilaka	Sri Lanka Army	53.15	
8	388	RS Prasanna	Sri Lanka Army	53.73	

225 16:45 1500m Men Heat - 1

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	737	RADH Kumara	Government Services SC (Police SC)	3:50.24	
2	359	ADL Prathapa	Sri Lanka Air Force	3:52.60	
3	709	LPPP Amarasiri	Sri Lanka Navy	3:55.20	
4	334	RM Sajeewa Lakmal	Sri Lanka Army	3:56.35	
5	457	PKCS Somawardana	Sri Lanka Army	3:57.76	
6	236	VAD Kuimara	Sri Lanka Army	4:02.86	
7	787	SMM Siddeek	Sri Lanka Army	4:06.68	
8	752	KLSU Kumara	Sri Lanka Army	4:07.97	
9	371	WBM Samaraweera	Sri Lanka Air Force	4:08.89	

225 16:45 1500m Men Heat - 2

Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	293	S Chandradasa	Sri Lanka Army	4:00.40	
2	316	Muditha Viduranga	Sri Lanka Army	4:00.83	
3	389	MTAK Sameera	Sri Lanka Army	4:02.01	

4	153	VG Lahiru Madusanka	Sri Lanka Army	4:02.96	
5	233	RP Nishantha	Sri Lanka Army	4:04.24	
6	342	MLS Wickramasinghe	Sri Lanka Army	4:04.84	
7	259	HMS Karunarathna	Sri Lanka Army	4:04.88	
8	758	AS Kumara	Sri Lanka Army	4:06.54	
9	273	ARD Suriya Bandara	Sri Lanka Army	4:06.83	

225	16:45	1500m	Men	Heat - 3	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	479	V Vakson	Sri Lanka Army	3:57.84	
2	326	S Praveen	Sri Lanka Army	3:58.79	
3	232	KDNC Wijesinghe	Sri Lanka Army	3:59.14	
4	465	HKT Fonseka	Sri Lanka Army	4:00.01	
5	305	HS Sankalpa	Sri Lanka Army	4:00.75	
6	147	RMCDM Rathnayaka	Sri Lanka Army	4:01.95	
7	299	HAR Habarakada	Sri Lanka Army	4:02.04	
8	142	RDBN Wimalasiri	Sri Lanka Army	4:02.88	
9	720	WGJ Madushanka	Sri Lanka Navy	4:03.95	

226	17:00	1500m (Decathlon -10)	Men		
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	4:42.69	
2	279	R Satheesan	Sri Lanka Army	4:45.68	
3	323	KMVC Kulathunga	Sri Lanka Army	4:49.08	
4	445	TPD Fernando	Sri Lanka Army	4:52.30	
5	223	GPCR Gunasinghe	Sri Lanka Army	4:52.39	
6	377	WKDS Perera	Sri Lanka Air Force	5:09.98	
7	243	PRR Lasantha Peramuna	Sri Lanka Army	5:13.45	
8	113	SBRP Madhusanka	Sri Lanka Army	5:20.51	
9	723	GJU Kumara	Sri Lanka Navy	5:33.53	

		Decathlon	Men	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	300	MIM Asan	Sri Lanka Army	7172	
2	377	WKDS Perera	Sri Lanka Air Force	6307	
3	223	GPCR Gunasinghe	Sri Lanka Army	5950	
4	279	R Satheesan	Sri Lanka Army	5927	
5	323	KMVC Kulathunga	Sri Lanka Army	5660	
6	445	TPD Fernando	Sri Lanka Army	5447	
7	243	PRR Lasantha Peramuna	Sri Lanka Army	5321	
8	113	SBRP Madhusanka	Sri Lanka Army	4645	
9	723	GJU Kumara	Sri Lanka Navy	4412	

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301	7:00	10000m	Men	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	179	DMDS Dissanayake	Sri Lanka Army	30:48.75	
2	278	HDSD Gunasekara	Sri Lanka Army	30:56.99	
3	804	DND Sandaruwan	Sri Lanka Army	30:59.48	
4	298	GK Dilum Madusanka	Sri Lanka Army	31:17.35	
5	193	WMNG Aberathne	Sri Lanka Army	31:33.51	
6	373	TW Rathnapala	Sri Lanka Air Force	31:35.86	
7	230	SAAL Srimanna	Sri Lanka Army	31:36.52	
8	458	KKL Pramod	Sri Lanka Army	31:43.05	
9	190	GPAJK Bandara	Sri Lanka Army	31:51.52	

302	7:45	5000m	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	572	ANL Ariyadasa	Sri Lanka Air Force	16:56.08	
2	515	HMSD Herath	Sri Lanka Army	17:25.99	
3	534	WMN Nidarshani	Sri Lanka Army	17:29.14	
4	535	MGTKK Sugathapala	Sri Lanka Army	17:37.86	
5	660	Maduwanthi Apsara	Sri Lanka Army	18:14.08	
6	514	HWC Damayanthi	Sri Lanka Army	18:16.48	
7	659	A Anusha	Sri Lanka Navy	18:37.51	
8	671	DCM De Silva	Sri Lanka Navy	19:36.02	
9	642	WH Madumali	Sri Lanka Universities	19:47.99	

303	08:00	Long Jump (Heptathlon - 5)	Women		
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	PSN Fernando	Sri Lanka Army	5.45	
2	581	HAN Nawodini	Sri Lanka Air Force	5.24	
3	605	PR Kasuni Diwyanjali	Sri Lanka air Force	5.20	
4	582	UGD Sandamali	Sri Lanka Air Force	5.00	
5	516	HKTD Silva	Unattached	4.63	

312	11:30	Javelin Throw - 600g (Heptathlon - 6)	Women		
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	PSN Fernando	Sri Lanka Army	29.31	
2	605	PR Kasuni Diwyanjali	Sri Lanka air Force	23.79	
3	581	HAN Nawodini	Sri Lanka Air Force	20.38	
4	516	HKTD Silva	Unattached	19.43	
5	582	UGD Sandamali	Sri Lanka Air Force	14.6	

320	16:15	800m (Heptathlon -7)	Men	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	PSN Fernando	Sri Lanka Army	2:23.64	
2	582	UGD Sandamali	Sri Lanka Air Force	2:27.58	
3	581	HAN Nawodini	Sri Lanka Air Force	2:33.08	
4	516	HKTD Silva	Unattached	2:47.17	
5	605	PR Kasuni Diwyanjali	Sri Lanka air Force	2:52.07	

		Heptathlon	Women	Final	
Place	BIB No:	Name of Player	Affiliate	Performance	Remarks
1	504	3	Sri Lanka Army	4569	
2	581	HAN Nawodini	Sri Lanka Air Force	3805	
3	582	UGD Sandamali	Sri Lanka Air Force	3604	
4	605	PR Kasuni Diwyanjali	Sri Lanka air Force	3579	
5	516	HKTD Silva	Unattached	3181	