



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

Men Results

| E No 215 100m Men | | | | Heats | | 1 |
|-------------------|-----|-------------------------|------------------------|----------|-------------|---------|
| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
| 1 | 193 | Ajith Premakumara MGA | SL Army | 19911012 | 10.73 | ,+1.0 |
| 2 | 258 | Themiya Kumara UAS | SL Army | 20040803 | 10.79 | |
| 3 | 242 | Dimuth Gayashan HDP | SL Army | 19990326 | 10.86 | |
| 4 | 223 | NMPP Silva | SL Army | 20031101 | 11.04 | |
| 5 | 299 | Suthera Rajapaksha LRGS | SL Army | 19991214 | 11.05 | |
| 6 | 222 | Sathasra Rashmika KMT | SL Army | 20040624 | 11.06 | |
| 7 | 112 | Viharsha WRR | Sri Lanka Universities | 20000620 | 11.47 | |
| | 160 | Diviyanjana KGP | SL Army | 20000804 | DNF | |

| E No 215 100m Men | | | | Heats | | 2 |
|-------------------|-----|-----------------------------|-----------|----------|-------------|---------|
| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
| 1 | 278 | Mahinsasa Yodasinghe YC | SL Army | 20000128 | 10.61 | ,+0.5 |
| 2 | 187 | Kumara Wijerathna WPD | SL Army | 19920620 | 10.95 | |
| 3 | 202 | Nimesh Chathuranga RPK | SL Army | 19990408 | 10.98 | |
| 4 | 192 | Sadun Diyalawaththa | SL Army | 20020610 | 11.00 | |
| 5 | 162 | Lakshitha Wickramasinghe KS | SL Army | 19940822 | 11.18 | |
| 6 | 256 | Santhush Weerasinghe AS | SL Army | 20011107 | 11.29 | |
| 7 | 154 | Indika KI | SL Army | 19970518 | 11.29 | |
| 8 | 231 | Suranjaya De Silva MVS | SL Army | 19950109 | 11.82 | |

| E No 215 100m Men | | | | Heats | | 3 |
|-------------------|-----|----------------------------|-----------------|----------|-------------|---------|
| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
| 1 | 288 | Sadeepa Dharmakeerthi BDC | SL Army | 19990325 | 10.71 | ,+1.5 |
| 2 | 188 | Hashan Gamlath DP | SL Army | 20001122 | 10.79 | |
| 3 | 333 | Bashitha Udagedara T | Hambanthota DAA | 20031227 | 10.80 | |
| 4 | 132 | Safan ASM | SL Army | 19980206 | 10.81 | |
| 5 | 144 | Kumara HSS | SL Army | 19960107 | 11.09 | |
| 6 | 110 | Samly MUA | Ampara DAA | 19960220 | 11.24 | |
| 7 | 298 | Pathum Chandrathilaka KAKT | SL Army | 19990115 | 11.27 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 215 **100m Men**

Heats 4

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------------|------------|----------|-------------|---------|
| 1 | 236 | Chalith Piyumal FD | SL Army | 20020130 | 10.77 | ,+1.5 |
| 2 | 344 | Deneth Senanayake SDN | SL Army | 20010411 | 10.90 | |
| 3 | 227 | Fazil Udayar RVGMM | SL Army | 19950103 | 10.93 | |
| 4 | 338 | Lahiru Theekshana WA | Unattached | 20040710 | 11.16 | |
| 5 | 297 | Sadaruwan Abeywickramasinghe CS | SL Army | 19930628 | 11.31 | |
| 6 | 271 | Kavishwara Sadeesha SK | SL Army | 20030129 | 11.31 | |
| 7 | 301 | Safeer Ali MH | Ampara DAA | 19980609 | 11.49 | |

E No 241 **100m Men**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|-----------------|----------|-------------|---------|
| 1 | 278 | Mahinsasa Yodasinghe YC | SL Army | 20000128 | 10.50 | -1.3 |
| 2 | 236 | Chalith Piyumal FD | SL Army | 20020130 | 10.74 | |
| 3 | 188 | Hashan Gamlath DP | SL Army | 20001122 | 10.81 | |
| 4 | 193 | Ajith Premakumara MGA | SL Army | 19911012 | 10.85 | |
| 5 | 242 | Dimuth Gayashan HDP | SL Army | 19990326 | 10.89 | |
| 6 | 333 | Bashitha Udagedara T | Hambanthota DAA | 20031227 | 10.97 | |
| 7 | 258 | Themiya Kumara UAS | SL Army | 20040803 | 10.98 | |
| 8 | 132 | Safan ASM | SL Army | 19980206 | 11.00 | |

E No 117 **200m Men**

Heats 1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------------|-----------|----------|-------------|---------|
| 1 | 132 | Safan ASM | SL Army | 19980206 | 21.28 | ,+0.4 |
| 2 | 241 | Isuru Lakshan RP | SL Army | 19990913 | 21.51 | |
| 3 | 193 | Ajith Premakumara MGA | SL Army | 19911012 | 21.53 | |
| 4 | 324 | Dinesh Kumar SK | SL Army | 20010308 | 22.06 | |
| 5 | 162 | Lakshitha Wickramasinghe KS | SL Army | 19940822 | 22.38 | |
| 6 | 219 | Chamidu Prabath HD | SL Army | 19991030 | 22.39 | |
| 7 | 256 | Santhush Weerasinghe AS | SL Army | 20011107 | 22.46 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 117 200m Men

Heats 2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|-----------|----------|-------------|---------|
| 1 | 131 | Dharshana SA | SL Army | 19990119 | 21.09 | ,+0.4 |
| 2 | 344 | Deneth Senanayake SDN | SL Army | 20010411 | 21.77 | |
| 3 | 213 | Samodya Samaranayaka | SL Army | 19960305 | 22.15 | |
| 4 | 194 | Dilip Ruwan MH | SL Army | 19910704 | 22.21 | |
| 5 | 188 | Hashan Gamlath DP | SL Army | 20001122 | 22.22 | |
| 6 | 192 | Sadun Diyalawaththa | SL Army | 20020610 | 22.24 | |
| 7 | 270 | Eranga Madusanka KA | SL Army | 19930228 | 22.78 | |

E No 131 200m Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|-----------|----------|-------------|---------|
| 1 | 131 | Dharshana SA | SL Army | 19990119 | 21.03 | ,0.2 |
| 2 | 132 | Safan ASM | SL Army | 19980206 | 21.50 | |
| 3 | 241 | Isuru Lakshan RP | SL Army | 19990913 | 21.71 | |
| 4 | 344 | Deneth Senanayake SDN | SL Army | 20010411 | 21.77 | |
| 5 | 193 | Ajith Premakumara MGA | SL Army | 19911012 | 21.86 | |
| 6 | 213 | Samodya Samaranayaka | SL Army | 19960305 | 22.13 | |
| 7 | 324 | Dinesh Kumar SK | SL Army | 20010308 | 22.40 | |
| 8 | 194 | Dilip Ruwan MH | SL Army | 19910704 | DNF | |

E No 217 400m Men

Heats 1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|-----------------------|----------|-------------|---------|
| 1 | 240 | Dinuka Deshan H | SL Army | 20001005 | 46.63 | |
| 2 | 230 | Neranan Rajakaruna RMR | SL Army | 19970103 | 47.44 | |
| 3 | 261 | Bans Abeywardana IK | SL Army | 20030116 | 47.75 | |
| 4 | 189 | Anjula Priyashantha BKAU | SL Army | 20010513 | 49.48 | |
| 5 | 224 | Lakmal Jayathissa WGI | SL Army | 20000812 | 49.68 | |
| 6 | 180 | Sakunthak Jayalal HKM | SL Army | 19980320 | 50.16 | |
| 7 | 340 | Gayanth Dilshan PG | Srilak Athletics Club | 20031211 | 51.47 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

| E No 217 400m Men | | | | | Heats | 2 |
|-------------------|-----|---------------------------|-----------|----------|-------------|---------|
| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
| 1 | 233 | Kalinga Kumarage HK | SL Army | 19920325 | 46.76 | |
| 2 | 135 | Pabasara Niku GDKK | SL Army | 19990714 | 46.90 | |
| 3 | 145 | Ishan Maduranga RA | SL Army | 20010425 | 47.46 | |
| 4 | 241 | Isuru Lakshan RP | SL Army | 19990913 | 47.50 | |
| 5 | 204 | Milnuwan Weerasinghe NHPB | SL Army | 20020209 | 48.83 | |
| 6 | 200 | Amila Sanjiwa BM | SL Army | 19981017 | 50.39 | |
| 7 | 152 | Vithana PMK | SL Army | 19970216 | 50.59 | |

| E No 217 400m Men | | | | | Heats | 3 |
|-------------------|-----|---------------------------|--------------|----------|-------------|---------|
| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
| 1 | 136 | Kodikara PMPL | SL Army | 19990516 | 46.59 | |
| 2 | 131 | Dharshana SA | SL Army | 19990119 | 48.21 | |
| 3 | 243 | Ruwan Kumara RPADP | SL Army | 19940131 | 48.59 | |
| 4 | 311 | Madhusanka Silva MGDD | SL Air Force | 19871130 | 48.85 | |
| 5 | 272 | Kumara Silva KV | SL Army | 20040129 | 49.44 | |
| 6 | 343 | Maduranga Subasinghe SMAS | SL Navy | 19901022 | 50.01 | |

| E No 243 400m Men | | | | | Final | |
|-------------------|-----|--------------------------|-----------|----------|-------------|---------|
| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
| 1 | 233 | Kalinga Kumarage HK | SL Army | 19920325 | 45.83 | |
| 2 | 131 | Dharshana SA | SL Army | 19990119 | 45.96 | |
| 3 | 136 | Kodikara PMPL | SL Army | 19990516 | 46.08 | |
| 4 | 240 | Dinuka Deshan H | SL Army | 20001005 | 46.26 | |
| 5 | 230 | Neranjana Rajakaruna RMR | SL Army | 19970103 | 46.99 | |
| 6 | 145 | Ishan Maduranga RA | SL Army | 20010425 | 47.96 | |
| 7 | 135 | Pabasara Niku GDKK | SL Army | 19990714 | DNF | |

| E No 108 800m Men | | | | | Heats | 1 |
|-------------------|-----|--------------------------|-----------------------|----------|-------------|---------|
| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
| 1 | 239 | Bandara Aththanayaka AMS | SL Army | 20001010 | 1:54.14 | |
| 2 | 179 | Gayana Kumara H | SL Army | 19990921 | 1:54.39 | |
| 3 | 254 | Rukshan Habarakada HA | SL Army | 19980729 | 1:54.60 | |
| 4 | 169 | Maduranga LSD | SL Army | 19930413 | 1:54.93 | |
| 5 | 126 | Pansilu Giridara GAA | SL Army | 20040209 | 1:55.84 | |
| 6 | 183 | Kumara Perera GSR | SL Army | 19940416 | 1:56.84 | |
| 7 | 341 | Senura Gunarathne MAS | Srilak Athletics Club | 20021211 | 2:00.64 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 108 **800m Men**

Heats 2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|-----------|----------|-------------|---------|
| 1 | 262 | Sanjaya Srinath M | SL Army | 20020403 | 1:53.01 | |
| 2 | 253 | Priyantha Pushpakumara RP | SL Army | 19960212 | 1:54.16 | |
| 3 | 263 | Sandeepa Wickramasinghe ML | SL Army | 20020116 | 1:56.15 | |
| 4 | 296 | Kumara Edirisinghe PDH | SL Army | 19940527 | 1:56.29 | |
| 5 | 186 | Saraf R | SL Army | 20010810 | 1:56.45 | |
| 6 | 171 | Tharaka Fonseka HKT | SL Army | 19910803 | 1:56.53 | |
| 7 | 247 | Hasitha Piyumal EA | SL Army | 20020722 | 1:56.81 | |
| 8 | 168 | Jayasinghe HGSP | SL Army | 20040310 | 2:03.56 | |

E No 108 **800m Men**

Heats 3

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------------|------------|----------|-------------|---------|
| 1 | 322 | Dhananjaya Bulugahapitiya BN | SL Army | 20020112 | 1:55.06 | |
| 2 | 252 | Aravindan C | SL Army | 19991122 | 1:55.87 | |
| 3 | 293 | Damith Kumara WA | SL Army | 19920710 | 1:56.57 | |
| 4 | 129 | Thennakoon WMTG | SL Army | 20020205 | 1:56.88 | |
| 5 | 155 | Wedagedara WNSK | SL Army | 19890904 | 1:57.53 | |
| 6 | 196 | Ekanayaka EMRSK | SL Army | 19961114 | 1:58.55 | |
| 7 | 220 | Chamara Wijesinghe KDN | SL Army | 19970220 | 1:59.85 | |
| 8 | 330 | Jeewaka Rukantha MA | Unattached | 19960503 | 2:04.64 | |

E No 133 **800m Men**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------------|-----------|----------|-------------|---------|
| 1 | 252 | Aravindan C | SL Army | 19991122 | 1:50.87 | |
| 2 | 239 | Bandara Aththanayaka AMS | SL Army | 20001010 | 1:51.03 | |
| 3 | 179 | Gayana Kumara H | SL Army | 19990921 | 1:51.20 | |
| 4 | 262 | Sanjaya Srinath M | SL Army | 20020403 | 1:51.24 | |
| 5 | 322 | Dhananjaya Bulugahapitiya BN | SL Army | 20020112 | 1:51.57 | |
| 6 | 253 | Priyantha Pushpakumara RP | SL Army | 19960212 | 1:52.27 | |
| 7 | 169 | Maduranga LSD | SL Army | 19930413 | 1:58.00 | |
| 8 | 254 | Rukshan Habarakada HA | SL Army | 19980729 | DNF | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 145 **1500m Men**

Heats 1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|-----------|----------|-------------|-----------|
| 1 | 276 | Nifras RM | SL Army | 19960803 | 3:56.2 | Hand Time |
| 2 | 262 | Sanjaya Srinath M | SL Army | 20020403 | 3:56.4 | |
| 3 | 260 | Chandradasan S | SL Army | 19950304 | 3:56.5 | |
| 4 | 182 | Muditha Viduranga HA | SL Army | 19960622 | 3:56.6 | |
| 5 | 220 | Chamara Wijesinghe KDN | SL Army | 19970220 | 3:56.7 | |
| 6 | 263 | Sandeepa Wickramasinghe ML | SL Army | 20020116 | 3:58.4 | |
| 7 | 286 | Kalpa Sameera MTA | SL Army | 19940629 | 3:58.9 | |

E No 145 **1500m Men**

Heats 2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|----------------------------|----------|-------------|-----------|
| 1 | 178 | Vakson V | SL Army | 19971019 | 3:57.6 | Hand Time |
| 2 | 292 | Nuwan Wimalasiri RDB | SL Army | 19990115 | 3:57.8 | |
| 3 | 254 | Rukshan Habarakada HA | SL Army | 19980729 | 3:58.8 | |
| 4 | 275 | Praveen S | SL Army | 19970324 | 3:59.5 | |
| 5 | 173 | Kumara Fernando WS | SL Army | 19900725 | 4:00.7 | |
| 6 | 323 | Dammika Wijesurooriya GR | SL Army | 20010903 | 4:02.9 | |
| 7 | 759 | Buddika Rashmikara TWMP | Kirillawala CC - Kadawatha | 20060613 | 4:05.9 | |
| 8 | 167 | Somawardana RKCS | SL Army | 19900916 | 4:06.6 | |
| 9 | 274 | Sanjaya Dilshan SMV | SL Army | 19950219 | 4:10.4 | |

E No 204 **1500m Men**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|-----------|----------|-------------|---------|
| 1 | 178 | Vakson V | SL Army | 19971019 | 3:51.82 | |
| 2 | 260 | Chandradasan S | SL Army | 19950304 | 3:52.70 | |
| 3 | 254 | Rukshan Habarakada HA | SL Army | 19980729 | 3:55.82 | |
| 4 | 276 | Nifras RM | SL Army | 19960803 | 3:56.77 | |
| 5 | 220 | Chamara Wijesinghe KDN | SL Army | 19970220 | 3:57.64 | |
| 6 | 263 | Sandeepa Wickramasinghe ML | SL Army | 20020116 | 4:00.39 | |
| 7 | 323 | Dammika Wijesurooriya GR | SL Army | 20010903 | 4:04.52 | |
| 8 | 275 | Praveen S | SL Army | 19970324 | 4:14.52 | |
| | | 292,262,182,292,173 | | | DNF | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 102 5000m Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------|---------------------|----------|-------------|---------|
| 1 | 115 | Kumara RADH | Government Services | 19910220 | 14:28.94 | |
| 2 | 178 | Vakson V | SL Army | 19971019 | 14:39.71 | |
| 3 | 163 | Prasan JK | SL Army | 20000204 | 14:57.66 | |

E No 206 10000m Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------|--------------|----------|-------------|---------|
| 1 | 277 | Dilshan Gunasekara HDS | SL Army | 19930802 | 31:15.63 | |
| 2 | 128 | Shanmugeshwaran K | SL Army | 19911116 | 31:16.08 | |
| 3 | 316 | Dilan Sadaruwan DG | SL Army | 19910919 | 32:45.16 | |
| 4 | 109 | Mohamed MS | Kalutara DAA | 19980920 | 33:38.14 | |
| 5 | 329 | Madusha Madusanka JA | Unattached | 19971227 | 34:34.00 | |
| 6 | 320 | Himantha Karuna KGN | SL Army | 19980213 | 34:38.99 | |

E No 225 110mH Men

Heats

1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|------------|----------|-------------|---------|
| 1 | 102 | Lakvijaya IGJI | Unattached | 20001029 | 14.26 | ,0.0 |
| 2 | 295 | Dhananjaya Ariyaratna | SL Army | 19940605 | 14.67 | |
| 3 | 208 | Madushanka Jayasekara JMC | SL Army | 20000331 | 15.22 | |
| 4 | 141 | Hasithakumara EGE | SL Army | 19890611 | 15.45 | |
| 5 | 119 | Kusum Kumara PP | SL Army | 19890107 | 15.68 | |
| 6 | 116 | Kodagoda GS | SL Army | 19960429 | 15.98 | |

E No 225 110mH Men

Heats

2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------|--------------|----------|-------------|---------|
| 1 | 104 | Bandara DMNK | Unattached | 20030626 | 14.36 | ,+0.1 |
| 2 | 331 | Kawshalya Dias BAS | Unattached | 20020312 | 14.82 | |
| 3 | 246 | Dammika Ranathunga RRD | SL Army | 19980510 | 14.91 | |
| 4 | 291 | Nasik ANM | SL Army | 19990212 | 15.51 | |
| 5 | 313 | Ishara Perera KR | SL Air Force | 19940514 | 16.27 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 233 **110mH Men**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|------------|----------|-------------|---------|
| 1 | 246 | Dammika Ranathunga RRD | SL Army | 19980510 | 14.15 | -1.3 |
| 2 | 102 | Lakvijaya IGJI | Unattached | 20001029 | 14.27 | |
| 3 | 295 | Dhananjaya Ariyaratna | SL Army | 19940605 | 14.91 | |
| 4 | 331 | Kawshalya Dias BAS | Unattached | 20020312 | 14.97 | |
| 5 | 291 | Nasik ANM | SL Army | 19990212 | 15.07 | |
| 6 | 208 | Madushanka Jayasekara JMC | SL Army | 20000331 | 15.31 | |
| 7 | 141 | Hasithakumara EGE | SL Army | 19890611 | 15.67 | |
| 8 | 104 | Bandara DMNK | Unattached | 20030626 | 26.17 | |

E No 114 **400mH Men**

Heats

1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|-------------------|----------|-------------|---------|
| 1 | 199 | Kanila Viduranga NK | SL Army | 19921317 | 53.09 | |
| 2 | 190 | Pasindu Punsara BP | SL Army | 20010504 | 53.46 | |
| 3 | 248 | Nawshard BM | SL Army | 19960802 | 54.33 | |
| 4 | 305 | Indrajith Rathnasena ALA | SL Air Force | 19920920 | 55.11 | |
| 5 | 105 | Harshana KPD | Unattached | 20030305 | 55.34 | |
| 6 | 332 | Chathuranga Abesekara AMI | Sri Lanka Schools | 20040304 | 58.30 | |

E No 114 **400mH Men**

Heats

2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|----------------------------|----------|-------------|---------|
| 1 | 106 | Darshana KMD | Sri Lak Athletics Club | 20031113 | 52.26 | |
| 2 | 755 | Liyanage AAK | Ambagamuwa Central College | 20060116 | 52.88 | |
| 3 | 143 | Banneheka BMLD | SL Army | 19951201 | 55.62 | |
| 4 | 216 | Randima Madushan KA | SL Army | 19930509 | 56.21 | |
| 5 | 176 | Lahiru Prasanjith J | SL Army | 19940503 | 57.13 | |
| 6 | 265 | Hansaka Colambaarachchi YS | SL Army | 20020501 | 57.58 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

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Heats and Final Results

E No 137 400mH Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------|----------------------------|----------|-------------|---------|
| 1 | 106 | Darshana KMD | Sri Lak Athletics Club | 20031113 | 52.03 | |
| 2 | 755 | Liyanage AAK | Ambagamuwa Central College | 20060116 | 53.42 | |
| 3 | 248 | Nawshard BM | SL Army | 19960802 | 53.61 | |
| 4 | 199 | Kanila Viduranga NK | SL Army | 19921317 | 53.65 | |
| 5 | 190 | Pasindu Punsara BP | SL Army | 20010504 | 53.69 | |
| 6 | 143 | Banneheka BMLD | SL Army | 19951201 | 55.16 | |
| 7 | 105 | Harshana KPD | Unattached | 20030305 | 55.71 | |
| 8 | 216 | Randima Madushan KA | SL Army | 19930509 | 57.01 | |

E No 235 3000m SC Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|-----------|----------|-------------|---------|
| 1 | 133 | Gunarathna TMLC | SL Army | 19970321 | 9:03.66 | |
| 2 | 290 | Bandara Herath HMEUB | SL Army | 19950830 | 9:05.83 | |
| 3 | 201 | Karunarathna Banda HMS | SL Army | 19870801 | 9:24.07 | |
| 4 | 210 | Prasanna Dissanayaka MAL | SL Army | 20000628 | 9:54.72 | |
| 5 | 315 | Pasindu Kavishka MA | SL Army | 20031209 | 10:53.47 | |

E No 210 High Jump Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|--------------|----------|-------------|---------|
| 1 | 137 | Dulmin SR | SL Army | 20050528 | 2.08 | |
| 2 | 125 | Dasun SAT | SL Army | 19990905 | 2.08 | |
| 3 | 249 | Priyalanka Fernando SNS | SL Army | 20020805 | 2.05 | |
| 4 | 285 | Udaya Kumara BRI | SL Army | 19920528 | 2.00 | |
| 4 | 166 | Vismitha HPT | SL Army | 20030218 | 2.00 | |
| 6 | 312 | Kasun Pathirana WPA | SL Air Force | 19890404 | 2.00 | |
| 7 | 164 | Fernando PST | SL Army | 20000420 | 2.00 | |
| 8 | 161 | Rajitha BMT | SL Army | 20030518 | 1.95 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 103 Pole Vault Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------|--------------|----------|-------------|---------|
| 1 | 304 | Ishara Sandaruwan MH | SL Air Force | 19950325 | 4.70 | |
| 2 | 175 | Priyantha Kumara TWM | SL Army | 19910324 | 4.30 | |
| 3 | 267 | Chinthaka Dinesh HD | SL Army | 19880124 | 4.30 | |
| 4 | 118 | Murugaiya RP | SL Army | 19931220 | 4.30 | |

E No 106 Long Jump Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|------------|----------|-------------|---------|
| 1 | 142 | Gayan Sampath JH | SL Army | 19911115 | 7.34 | -1.9 |
| 2 | 198 | Prasad Wimalasiri DAGJ | SL Army | 19920908 | 7.30 | -0.7 |
| 3 | 266 | Mendis Abeysekera WHH | SL Army | 20030325 | 7.29 | ,+0.7 |
| 4 | 282 | Bandara Herath HBMYP | SL Army | 19970717 | 7.26 | ,+1.0 |
| 5 | 244 | Asan MIM | SL Army | 19970620 | 7.06 | -0.5 |
| 6 | 337 | Geeth Thathsara KM | SL Navy | 20010428 | 6.69 | -0.7 |
| 7 | 103 | Ludowyke SD | Unattached | 20010428 | 6.53 | -0.6 |
| 8 | 307 | Chandana Dissanayaka DMD | SL Navy | 19920203 | 6.39 | -0.8 |

E No 209 Triple Jump Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------------|--------------|----------|-------------|---------|
| 1 | 234 | Malith Yasiru K | SL Army | 20040604 | 15.72 | -0.6 |
| 2 | 228 | Safreen Ahamed | SL Army | 19921008 | 15.59 | -1.2 |
| 3 | 302 | Thushara Senavirathna CGS | SL Air Force | 19920626 | 15.42 | ,+1.4 |
| 4 | 101 | Korala AK | Gampaha DAA | 20030530 | 15.39 | -0.8 |
| 5 | 237 | Chamal Kumarasiri L | SL Army | 19980202 | 15.39 | -0.5 |
| 6 | 218 | Pansilu Malshan KA | SL Army | 20030215 | 15.27 | ,+0.6 |
| 7 | 211 | Krishantha Kumara YGS | SL Army | 20010415 | 15.12 | -1.0 |
| 8 | 251 | Nimakasaja Karunasinghe UPA | SL Army | 19950315 | 14.86 | -1.3 |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 127 Shot Put Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|------------------------|----------|-------------|---------|
| 1 | 226 | Samitha Jayawardana R | SL Army | 19940910 | 15.24 | |
| 2 | 257 | Mithunraj S | SL Army | 20030413 | 14.66 | |
| 3 | 114 | Perera AMM | Government Services | 19920511 | 13.80 | |
| 4 | 225 | Danushka Delvita B | SL Army | 19940915 | 13.77 | |
| 5 | 300 | Dananjaya Mahaliyanage H | SL Army | 19970220 | 13.20 | |
| 6 | 280 | Danushka Perera UP | SL Army | 19840702 | 13.14 | |
| 7 | 279 | Mendis Abeysekara WSKA | SL Army | 20001207 | 13.14 | |
| 8 | 113 | Perera MID | Sri Lanka Universities | 20010219 | 12.92 | |

E No 227 Discus Throw Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|---------------------|----------|-------------|---------|
| 1 | 257 | Mithunraj S | SL Army | 20030413 | 46.34 | |
| 2 | 306 | Maduranga Jayawickrama A | SL Navy | 19950325 | 45.44 | |
| 3 | 303 | Bandara Rathnayake HMPGD | SL Air Force | 19930313 | 44.97 | |
| 4 | 294 | Kumarasiri Silva SD | SL Army | 19920409 | 44.86 | |
| 5 | 255 | Sampath Dissanayaka WDMM | SL Army | 19910811 | 44.66 | |
| 6 | 114 | Perera AMM | Government Services | 19920511 | 42.57 | |
| 7 | 259 | Aasic ZTM | SL Army | 19920520 | 41.09 | |
| 8 | 334 | Emilano Phillips | Gampaha DAA | 20040715 | 36.57 | |

E No 119 Hammer Throw Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------------|-----------|----------|-------------|---------|
| 1 | 134 | Sanjaya Bandara AMA | SL Army | 19961126 | 50.62 | |
| 2 | 191 | Sisira Kumara MR | SL Army | 19860104 | 48.55 | |
| 3 | 148 | Nidarshana Wickramasinghe DS | SL Army | 19990419 | 47.04 | |
| 4 | 149 | Dharmasena KKDM | SL Army | 19880211 | 46.58 | |
| 5 | 289 | Rukshan Kumarasiri WGS | SL Army | 19880323 | 45.81 | |
| 6 | 269 | Mathumithan KT | SL Army | 20040805 | 41.97 | |
| 7 | 325 | Kasun Bogahawatta PMBC | SL Army | 19860620 | 40.60 | |
| 8 | 170 | Jayasinghe JMIPT | SL Army | 19920115 | 38.52 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 218 Javelin Throw Men

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|--------------|----------|-------------|---------|
| 1 | 229 | Jagath Ranasinghe RMS | SL Army | 19910210 | 75.34 | |
| 2 | 108 | Tharanga PR | Kalutara DAA | 20030321 | 73.18 | |
| 3 | 245 | Rathushan R | SL Army | 19990314 | 67.49 | |
| 4 | 174 | Ganeshan Yogaraj K | SL Army | 19900220 | 67.12 | |
| 5 | 212 | Sampath Ranasinghe D | SL Army | 19880901 | 67.08 | |
| 6 | 284 | Malshan Fernando WBR | SL Army | 19960713 | 65.71 | |
| 7 | 195 | Nuwan Kumara R | SL Army | 19960701 | 65.16 | |
| 8 | 181 | Pradeep Lakmal PA | SL Army | 19940516 | 63.33 | |

E No 237 100m Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|------------------------------|----------|-------------|---------|
| 1 | 587 | Kumari Rathnayake RMR | Srilak Athletics Club | 19960627 | 11.93 | -2.1 |
| 2 | 514 | Fathima Shafiya MY | SL Army | 19990701 | 12.19 | |
| 3 | 516 | Medhani Jayamanna BI | SL Army | 20020830 | 12.26 | |
| 4 | 529 | Dinara Bandara Dela | Gateway College - Rajagiriya | 20040322 | 12.27 | |
| 5 | 542 | Dilushani Silva HKT | SL Air Force | 20021126 | 12.36 | |
| 6 | 503 | Anuruddhika Muthumumarana | SL Army | 19970617 | 12.48 | |

E No 129 200m Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|-----------------------|----------|-------------|---------|
| 1 | 587 | Kumari Rathnayake RMR | Srilak Athletics Club | 19960627 | 23.97 | ,0.4 |
| 2 | 514 | Fathima Shafiya MY | SL Army | 19990701 | 24.78 | |
| 3 | 542 | Dilushani Silva HKT | SL Air Force | 20021126 | 25.01 | |
| 4 | 503 | Anuruddhika Muthumumarana | SL Army | 19970617 | 25.31 | |
| 5 | 549 | Himaya Fernando WS | SL Navy | 19980924 | 25.35 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 245 400m Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|--------------|----------|-------------|---------|
| 1 | 518 | Nadeesha Ramanayaka | SL Army | 19941225 | 53.26 | |
| 2 | 552 | Lakshima Mendis BS | SL Navy | 20020817 | 54.12 | |
| 3 | 557 | Madusha Fernando WH | SL Navy | 19980924 | 56.37 | |
| 4 | 540 | Harshani Fernando MAN | SL Air Force | 20000315 | 57.02 | |
| 5 | 549 | Himaya Fernando WS | SL Navy | 19980924 | 57.70 | |
| 6 | 517 | Shanika Lakshani KA | SL Army | 20020319 | 58.54 | |

E No 104 800m Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|--------------------------------------|----------|-------------|---------|
| 1 | 541 | Nimali WKLA | SL Air Force | 19890919 | 2:05.46 | |
| 2 | 551 | Atigala Aberathna GT | SL Navy | 19861223 | 2:06.12 | |
| 3 | 517 | Shanika Lakshani KA | SL Army | 20020319 | 2:07.98 | |
| 4 | 900 | Tharushi Abisheka MG | Kandy DAA | 20081030 | 2:09.16 | |
| 5 | 527 | Vihari Ranasinghe MGP | Kandy DAA | 20001125 | 2:10.73 | |
| 6 | 928 | Dulanjana Pradeepani | Lyceum International School, Wattala | 20060613 | 2:19.48 | |

E No 201 1500m Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|--------------|----------|-------------|---------|
| 1 | 551 | Atigala Aberathna GT | SL Navy | 19861223 | 4:20.74 | |
| 2 | 537 | Ajantha Kumari KGNM | SL Air Force | 19960602 | 4:22.19 | |
| 3 | 541 | Nimali WKLA | SL Air Force | 19890919 | 4:28.10 | |
| 4 | 527 | Vihari Ranasinghe MGP | Kandy DAA | 20001125 | 4:37.27 | |

E No 246 5000m Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|-----------|----------|-------------|---------|
| 1 | 580 | Rasara Wijesuriya WAM | SL Army | 20021124 | 16:28.98 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 144 10000m Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|--------------|----------|-------------|---------|
| 1 | 580 | Rasara Wijesuriya WAM | SL Army | 20021124 | 35:25.06 | |
| 2 | 548 | Madumalee Perera MSP | SL Navy | 19880811 | 36:24.52 | |
| 3 | 536 | Lanka Ariyadasa AN | SL Air Force | 19921029 | 37:23.16 | |
| 4 | 510 | Kumari Sugathapala MGIK | SL Army | 19981115 | 41:37.15 | |
| 5 | 553 | Anusha A | SL Navy | 19981105 | 43:32.45 | |
| 6 | 573 | Dilrukshi Samarakoon PGN | SL Army | 19990802 | 44:09.39 | |

E No 222 100mH Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|--------------|----------|-------------|---------|
| 1 | 519 | Lakshika Sugabndi WV | SL Army | 19910830 | 14.33 | ,+0.1 |
| 2 | 500 | Kumari Hapuarachchi | SL Army | 19960129 | 14.49 | |
| 3 | 522 | Nisansala Fernando PS | SL Army | 19920929 | 15.05 | |
| 4 | 509 | Bhagya Nimali MA | SL Army | 20020618 | 15.18 | |
| 5 | 528 | Dahamsa Kahangama KS | Kandy DAA | 20041120 | 15.56 | |
| 6 | 562 | Lakshani Dissanayaka SBS | SL Air Force | 20030602 | 16.21 | |

E No 112 400mH Women

Heats

1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|------------------------|----------|-------------|---------|
| 1 | 538 | Dasuni Kaushalya KHA | SL Air Force | 20011025 | 1:00.40 | |
| 2 | 506 | Dilsha Nethmini HS | SL Army | 20040729 | 1:04.54 | |
| 3 | 504 | Chamathka Panduka GDS | SL Army | 20020716 | 1:07.70 | |
| 4 | 559 | Dineka Gomis BG | SL Navy | 20011219 | 1:08.89 | |
| 5 | 583 | Nuwanthi Samarasinghe | Sri Lanka Univercities | 20000614 | 1:14.52 | |

E No 112 400mH Women

Heats

2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|------------------------|----------|-------------|---------|
| 1 | 557 | Madusha Fernando WH | SL Navy | 19980924 | 1:03.75 | |
| 2 | 512 | Kaushalya Aberathna APMS | SL Army | 19970210 | 1:04.37 | |
| 3 | 507 | Malmi Sanjana MN | SL Army | 20040223 | 1:08.45 | |
| 4 | 582 | Tharushi Sathsarani RPW | Sri Lanka Univercities | 20000305 | 1:09.17 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 135 400mH Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|--------------|----------|-------------|---------|
| 1 | 538 | Dasuni Kaushalya KHA | SL Air Force | 20011025 | 1:00.96 | |
| 2 | 557 | Madusha Fernando WH | SL Navy | 19980924 | 1:03.08 | |
| 3 | 512 | Kaushalya Aberathna APMS | SL Army | 19970210 | 1:03.10 | |
| 4 | 506 | Dilsha Nethmini HS | SL Army | 20040729 | 1:04.07 | |
| 5 | 504 | Chamathka Panduka GDS | SL Army | 20020716 | 1:05.73 | |
| 6 | 507 | Malmi Sanjana MN | SL Army | 20040223 | 1:09.63 | |

E No 211 3000m SC Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|-----------|----------|-------------|---------|
| 1 | 515 | Shamudika Herath HMC | SL Army | 20010917 | 10:32.79 | |
| 2 | 513 | Nimesha Nidarshani WM | SL Army | 19960506 | 11:10.01 | |

E No 109 High Jump Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------------|--------------|----------|-------------|---------|
| 1 | 558 | Koshil Perera AAR | SL Navy | 20000418 | 1.68 | |
| 2 | 505 | Minoli Fernando IAI | SL Army | 20040226 | 1.65 | |
| 3 | 545 | Madhushani Sooriyampola SBWSSAV | SL Air Force | 19891012 | 1.55 | |
| 3 | 579 | Thejani Dinukshika GY | SL Army | 20011216 | 1.55 | |
| 5 | 563 | Muditha Madhushani SM | SL Air Force | 19970108 | 1.50 | |

E No 123 Pole Vault Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|--------------|----------|-------------|---------|
| 1 | 534 | Kumari Kodithuwakku KAC | SL Air Force | 19951013 | 3.00 | |
| 2 | 533 | Thamasha Wickramasekara U | SL Air Force | 20030409 | 3.00 | |
| 2 | 585 | Sewwandi Perera MA | SL Army | 20021005 | 3.00 | |

E No 138 Long Jump Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|--------------|----------|-------------|---------|
| 1 | 581 | Nishadi Abeyrathna KKR | SL Army | 19990207 | 5.98 | -3.0 |
| 2 | 526 | Rashmi Kavindya HD | SL Army | 20010709 | 5.30 | ,+0.6 |
| 3 | 539 | Shashikala Lankathilaka GI | SL Air Force | 20010417 | 5.29 | -1.4 |
| 4 | 508 | Ishara Samanali WA | SL Army | 20040112 | 5.29 | -2.0 |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 229 Triple Jump Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|--------------|----------|-------------|---------|
| 1 | 502 | Shashani Upeksha EM | SL Army | 19980106 | 13.04 | ,+1.05 |
| 2 | 508 | Ishara Samanali WA | SL Army | 20040112 | 12.27 | ,+2.4 |
| 3 | 532 | Neha Hettiarachchi HN | Gampaha DAA | 20031101 | 12.24 | ,+1.4 |
| 4 | 539 | Shashikala Lankathilaka GI | SL Air Force | 20010417 | 11.92 | ,+2.4 |

E No 238 Shot Put Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------------|------------------------|----------|-------------|---------|
| 1 | 544 | Kumudumali Fernando WT | SL Air Force | 19901013 | 12.56 | |
| 2 | 566 | Ceciliya Perera Jayasuriya K | Sri Lak Athletics Club | 20031118 | 11.36 | |
| 3 | 530 | Priyangika Kumari PA | Government Services | 19780825 | 11.32 | |
| 4 | 531 | Wasana Mendis AD | Government Services | 20010126 | 10.81 | |

E No 140 Discus Throw Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|--------------|----------|-------------|---------|
| 1 | 535 | Vishanthika Lakmali AGV | SL Air Force | 19950306 | 43.89 | |
| 2 | 501 | Maneesha Dilrukshi HA | SL Army | 19930831 | 40.55 | |
| 3 | 550 | Prasangika Perera PAIM | SL Navy | 19930217 | 40.53 | |
| 4 | 570 | Ishara De Silva KN | SL Army | 20011116 | 36.41 | |
| 5 | 556 | Imali Athapaththu AMC | SL Navy | 20001022 | 34.69 | |
| 6 | 569 | Deshani Jayawardhana PKT | SL Army | 20020718 | 33.74 | |
| 7 | 572 | K Heshara Rathnayake | SL Army | 20021029 | 33.44 | |

E No 107 Hammer Throw Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|------|--------------------------|------------------------|----------|-------------|---------|
| 1 | 546 | Aruni Lakshika HA | SL Air Force | 19890809 | 45.47 | |
| 2 | 521 | Manoji Amarasinghe AWAS | SL Army | 19910119 | 41.46 | |
| 3 | 584 | Nihinsa Mandini MG | Sri Lanka Schools | 20030729 | 38.20 | |
| 4 | 560 | Weranga Thisarani LP | SL Navy | 19980813 | 38.12 | |
| 5 | 525 | Nisansala Rathnasiri WMS | SL Army | 19920311 | 35.26 | |
| 6 | 567 | Shabana Khan A | Anuradhapura DAA | 20030213 | 33.59 | |
| 7 | 1000 | Linduli Jayaweera MAY | Sri Lak Athletics Club | 20061025 | 31.46 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 207 Javelin Throw Women

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|---------------------|----------|-------------|---------|
| 1 | 524 | Dilhani Lekamge HLN | SL Army | 19870117 | 52.35 | |
| 2 | 543 | Harshani Madhuwanthi HPD | SL Air Force | 19910306 | 47.01 | |
| 3 | 555 | Imasha Hasanthi DM | SL Navy | 20020928 | 44.75 | |
| 4 | 571 | Chathurangani Lakmali SC | SL Army | 20010328 | 34.61 | |
| 5 | 531 | Wasana Mendis AD | Government Services | 20010126 | 34.29 | |
| 6 | 565 | Thushara Hansani Y | Unattached | 20040919 | 33.89 | |

E No 214 100m Men Under 20

Heats

1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|----------------------------------|----------|-------------|---------|
| 1 | 745 | Wijesinghe MJ | Ananda College, Colombo | 20050710 | 10.56 | ,+0.4 |
| 2 | 716 | Thamel WMK | De Mazenod College, Kandana | 20050222 | 10.88 | |
| 3 | 738 | Mihiranga SKA | G/ Mahinda College | 20050209 | 11.06 | |
| 4 | 735 | Faleel S | Gateway College, Kandy | 20070624 | 11.25 | |
| 5 | 747 | Siriwardhana HH | Ananda College, Colombo | 20060210 | 11.42 | |
| 6 | 797 | Gardiye Punchihewa LC | Sri Sumangala College - Panadura | 20050825 | 11.59 | |
| 7 | 792 | Ayodya Iduwara WA | Saranath College - Kuliypitiya | 20080409 | 11.82 | |
| 8 | 731 | Sujeewan D | Kathiresan CC - Nawalapitiya | 20070321 | 12.23 | |

E No 214 100m Men Under 20

Heats

2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|--|----------|-------------|---------|
| 1 | 782 | Induwara Weeraratna D | Leeds International School - Matara | 20050114 | 10.74 | ,+1.3 |
| 2 | 748 | Vidushan RI | Ananda College, Colombo | 20050209 | 10.83 | |
| 3 | 739 | Hansaja TS | Thurstan College | 20051205 | 11.09 | |
| 4 | 700 | Thanis Ahamed N | Ak/AS-Siraj Maha Vidyalayam, Akkaraip | 20050819 | 11.11 | |
| 5 | 787 | Mario Fernando UWS | St. Joseph Vaz College - Wennappuwa | 20061130 | 11.23 | |
| 6 | 776 | Sandeepa Hettiarachchi SS | Dharmapala Vidyalaya - Pannipitiya | 20050520 | 11.42 | |
| 7 | 812 | Dimuth Yeshan HA | Maris Stella College - Thimbirigaskatuwa | 20050629 | 11.63 | |
| 8 | 706 | Bandara WUMA | Ananda Shasthralaya National School, M. | 20060429 | 15.47 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 240 100m Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------|---|----------|-------------|---------|
| 1 | 745 | Wijesinghe MJ | Ananda College, Colombo | 20050710 | 10.66 | -1.6 |
| 2 | 782 | Induwara Weerathna D | Leeds International School - Matara | 20050114 | 10.73 | |
| 3 | 748 | Vidushan RI | Ananda College, Colombo | 20050209 | 10.86 | |
| 4 | 716 | Thamel WMK | De Mazenod College, Kandana | 20050222 | 11.04 | |
| 5 | 739 | Hansaja TS | Thurstan College | 20051205 | 11.12 | |
| 6 | 738 | Mihiranga SKA | G/ Mahinda College | 20050209 | 11.19 | |
| 7 | 700 | Thanis Ahamed N | Ak/AS-Siraj Maha Vidyalayam, Akkaraipaatu | 20050819 | 11.26 | |
| 8 | 787 | Mario Fernando UWS | St. Joseph Vaz College - Wennappuwa | 20061130 | 11.27 | |

E No 116 200m Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------|-------------------------------------|----------|-------------|---------|
| 1 | 716 | Thamel WMK | De Mazenod College, Kandana | 20050222 | 21.56 | ,+0.8 |
| 2 | 748 | Vidushan RI | Ananda College, Colombo | 20050209 | 21.75 | |
| 3 | 750 | Rajakaruna RMRV | Sir John Kothalawala Maha Vidyalaya | 20070502 | 21.98 | |
| 4 | 701 | Hasindu Nethsara UH | Lumbini College | 20050214 | 22.08 | |
| 5 | 735 | Faleel S | Gateway College, Kandy | 20070624 | 22.90 | |
| 6 | 731 | Sujeewan D | Kathiresan CC - Nawalapitiya | 20070321 | 24.94 | |

E No 216 400m Men Under 20

Heats

1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|---|----------|-------------|---------|
| 1 | 737 | Kirulu GWJ | G/ Mahinda College | 20060615 | 47.94 | |
| 2 | 702 | Maduwantha Bogoda I | Sir John Kothalawala Maha Vidyalaya | 20080630 | 48.07 | |
| 3 | 703 | Jayathilake PS | Thurstan College | 20051022 | 48.52 | |
| 4 | 791 | Theminda Rajapaksha RPDA | Maliyadewa College - Kurunegala | 20050515 | 48.59 | |
| 5 | 750 | Rajakaruna RMRV | Sir John Kothalawala Maha Vidyalaya | 20070502 | 48.78 | |
| 6 | 740 | Hamthan ANA | St. Benedict's College, Colombo | 20050505 | 50.03 | |
| 7 | 814 | Hithesh Fernando NP | St. Sebastian's College - Moratuwa | 20060920 | 51.44 | |
| 8 | 761 | Heshan Pieris KT | Lumbini College | 20060513 | 53.60 | |
| 9 | 786 | Dulanjana Wijekumara PHPTD | Eheliyagoda Dharmapala NC - Eheliyagoda | 20050113 | 55.08 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 216 **400m Men Under 20**

Heats 2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------|------------------------------------|----------|-------------|---------|
| 1 | 730 | Silva JOS | St. Sebastian's College, Kandana | 20071210 | 48.15 | |
| 2 | 701 | Hasindu Nethsara UH | Lumbini College | 20050214 | 48.55 | |
| 3 | 705 | Kumarasiri NKD | Steiner College, Battaramulla | 20050211 | 49.19 | |
| 4 | 749 | Uyanwaththa UGKH | Lexicon International School | 20070128 | 49.99 | |
| 5 | 751 | Silva KKI | Ananda Shasthralaya, Kotte | 20060625 | 50.59 | |
| 6 | 813 | Seneth Dewnaka HK | St. Sebastian's College - Moratuwa | 20060302 | 51.03 | |
| 7 | 727 | Jayathissa RMRD | Royal College - Colombo | 20070722 | 51.89 | |
| | 772 | Sadila Rashmika MG | Rahula College - Matara | 20061002 | DQ | |

E No 242 **400m Men Under 20**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|-------------------------------------|----------|-------------|---------|
| 1 | 737 | Kirulu GWJ | G/ Mahinda College | 20060615 | 48.10 | |
| 2 | 791 | Theminda Rajapaksha RPDA | Maliyadewa College - Kurunegala | 20050515 | 48.12 | |
| 3 | 701 | Hasindu Nethsara UH | Lumbini College | 20050214 | 48.16 | |
| 4 | 730 | Silva JOS | St. Sebastian's College, Kandana | 20071210 | 48.32 | |
| 5 | 703 | Jayathilake PS | Thurstan College | 20051022 | 48.54 | |
| 6 | 702 | Maduwantha Bogoda I | Sir John Kothalawala Maha Vidyalaya | 20080630 | 49.26 | |
| 7 | 705 | Kumarasiri NKD | Steiner College, Battaramulla | 20050211 | 49.47 | |
| 8 | 750 | Rajakaruna RMRV | Sir John Kothalawala Maha Vidyalaya | 20070502 | DNP | |

E No 132 **800m Men Under 20**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|---|----------|-------------|---------|
| 1 | 820 | Dineth Liyanage | Weera Kappetipola NS - Akuramboda | 20071208 | 1:56.06 | |
| 2 | 708 | Samarakoon RMHP | B/ Meegahakiula National School | 20070605 | 1:56.33 | |
| 3 | 789 | Wishwa Piumika DM | President College - Ambagasdowa | 20070814 | 1:56.73 | |
| 4 | 801 | Nethaka Ranawera S | Trinity College, Kandy | 20050307 | 1:58.50 | |
| 5 | 795 | Lalantha Herath GWR | Wariyapola Sri Sumangala College - Kanc | 20050418 | 2:11.73 | |
| 6 | 793 | Hasith Damsara TA | Ananda Sasthralaya - Kotte | 20060713 | 2:12.80 | |
| 7 | 777 | Dilshan Jayawardhana RAA | Rathnapura DAA | 20050206 | 2:13.74 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 203 1500m Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|---|----------|-------------|---------|
| 1 | 820 | Dineth Liyanage | Weera Kappetipola NS - Akuramboda | 20071208 | 4:10.68 | |
| 2 | 789 | Wishwa Piumika DM | President College - Ambagasdowa | 20070814 | 4:11.11 | |
| 3 | 708 | Samarakoon RMHP | B/ Meegahakiula National School | 20070605 | 4:13.02 | |
| 4 | 817 | Abinesh H | Rajawella Hindu NC - Digana | 20060429 | 4:14.45 | |
| 5 | 816 | Vidushan R | Rajawella Hindu NC - Digana | 20070128 | 4:19.21 | |
| 6 | 798 | Dilshan Nawarathna DMMK | St' Aloysius College - rathnapura | 20060614 | 4:19.89 | |
| 7 | 800 | Pavindu Irandika PH | Bellana NC - Bellana | 20050423 | 4:27.08 | |
| 8 | 795 | Lalantha Herath GWR | Wariyapola Sri Sumangala College - Kanc | 20050418 | 4:28.76 | |
| 9 | 796 | Pushpakumar M | Norwood TMV | 20060217 | 4:32.99 | |
| 10 | 819 | Prashan Ranasingha RMM | Weera Kappetipola NS - Akuramboda | 20070505 | 4:49.02 | |
| 11 | 799 | Pathum Nawarathna NME | Wariyapola Sri Sumangala College - Kanc | 20050611 | 4:55.26 | |

E No 143 3000m Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------|-----------------------------------|----------|-------------|---------|
| 1 | 819 | Prashan Ranasingha RMM | Weera Kappetipola NS - Akuramboda | 20070505 | 10:50.72 | |

E No 101 5000m Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|---|----------|-------------|---------|
| 1 | 808 | Thudhiharshidan S | Hindu NS - Matale | 20050225 | 16:00.26 | |
| 2 | 754 | Madhushan IHK | Wp/ Mt. Kaburuwala National College | 20071015 | 16:03.93 | |
| 3 | 816 | Vidushan R | Rajawella Hindu NC - Digana | 20070128 | 16:04.92 | |
| 4 | 783 | Adith Didulanka AG | Makandhura CC - Makandhura | 20060611 | 16:28.16 | |
| 5 | 809 | Malinda Prabhanjana F | Walagedara NS | 20071016 | 17:32.14 | |
| 6 | 778 | Gihan Kithsiri WE | Rathnapura DAA | 20060924 | 18:29.09 | |
| 7 | 769 | Methmika Geenuru K | Unattached | 20050408 | 19:16.05 | |
| 8 | 799 | Pathum Nawarathna NME | Wariyapola Sri Sumangala College - Kanc | 20050611 | 19:40.14 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 223 110mH Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 723 | Koshala S | Lyceum International School, Wattala | 20050305 | 14.25 | -1.2 |
| 2 | 771 | Vishwa Tharuka E | Rahula College - Matara | 20050307 | 14.45 | |
| 3 | 772 | Sadila Rashmika MG | Rahula College - Matara | 20061002 | 14.60 | |
| 4 | 711 | De Silva MDH | St. Joseph's College, Colombo 10 | 20050803 | 15.05 | |
| 5 | 720 | Prabashwara A | Lyceum International School, Wattala | 20060513 | 15.40 | |
| 6 | 764 | Lakshan Warnasooriya WMAM | St. Joseph Vaz College - Wennappuwa | 20060429 | 15.55 | |
| 7 | 815 | Kaushalya Manamperi MMU | Rathnapura DAA | 20050925 | 16.43 | |
| 8 | 775 | Ochintha Miyuranga PM | Dharmapala Vidyalaya - Pannipitiya | 20060623 | 16.95 | |

E No 113 400mH Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 712 | Hamthan ANA | St. Benedict's College, Colombo | 20050505 | 54.34 | |
| 2 | 752 | Riffai MA | Trinity College, Kandy | 20070905 | 55.91 | |
| 3 | 727 | Jayathissa RMRD | Royal College - Colombo | 20070722 | 56.55 | |
| 4 | 779 | Sandaruwan Pushpakumara K | St. Joseph Vaz College - Wennappuwa | 20050402 | 58.64 | |
| 5 | 756 | Kaveesha S | Lyceum International School, Wattala | 20080207 | 59.55 | |
| 6 | 761 | Heshan Pieris KT | Lumbini College | 20060513 | 1:01.13 | |

E No 234 3000m SC Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|--|----------|-------------|---------|
| 1 | 777 | Dilshan Jayawardhana RAA | Rathnapura DAA | 20050206 | 10:59.48 | |
| 2 | 773 | Kalhara Amarasinghe A | Walagedara NS | 20070522 | 10:59.56 | |
| 3 | 760 | Dilshan Madhushanka PA | Lakshauyana Junior School - Polonnaruw | 20080803 | 12:49.60 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 231 High Jump Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------|--|----------|-------------|---------|
| 1 | 718 | Mendis T | Lyceum International School, Wattala | 20080324 | 2.10 | |
| 2 | 724 | Anuhas D | Lyceum International School, Wattala | 20050223 | 2.10 | |
| 3 | 704 | Arthavidu GL | Ananda College, Colombo | 20060516 | 2.04 | |
| 4 | 758 | Dhaham Dissanayaka | Lyceum International School, Wattala | 20070515 | 2.04 | |
| 5 | 811 | Nethya Sampath JHP | Maris Stella College - Thimbirigaskatuwa | 20080712 | 1.95 | |
| 6 | 707 | Pehesara RPN | MR/ Vijitha Central College | 20060621 | 1.95 | |
| 7 | 770 | Dinuka Dilshan P | Muladiyawala MV - Muladiyawala | 20080121 | 1.85 | |
| 8 | 726 | De Silva AKD | Dharmasoka College, Ambalangoda | 20050106 | 1.85 | |

E No 205 Pole Vault Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------|-------------------------------|----------|-------------|---------|
| 1 | 729 | Fernando TNO | Maris Stella College, Negombo | 20050620 | 4.00 | |

E No 125 Long Jump Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------|---------------------------------------|----------|-------------|---------|
| 1 | 714 | Carrim RS | Lyceum International School, Panadura | 20051126 | 7.24 | ,+0.7 |
| 2 | 733 | Sandil DT | St. Peter's College, Colombo 04 | 20070111 | 7.13 | -2.0 |
| 3 | 728 | Krishandan AP | St. Peter's College, Colombo 04 | 20050308 | 6.99 | -0.7 |
| 4 | 721 | Hansaka S | Lyceum International School, Wattala | 20061029 | 6.86 | -1.2 |
| 5 | 710 | Kapilarathna RPWON | D.S. Senanayeka College, Colombo 07 | 20060610 | 6.55 | -1.4 |
| 6 | 805 | Diyath Abeynayaka D | President College - Embilipitiya | 20060831 | 6.28 | -2 |
| 7 | 765 | Safran MSM | Unattached | 20050305 | 6.27 | -1.3 |

E No 224 Triple Jump Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------|--------------------------------------|----------|-------------|---------|
| 1 | 743 | Dissanayaka DMHK | Lyceum International School, Gampaha | 20050125 | 15.31 | ,+1.2 |
| 2 | 721 | Hansaka S | Lyceum International School, Wattala | 20061029 | 15.01 | ,+1.0 |
| 3 | 734 | Sandhanayaka PSP | Bandaranayake College, Gampaha | 20050418 | 14.56 | -0.7 |
| 4 | 742 | Nethsara R.A.S. | Lyceum International School, Gampaha | 20070724 | 14.20 | -0.8 |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 118 Shot Put Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|---------------------------------|----------|-------------|---------|
| 1 | 709 | Alwis WJR | SL Army | 20050520 | 16.25 | |
| 2 | 803 | Udantha Jayasinghe H | Anuradhapura CC - Anuradhapura | 20070328 | 13.39 | |
| 3 | 806 | Kumara Weerasena IMAH | Maliyadewa College - Kurunegala | 20060829 | 12.41 | |

E No 228 Discus Throw Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------|--------------------------------------|----------|-------------|---------|
| 1 | 722 | Bandara R | Lyceum International School, Wattala | 20060810 | 34.20 | |

E No 226 Javelin Throw Men Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|---------------------------------------|----------|-------------|---------|
| 1 | 741 | Danasinghe U.G.B.D. | Christ Church College, Matale | 20050205 | 56.75 | |
| 2 | 736 | Thabrew NTB | Karunaratna Buddhist College, Maththu | 20070218 | 55.12 | |
| 3 | 781 | Shakya Kumara HPD | St. Joseph Vaz College - Wennappuwa | 20060214 | 54.69 | |
| 4 | 810 | Praiyandanan Sachinas N | Isipathana College - Colombo | 20050115 | 47.02 | |

E No 213 100m Women Under 20

Heats

1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 957 | Shanella Seneviratne | Gateway College | 20050325 | 12.46 | ,+2.1 |
| 2 | 946 | Sithmini Ranasingha HRD | Lyceum International School, Gampaha | 20050720 | 12.73 | |
| 3 | 993 | Ruvinya Kariyawasam S | Musaeus College, Colombo 07 | 20080102 | 12.75 | |
| 4 | 998 | Stephanie Ondaatjie IG | The British School In Colombo | 20080625 | 13.14 | |
| 5 | 980 | Thewmali Omalja KM | Girls' High School - Kandy | 20060306 | 13.21 | |
| 6 | 904 | Buddini Saubhagya AK | Dharmapala Vidyalaya - Pannipitiya | 20070118 | 13.32 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 213 **100m Women Under 20**

Heats 2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------|---------------------------------------|----------|-------------|---------|
| 1 | 929 | Dananjana Fernando | Lyceum International School, Wattala | 20080111 | 12.53 | ,+1.3 |
| 2 | 923 | Umaya Rathnayake DS | Lyceum International School, Wattala | 20080502 | 12.75 | |
| 3 | 932 | Vibhavi Vimansa MG | G/ Dharmasoka College | 20071126 | 12.83 | |
| 4 | 934 | Adithya Fernando WH | Sri Sumangala Girls' School, Panadura | 20060530 | 13.00 | |
| 5 | 979 | Suwandi Bodipaksha U | Girls' High School - Kandy | 20050614 | 13.17 | |
| 6 | 986 | Nimsara Herath HMD | Anuradhapura DAA | 20051208 | 13.49 | |
| 7 | 903 | Lisara Morawaka S | Dharmapala Vidyalaya - Pannipitiya | 20060417 | 13.98 | |

E No 213 **100m Women Under 20**

Heats 3

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|------|------------------------|-------------------------------------|----------|-------------|---------|
| 1 | 956 | Danani Kodithuwakku | Gateway College | 20050623 | 12.59 | -0.4 |
| 2 | 901 | Ransini Perera PUD | Dharmapala Vidyalaya - Pannipitiya | 20070117 | 12.73 | |
| 3 | 937 | Ashini Weerasinghe KKT | Princess of Wales College, Moratuwa | 20060220 | 12.87 | |
| 4 | 950 | Braini Anujana RK | MR/ Sujatha College, Matara | 20060613 | 12.87 | |
| 5 | 1001 | Dilini Imasha ES | Hambanthota DAA | 20050516 | 12.97 | |
| 6 | 978 | Vidusini Thewanja KM | Girls' High School - Kandy | 20060306 | 13.00 | |
| 7 | 947 | Umasha Fernando WH | Princess of Wales College, Moratuwa | 20070602 | 13.15 | |

E No 236 **100m Women Under 20**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 957 | Shanella Seneviratne | Gateway College | 20050325 | 12.54 | -1.2 |
| 2 | 956 | Danani Kodithuwakku | Gateway College | 20050623 | 12.55 | |
| 3 | 929 | Dananjana Fernando | Lyceum International School, Wattala | 20080111 | 12.66 | |
| 4 | 901 | Ransini Perera PUD | Dharmapala Vidyalaya - Pannipitiya | 20070117 | 12.76 | |
| 5 | 923 | Umaya Rathnayake DS | Lyceum International School, Wattala | 20080502 | 12.78 | |
| 6 | 946 | Sithmini Ranasingalla HRD | Lyceum International School, Gampaha | 20050720 | 12.83 | |
| 7 | 932 | Vibhavi Vimansa MG | G/ Dharmasoka College | 20071126 | 13.00 | |
| 8 | 993 | Ruvinya Kariyawasam S | Musaeus College, Colombo 07 | 20080102 | 13.20 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 115 **200m Women Under 20**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 929 | Dananjana Fernando | Lyceum International School, Wattala | 20080111 | 25.52 | |
| 2 | 957 | Shanella Seneviratne | Gateway College | 20050325 | 25.53 | |
| 3 | 956 | Danani Kodithuwakku | Gateway College | 20050623 | 25.59 | |
| 4 | 901 | Ransini Perera PUD | Dharmapala Vidyalaya - Pannipitiya | 20070117 | 25.70 | |
| 5 | 920 | Dewmini Wimalasekara SPW | Defence Services College | 20071029 | 26.05 | |
| 6 | 947 | Umasha Fernando WH | Princess of Wales College, Moratuwa | 20070602 | 26.77 | |
| 7 | 998 | Stephanie Ondaatjie IG | The British School In Colombo | 20080625 | 26.90 | |
| 8 | 984 | Ranhiru Lindara LMS | Mayurapada CC | 20060521 | 27.17 | |

E No 219 **400m Women Under 20**

Heats

1

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------------|-------------------------------------|----------|-------------|---------|
| 1 | 990 | Pravindi Dunusinghe DMM | Maliyadewa BV - Kurunegala | 20050312 | 58.15 | |
| 2 | 900 | Tharushi Abisheka MG | Kandy DAA | 20081030 | 58.37 | |
| 3 | 909 | Anne Pieris DMRM | Holy Family Convent, Bambalapitiya | 20080504 | 1:00.27 | |
| 4 | 994 | Sanaya Wickramasingha | A/Rathnayaka CC - Walala | 20080219 | 1:00.52 | |
| 5 | 931 | Waranga De Silva TWR | St. Bridget's Covent | 20081101 | 1:00.61 | |
| 6 | 984 | Ranhiru Lindara LMS | Mayurapada CC | 20060521 | 1:02.31 | |
| 7 | 939 | Dinuli Senavirathna HMC | Kandy AA | 20051113 | 1:03.12 | |
| 8 | 977 | Senethmi Weerasinghe KKT | Princess of Wales College, Moratuwa | 20070906 | 1:03.41 | |
| 9 | 976 | Chamanthika Premarathna NKR | Unattached | 20051004 | 1:06.81 | |

E No 219 **400m Women Under 20**

Heats

2

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---|--------------------------------------|----------|-------------|---------|
| 1 | 921 | Jithma Wijethunga | Lyceum International School, Wattala | 20060712 | 56.94 | |
| 2 | 943 | Charuni Pramudika MG | Holy Cross College, Gampaha | 20050329 | 58.02 | |
| 3 | 920 | Dewmini Wimalasekara SPW | Defence Services College | 20071029 | 58.35 | |
| 4 | 995 | Priyadarshani Kumari MGN | A/Rathnayaka CC - Walala | 20050330 | 59.16 | |
| 5 | 948 | Haneesha Muthalif F | Princess of Wales College, Moratuwa | 20070412 | 59.31 | |
| 6 | 940 | Subhashini Warnakulasooriya WMHI Minu/ Dewalapola Ananda Maha Vidyalaya | | 20050526 | 59.61 | |
| 7 | 962 | Hansika Munasinghe DAS | CP/H/ Ambagamuwa Central College | 20071008 | 1:00.54 | |
| 8 | 953 | Gimasha Gunawardana | Gateway College | 20060616 | 1:00.71 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 219 **400m Women Under 20**

Heats 3

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|---------------------------------------|----------|-------------|---------|
| 1 | 911 | Nuhansa Kodithuwakku KT | MR/ Matara Central College | 20061129 | 57.32 | |
| 2 | 961 | Himashani Senewirathne UMS | Ambagamuwa Central College | 20080707 | 57.80 | |
| 3 | 927 | Rashini Karunarathne | Lyceum International School, Wattala | 20060619 | 58.16 | |
| 4 | 930 | Sashini Bhagya | Lyceum International School, Wattala | 20070603 | 59.51 | |
| 5 | 902 | Udaie Lihansa SM | Dharmapala Vidyalaya - Pannipitiya | 20050315 | 1:00.92 | |
| 6 | 910 | Chathumee Inupama KK | MR/ Matara Central College | 20060108 | 1:03.65 | |
| 7 | 999 | Prarthana Mendis H | St. Anthony's Girls School - Panadura | 20060420 | 1:04.24 | |
| 8 | 907 | Ruwansa Weerakkody PAD | Holy Family Convent, Bambalapitiya | 20051016 | DNF | |

E No 244 **400m Women Under 20**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 911 | Nuhansa Kodithuwakku KT | MR/ Matara Central College | 20061129 | 56.24 | |
| 2 | 921 | Jithma Wijethunga | Lyceum International School, Wattala | 20060712 | 56.25 | |
| 3 | 990 | Pravindi Dunusinghe DMM | Maliyadewa BV - Kurunegala | 20050312 | 57.48 | |
| 4 | 943 | Charuni Pramudika MG | Holy Cross College, Gampaha | 20050329 | 57.64 | |
| 5 | 920 | Dewmini Wimalasekara SPW | Defence Services College | 20071029 | 57.70 | |
| 6 | 927 | Rashini Karunarathne | Lyceum International School, Wattala | 20060619 | 57.96 | |
| 7 | 961 | Himashani Senewirathne UMS | Ambagamuwa Central College | 20080707 | 58.08 | |
| 8 | 900 | Tharushi Abisheka MG | Kandy DAA | 20081030 | 58.73 | |

E No 105 **800m Women Under 20**

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|-------------------------------------|----------|-------------|---------|
| 1 | 997 | Charuni Prasangika KD | Janadhipathi BV | 20051003 | 2:20.52 | |
| 2 | 948 | Haneesha Muthalif F | Princess of Wales College, Moratuwa | 20070412 | 2:27.42 | |
| 3 | 954 | Tharushi Odara MD | Ananda Sasthralaya - Mathugama | 20050812 | 2:31.70 | |
| 4 | 974 | Sayuri Nimasha MP | Aluth Kaduruwewa KV - Bingiriya | 20070513 | 2:47.17 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 202 1500m Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|---------------------------|---|----------|-------------|---------|
| 1 | 928 | Dulanjana Pradeepani | Lyceum International School, Wattala | 20060613 | 4:45.58 | |
| 2 | 955 | Sachini Maduhansika KM | Unattached | 20081013 | 4:59.92 | |
| 3 | 983 | Medhani Weerasinghe IMR | Mayurapada CC | 20060312 | 5:27.17 | |
| 4 | 975 | Madhumandili Fonseka HFD | Thakshila CC - Horana | 20060929 | 5:37.17 | |
| 5 | 972 | Shashipaba Dhananjani KGS | St' Andrew's Girls College - Nawalapitiya | 20080519 | 5:37.94 | |

E No 142 3000m Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|---------------|----------|-------------|---------|
| 1 | 955 | Sachini Maduhansika KM | Unattached | 20081013 | 11:01.58 | |
| 2 | 983 | Medhani Weerasinghe IMR | Mayurapada CC | 20060312 | 11:45.21 | |

E No 247 5000m Women Under 20

No Participants

E No 221 100mH Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|----------------------------|--------------------------------|----------|-------------|---------|
| 1 | 959 | Nehansa Paranaliyanage | Gateway College | 20071018 | 15.83 | -0.8 |
| 2 | 935 | Imeshani Irendra EB | G/ Sangamiththa Girls' College | 20070906 | 16.01 | |
| 3 | 944 | Ranuthi Kulawansha Fonseka | Visakha Vidyalaya | 20050121 | 17.24 | |

E No 111 400mH Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 927 | Rashini Karunarathne | Lyceum International School, Wattala | 20060619 | 1:03.96 | |
| 2 | 961 | Himashani Senewirathne UMS | Ambagamuwa Central College | 20080707 | 1:03.97 | |
| 3 | 962 | Hansika Munasinghe DAS | CP/H/ Ambagamuwa Central College | 20071008 | 1:06.57 | |
| 4 | 910 | Chathumee Inupama KK | MR/ Matara Central College | 20060108 | 1:07.13 | |
| 5 | 987 | Thenuki Sehansa PM | Kuliyapitiya CC - Kuliyapitiya | 20060501 | 1:10.98 | |
| 6 | 939 | Dinuli Senavirathna HMC | Kandy AA | 20051113 | 1:11.63 | |
| 7 | 977 | Senethmi Weerasinghe KKT | Princess of Wales College, Moratuwa | 20070906 | 1:14.15 | |
| 8 | 976 | Chamanthika Premarathna NKR | Unattached | 20051004 | 1:14.87 | |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 212 3000m SC Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|--------------------------|--------------------------|----------|-------------|---------|
| 1 | 995 | Priyadarshani Kumari MGN | A/Rathnayaka CC - Walala | 20050330 | 11:50.66 | |

E No 110 High Jump Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------------|--|----------|-------------|---------|
| 1 | 925 | Sandani Kularathne | Lyceum International School, Wattala | 20070215 | 1.68 | |
| 2 | 924 | Sithuli Sadithya | Lyceum International School, Wattala | 20060325 | 1.65 | |
| 3 | 960 | Timeshi Jayarathne DK | President Girls College (NC), Kurunegala | 20060712 | 1.65 | |
| 4 | 913 | Nethra Samadhi WP | MR/ Vijitha Central College | 20080618 | 1.65 | |
| 5 | 933 | Dewmini Abeyrathna DKM | R/ Emb/ President's College | 20080523 | 1.60 | |

E No 124 Pole Vault Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|------------------|----------------------------------|----------|-------------|---------|
| 1 | 936 | Dipna Jayani GSD | Newstead Girls' College, Negombo | 20050914 | 2.80 | |

E No 139 Long Jump Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|---------------------------------------|----------|-------------|---------|
| 1 | 914 | Madhushani Herath HMN | Mo/ Nannapuruwa MV, Bibile | 20050504 | 6.00 | -1.8 |
| 2 | 915 | Dilki Nehara M | Sri Sumangala Girls' School, Panadura | 20080414 | 5.72 | -2.2 |
| 3 | 923 | Umayra Rathnayake DS | Lyceum International School, Wattala | 20080502 | 5.66 | -2.1 |
| 4 | 946 | Sithmini Ranasingha HRD | Lyceum International School, Gampaha | 20050720 | 5.62 | -1.5 |
| 5 | 912 | Kavindya Kodikara O | St. Lawrence's Convent, Wellawatta | 20070324 | 5.49 | -1.7 |
| 6 | 962 | Hansika Munasinghe DAS | CP/H/ Ambagamuwa Central College | 20071008 | 5.43 | -1.4 |
| 7 | 934 | Adithya Fernando WH | Sri Sumangala Girls' School, Panadura | 20060530 | 5.38 | -1.7 |
| 8 | 763 | Sithmini Ranaweera WG | Pindeniya NS | 20080730 | 5.22 | -1.0 |

E No 230 Triple Jump Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|------------------------------------|----------|-------------|---------|
| 1 | 914 | Madhushani Herath HMN | Mo/ Nannapuruwa MV, Bibile | 20050504 | 13.01 | ,+2.7 |
| 2 | 912 | Kavindya Kodikara O | St. Lawrence's Convent, Wellawatta | 20070324 | 12.25 | ,+2.4 |



SRI LANKA ATHLETICS OPEN STAGE I



NATIONAL PERMIT MEETING- CATEGORY E

1st March 2024 at Mahinda Rajapaksa Sports Complex -Diyagama

Heats and Final Results

E No 239 Shot Put Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|--------------------------------------|----------|-------------|---------|
| 1 | 926 | Malkethmi Silva | Lyceum International School, Wattala | 20051220 | 12.56 | |
| 2 | 941 | Sarya Britto KKAP | Ladies' College, Colombo 7 | 20070411 | 11.36 | |
| 3 | 945 | Sakithma Deshapriya DVE | Visakha Vidyalaya | 20060509 | 11.32 | |

E No 141 Discus Throw Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-----------------------|----------------------------------|----------|-------------|---------|
| 1 | 917 | Savindya Jayamaha JHG | Vijayaba National School, Maho | 20050308 | 33.05 | |
| 2 | 938 | Sathsarani Silwa CPU | Po/ Dibu/ Manampitiya Sinhala MV | 20070725 | 29.72 | |

E No 208 Javelin Throw Women Under 20

Final

| Place | BIB | Name | Affiliate | DOB | Performance | Remarks |
|-------|-----|-------------------------|-------------------------------------|----------|-------------|---------|
| 1 | 916 | Udeshani Weerasinghe AK | Princess of Wales College, Moratuwa | 20070605 | 37.05 | |
| 2 | 951 | Sanjula Diwyanjalee B | G/ Sangamiththa Girls' College | 20060723 | 33.65 | |
| 3 | 918 | Sheron Peiris GN | Central College, Kuliyaipitiya | 20051024 | 31.93 | |
| 4 | 970 | Diwyangi Peeris VGA | Makulugaswewa MV - Dewahuwa | 20070327 | 28.35 | |