

Athletics Association of Sri Lanka
Final Selection Trial for Asian Championships 2019
On 22nd March 2019 at Sugathadasa Stadium, Colombo
Results

101		7.30		3000 M. Steeplechase		Women		Final	
Place	BIB No:	Name	Club/School/District	Performance	Remarks				
1	401	U.K.N. Rathnayake	Sri Lanka / SL Army	9:55.15					
2	402	H.K.I.T. Udaya Kumari	SL Army/6(V) SLAWC	11:49.88					

102		7.45		3000 M. Steeplechase		Men		Final	
Place	BIB No:	Name	Club/School/District	Performance	Remarks				
1	615	H.M. Suren Karunarathne Banda	SL Army	9:11.41					
2	604	S. Chandradasan	SL Army/SLEME	9:32.63					
3	640	W.G.C. Fernando	SL Air Force	9:33.77					
4	639	M.A.R. Chamara Kumara	SL Army	9:41.80					
5	692	H.M.I.E.U.B. Herath	SL Army	9:52.26					

103		8.30		Javelin Throw		Men		Final	
Place	BIB No:	Name	Club/School/District	Performance	Remarks				
1	695	R.M.S.J. Ranasinghe	SL Army/ SLEME	79.65					
2	694	D.S. Ranasinghe	SL Army	71.92					
3	686	P.A.P. Lakmal	SL Army/SLLI	70.62					
4	693	R.P.W.L. Dayarathna	SL Army/SLLI	69.62					
5	689	H.F.M. Roshan	SL Army/SLEME	67.09					
6	697	E.K.C.K Padmasiri	SL Army/SLA	67.03					
7	685	D.P.C. Pathmakumara	SL Army/ Puttalam D	66.21					
8	690	R.N. Kumara	SL Army	65.43					

104		8.30		High Jump		Men		Final	
Place	BIB No:	Name	Club/School/District	Performance	Remarks				
1	669	S.T. Amarasinghe	Sri Lanka	2:15					
2	678	Ushan Thiwanika Perera	SL Schools/Sri Lanka/ SLASC	2.10					
3	682	W.P.A.K. Pathirana	SL Air Force	2.00					

105		8.3		Triple Jump		Women		Final	
Place	BIB No:	Name	Club/School/District	Performance	Remarks				
1	406	H.D. Vidusha Lakshani	Sri Lanka/ SL Army	13.26				-1.6	
2	405	B.M.H.P. Balasooriya	Sri Lanka/SL Lanka Army	12.84				-1.3	
3	403	K.A.T. Lakshani	SL Air Force	12.11				-1.1	

106		9.1		800 M.		Women		Final	
Place	BIB No:	Name	Club/School/District	Performance	Remarks				
1	408	W.K.L.A. Nimali	SL Air Force	2:02.65					
2	404	G.T.A. Aberatne	Sri Lanka Navy	2:03.62					
3	407	K.G.D.M.S. Kumarasinghe	A. Rathnayake CC/ Sri Lanka	2:06.70					
4	410	KGMNA Kumari	SL Air Force	2:15.74					

107		9.2		800 M.		Men		Final	
Place	BIB No:	Name	Club/School/District	Performance	Remarks				
1	664	G.R. Chathuranga	SL Army/ Sri Lanka	1:48.10					
2	681	M.M. Kupun Kushantha	SL Army/ SLEME/ Sri Lanka	1:50.34					

3	699	H.M.S. Kumara	SL Army/SLSR	1:50.94	
4	679	A.M.L. De Soysa	SL Army/ SLA	1:52.94	
5	649	W.P. Pramod Buddika	SL Army/ SLEME	1:53.25	
6	688	G.V. Udayanga	SL Air Force	1:55.03	
7	677	WMS Kulawansa	SL Army	1:55.33	

108 9.35 200 M.

Men

Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	675	ASM Safan	Lanka Lions SC	21.24	No Wind
2	655	SDAD Sandaruwan	SL Army	21.88	
3	654	RDC Niroshan	Sri Lanka Air Force	22.47	
4	810	HV Dinuka Dilshan	Unattached	22.57	
5	811	HB Suraj Kavinda	Unattached	22.81	

109 9.50 200 M.

Women

Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	415	Shermila Jans	Gateway College	24.40	NW
2	418	Shelinda Jansen	Gateway IS Rajagiriya	24.74	
3	411	Sadeepa Henderson	Gateway IS	25.18	
4	417	Dilmi Dahanayaka	Unattached	26.15	
5	441	Nethmin Silva	Unattached	27.03	

110 10.00 Pole Vault

Men

Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	673	M.H.I. Sandaruwan	SL Air Force	5.00	
2	672	HSE Janith	SL Army	4.60	
3	671	K.A.C.P. Senarathne	SL Army/ SLA	4.30	
3	659	A.C. Fernando	SL Army	4.30	

111 10 Discus Throw

Women

Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	433	A.G.V.V. Lakmali	SL Air Force/ NCP	40.52	
2	426	P.A.I.M.P. Perera	SL Navy	40.19	
3	419	HA Manisha Dilrukshi	Unattached	36.71	
4	435	H.A.A. Lakshika	SL Air Force	32.58	

112 10 Long Jump

Women

Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	416	SLS Silva	Sri Lanka/ SL Army	6.12	-2.1
2	437	Anjanai Pulwansa	Unattached	6.04	-1.7
3	431	B.G.S.H. Jayakantha	SL Police SC	5.81	+0.8
4	432	K.K.R.N. Aberatne	Sri Lanka Schools/ Galle DAA	5.77	-1.3
5	414	D.V.C.M. Thilakaratne	SL Air Force	5.61	-1.7

113 10.3 400 M.

Men

Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	651	P.M.W.G. Tharusha Dananjaya	Sri Lanka	47.96	
2	676	S. Aruna Darshana	Weera Keppetipola NS	48.80	
3	661	E.M.Supun Nimansha	St. Benedicts C	48.93	
4	645	M.M.P. Madusanka	SL Army	49.03	
5	653	Pabasara Niku	Nalanda C	49.46	
6	810	HV Dinuka Dilshan	Unattached	50.42	

113 10.3 400 M. Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	698	M.G.A. Premakumara	SL Army	47.06	
2	696	A.M.L.P. Gunarathna	SL Army	47.31	
3	815	P.M.P.L. Kodikara	Maliyadeva C/ SL School	47.94	
4	650	M.S.S.L. Piyathilaka	SL Army/SLAGSC	48.45	
5	644	W.M.S.S. Wijesundara	SL Army	48.95	
6	666	Chanaka Jayasekara	SL Army/SLLI	49.39	
7	652	YJM Rusiru Malshan Silva	St. Sebastian Moratuwa	49.78	

114 10.45 400 M. Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	422	R. Nadeesha	SL Army/6 SLAWC/ Sri Lanka	53.47	
2	407	K.G.D.M.S. Kumarasinghe	A. Rathnayake CC	54.94	
3	445	E.W.U. Rathnakumari	SL Army/5 SLAWC	55.14	
4	440	P.G.N. Madushika	SL Air Force	55.60	
5	428	M.O. Udayangani	UVA P/ SAB University	55.94	
6	446	Romeshi Ishara	Lyceum IS Nugegoda	57.73	
7	425	D.G.K.S. Jayasinghe	SL Army/4(V) SLAWC	58.21	

115 11.00 Javelin Throw Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	436	H.L.N.D. Lekamge	SL Army	54.40	
2	434	BL Nadeeka Lakmali	SL Army	53.00	
3	420	S.P.H. Sewwandhi	Eheliyagoda Dharmapala MV	47.13	
4	439	D.U.K.L. Senavirathne	SL Air Force	42.23	

116 11.10 100 M. Hurdles Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	444	W.V.L. Sugandi	SL Army/2 SLAWC	14.00	
2	442	R.A.I.S. Rajasinghe	SL Army	14.32	
3	430	H.W.K. Hapuarachchi	SL Army/2 SLAWC	14.92	
4	443	PSN Fernbando	SL Army	15.39	
5	423	J.G.K. Gayathri Nethmini	H/ Rajapaksha CC/ SP/ SL Army	15.71	

117 11.2 110 M. Hurdles Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	643	R.R.D. Ranathunga	SGP/SL Army/SLEME	14.40	NW
2	808	IGJI Lakwijaya	Unattached	14.63	
3	658	K.R.I. Perera	SL Air Force	14.71	
4	641	K.W.S. Randeewa	SL Army/ SLAGSC	14.72	
5	805	K.D.D. Ariyaratne	SL Army/ SLASC	14.74	
6	806	RGP Illangakoon	SL Army	14.91	
7	812	Shashan Kariyawasam	Unattached	15.68	

120 2.00 400 M. Hurdles Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	831	A.L.A.I. Rathnasena	SL Air Force	51.82	
2	828	SW Navodya Sankalpa	Mahinda C	51.96	
3	836	S.M. Aravinda Chathuranga	SL Army SLEME	52.65	
4	832	A.L.A.T. Rathnasena	SL Army/SLEME	53.07	
5	827	N.D.K. Viduranga	SL Army SLSR	53.43	
6	819	DMSJ Dissanayaka	SL Army	53.72	

7	820	K.A.R. Madushan	SL Army/SLASC	53.81	
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121 2.00 Triple Jump Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	833	C.G.S.T. Senaviratne	SL Air Force	15.65	-3.5
2	818	M.N.S. Ahamed	SL Army/SLEME	15.55	+2.0
3	842	YMJSK Yapabandara	SL Army	15.48	+0.9
4	840	WAP Kumara	SL Army/SLLI	15.41	-1.7
5	834	I.D.S.S. Jayasinghe	SL Army	15.39	-1.3
6	829	T.A.D.N. Thilakaratne	SL Army	15.35	+2.5
7	841	A.G.G.M. Ariyaratna	SL Army/SLA	15.16	-0.6
8	835	D.M.E.D.K. Fernando	SL Army	15.10	+0.5

122 2.00 Shot Put Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	826	W.S.M. Fernando	SL Army/SLA	15.89	
2	838	R. Samitha Jayawardene	SL Army/SLEME/NWP	15.45	
3	809	A.J.D. Perera	WP/SL Navy	15.11	
4	859	B. Danushka Delvita	SL Army/SLEME	13.73	
5	839	B.H.C. Ferdinandas	SL Army/SLEME	13.40	
6	823	R.M.S.C. Ranasinghe	SL Air Force/ Uva	13.09	
7	864	RGJ Perera	SL Army	13.01	

123 2.10 400 M. Hurdles Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	429	E.P. Kawshalya Madushani	SL Army/6 SLAWC/ RHQ SLAWC	1:00.10	
2	424	G.A.S. Dulani	SL Army/6 SLAWC	1:00.89	
3	450	T.G.N.D. Wickramasinghe	SL Army/4 SLAWC	1:02.32	
4	458	W.A.S. Dilrukshi	SL Air Force	1:04.86	
5	452	UGD Sandamali	SL Air Force	1:06.28	

124 2.30 100 M. Men Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	675	A.S.M Safan	PU/ Abukkagama Muslim MV/ Lanka	10.52	+0.9
2	873	A.L.M. Ashrafu	SL Army	10.74	
3	872	W.P.D.K. Wijerathna	SL Army/GW	10.76	
4	802	Y.C.A. Yodasinghe	K/St. Mary's C	10.78	
5	814	Kavindu Bandara	Lyceum IS Nugegoda	11.03	
6	821	WLSC Senevirathne	SL Army	11.43	

124 2.30 100 M. Men Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	844	H.S.S. Kumara	SL Army	10.57	+3.4
2	850	Shehan Ambepitiya	SL Army	10.64	
3	813	Sahan Thenuka Rajapaksha	Unattached	10.73	
4	647	K.S.L. Wickramasinghe	SL Army	10.74	
5	817	K.H.A.C.V. Gunasena	SL Army	10.95	
6	846	GRTM Jinadasa	SL Army	11.06	

124 2.30 100 M. Men Heat 3

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	843	Himasha Eshan	SL Army	10.35	+0.7
2	845	P.G.G.C. Ranaweera	SL Army	10.65	

3	860	R.V.T.F. Udayar	SL Army	10.71	
4	656	Kavindu Rajakaruna	Lyceum IS Wattala/ Sri Lanka Schools	10.71	
5	816	K. Kavinda	SL Air Force	11.11	

125 2.50 100 M. Women Heat 1

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	415	Shermila Jans	0	11.92	+3.0
2	411	Sadeepa Henderson	Gateway IS Rajagiriya	11.96	
3	447	Fathima Shafiya Yamick	0	12.16	
4	451	M.G.R.S. Ferdinandes	SL Army/3 SLAWC	12.35	
5	455	Dinara Bandara Dela	Alethea IS/ Gateway IS Rajagiriya	12.58	
6	454	RWI Maduwanthi	Unattached	12.63	

125 2.50 100 M. Women Heat 2

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	418	Shelinda Jansen	Gateway IS Rajagiriya	11.98	+0.2
2	416	SLS Silva	Sri Lanka/ SL Army	12.29	
3	449	M.A.S.S. Jayathilaka	SL Army	12.35	
4	464	T.M.Madara Piumini Weerasoori	St. Joshep BV/ SL Schools	12.48	
5	417	Dilmi Dahanayaka	0	12.78	
6	448	Keshani Randula Lokusooriya	Gamini MMV Benthara	12.86	

126 3.00 Discus Throw Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	871	Z.T.M. Aazic	SL Army/SLEME	43.32	
2	830	S.P.J.T. Bandula	SL Army	41.97	
3	642	K.M.S. Niroshana	Police SC/ Government Services AF	41.27	
4	865	MGIT De Silva	SL Army	40.71	
5	874	MTGSDSRS Jayasinghe	SL Army	40.42	
6	875	E.K.M. Sampath	SP/ SL Air Force	37.83	
7	848	E.K.G.S.S.L.K. Ramanayake	SL Air Force	35.89	

127 3.00 High Jump Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	456	D.K. Ranasinghe	Sri Lanka Navy	1.74	
2	457	Randi Cooray	Gateway IS Rajagiriya	1.65	
3	438	S.M.M. Madushani	SL Air Force	1.60	

128 3.10 1500 M. Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	825	R.A.D.Hemantha Kumara	Government Services	3:45.48	
2	847	R.K.C.S. Somawardane	SL Army/SLLI	3:53.44	
3	849	K.D.N.C. Wijesinghe	SL Army/SLA	3:53.80	
4	824	W Saman Kumara Fernando	SL Army	3:59.92	

129 3.20 1500 M. Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	404	G.T.A. Aberatne	Sri Lanka Navy	4:36.33	

130 3.40 400 M. Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	698	M.G.A. Premakumara	SL Army	46.52	
2	696	A.M.L.P. Gunarathna	SL Army	46.98	

3	815	P.M.P.L. Kodikara	Maliyadeva C/ SL Schools	47.65	
4	651	P.M.W.G. Tharusha Dananjaya	Sri Lanka	48.09	
5	644	W.M.S.S. Wijesundara	SL Army	48.24	
6	650	M.S.S.L. Piyathilaka	SL Army/SLAGSC	48.37	
7	661	E.M.Supun Nimansha	St. Benedicts C	48.51	

131 3.45 Shot Put Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	465	W.T.K. Fernando	SL Air Force	14.00	
2	459	M.N.D. Muthunayake	Sri Lanka Navy	12.94	
3	460	P.A. Priyangika Kumari	Police SC/ Government Services	11.96	
4	462	H.V Madurangi	SL Police/ Government Services AF/ S	10.54	

132 3.45 Long Jump Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	944	G.K.D.S. Piyarathna	SL Army/ SLEME	7.95	+1.8
2	876	D.A.G.J.P. Wimalasiri	Sri Lanka/ SL Army/ SLSC	7.83	+0.8
3	877	Amila Jayasiri	SL Air Force	7.77	-1.6
4	837	L. Sreshan Dhananjaya	SL Army/SLEME/ Sri Lanka	7.72	-0.8
5	888	K.K.M.K. Karunasekara	SL Army/SLII	7.54	+2.4
6	863	J.H.G. Sampath	SL Army	7.32	-1.5
7	822	HBMYBR Herath	SL Army/CP/ SLA	7.15	+1.6
8	857	J.M.T.U.K. Jayasinghe	SL Air Force/ SL Army ??	6.87	+0.7

135 4.10 100 M. Men Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	843	Himasha Eshan	SL Army	10.24	+1.4
2	844	H.S.S. Kumara	SL Army	10.57	
3	656	Kavindu Rajakaruna	Lyceum IS Wattala/ Sri Lanka Schools	10.62	
4	850	Shehan Ambepitiya	SL Army	10.64	
5	675	A.S.M Safan	PU/ Abukkagama Muslim MV/ Lanka	10.65	
6	845	P.G.G.C. Ranaweera	SL Army	10.67	
7	873	A.L.M. Ashrafu	SL Army	10.71	
8	860	R.V.T.F. Udayar	SL Army	10.75	
9	813	Sahan Thenuka Rajapaksha	Unattached	10.76	

136 4.20 100 M. Women Final

Place	BIB No:	Name	Club/School/District	Performance	Remarks
1	418	Shelinda Jansen	Gateway IS Rajagiriya	11.95	+0.1
2	415	Shermila Jans	0	11.99	
3	411	Sadeepa Henderson	Gateway IS Rajagiriya	12.08	
4	447	Fathima Shafiya Yamick	0	12.15	
5	416	SLS Silva	Sri Lanka/ SL Army	12.37	
6	449	M.A.S.S. Jayathilaka	SL Army	12.46	
7	464	T.M.Madara Piumini Weerasooriy	St. Joshep BV/ SL Schools	12.47	
8	451	M.G.R.S. Ferdinandes	SL Army/3 SLAWC	12.60	